J Korean Neurosurg Soc 67 (6) : 637-645, 2024 https://doi.org/10.3340/jkns.2023.0221

Prognostic Factors of Spinal Intramedullary Hemangioblastoma : Analysis of Surgical Outcomes and Tumor Characteristics

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Objective : Spinal intramedullary hemangioblastoma is a rare and highly vascularized benign tumor. The characteristics of the tumor, its corresponding location, and surgical outcomes remain unknown. The purpose of this study was to identify risk factors and strategies for neurologic deterioration following hemangioblastoma surgery.

Methods : A comprehensive retrospective analysis was undertaken to evaluate patients who underwent surgical intervention for intramedullary hemangioblastoma at our institution from 1993 to 2022. Patients with at least 1 year of follow-up data were included. The analysis covered patient demographics, pre- and post-operative modified McCormick scale (MMCS), tumor location, and tumor size.

Results : This study included 25 cases. One-year after surgery, neurological deterioration was observed in five cases (20.0%), and neurological improvement was found in nine cases (36.0%). Five cases were ventrally located, and twelve cases were dorsally located. Ventrally located cases were larger in tumor axial size (p=0.029) than dorsal location tumors, resulting in poorer follow-up MMCS and a higher prevalence of von Hippel-Lindau syndrome (VHL) (p=0.042). Three of them were confirmed to be supplied by the anterior spinal artery. In the case of dorsally located cases, there was no neurologic deterioration.

Conclusion : In intramedullary spinal cord hemangioblastomas, cases located ventrally had a higher incidence of neurological deterioration following surgery than those located dorsally or in intramedullary extramedullary cases. Ventrally located hemangioblastomas were larger than those in other locations. They were mainly supplied by the anterior spinal artery in VHL patients.

Key Words : Hemangioblastoma · von Hippel-Lindau disease · Spinal cord neoplasms.

INTRODUCTION

Spinal intramedullary hemangioblastoma is a highly vascular

tumor that accounts for 2% of all central nervous system tumors and 5% of intramedullary spinal cord tumors. It can occur sporadically or in association with von Hippel-Lindau syn-

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[•] Received : October 26, 2023 • Revised : January 9, 2024 • Accepted : April 19, 2024

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drome (VHL), an autosomal dominant genetic disorder characterized by the development of multiple vascular tumor^{5,6,9,12,14,19)}. Despite being the treatment of choice, surgical management of these tumors remains challenging due to complex anatomy of the spinal cord and the tumor's intimate relationship with surrounding neural structures²²⁾.

The main objective of surgical intervention is complete tumor resection to relieve cord compression, eliminate the mass of abnormal vascular growth, and ultimately prevent or reverse neurological decline. However, the achievement of this objective is not without potential risks. Due to the tumor's high vascularization and location within the spinal cord, coagulation during surgery may cause injury to spinal cord tissue itself or lead to coagulation of vital vessels supplying the spinal cord^{13,16,29}. Outcomes for patients with hemangioblastoma are typically influenced by factors such as preoperative functional status, large tumor size, ventrally located tumor, peri-tumor syrinx, and the presence of VHL syndrome^{10,18)}. The location of the tumor within the spinal cord is a crucial yet frequently understudied factor in determining surgical outcomes. It is known that, the location of hemangioblastoma, particularly in relation to anterior spinal artery (ASA) feeders, has a substantial impact on neurological outcomes following surgerv³⁴⁾.

MATERIALS AND METHODS

Study cohort

Consecutive patients treated surgically for histologically confirmed spinal hemangioblastoma from January 1993 to July 2021 were retrospectively analyzed after obtaining approval from Gangnam Severance Hospital Institutional Review Board (No. 3-2023-0404). Only patients with postoperative follow-up data for more than 1 year were included. Cases with extramedullary tumors or recurrences at the same site where previous surgery was performed were excluded.

Numerous variables considered to influence surgical outcomes were analyzed, including patient demographics, tumor characteristics, and pre- and post-operative neurological status (immediate post-surgery and 1-, 6-, and 12-month postsurgery). When tumors appeared to originate from ventral vessels of the spinal cord and when most of the tumor was in the anterior half of the spinal cord, the location of the hemangioblastoma was classified as ventral. In contrast, tumors were categorized as dorsal if they originated from dorsal vessels of the spinal cord and if the preponderance of the tumor was in the posterior half of the spinal cord. Interesting tumor characteristics included its size and the presence or absence of a syrinx. Neurological status was evaluated using the modified McCormick scale (MMCS) both before and after surgery : I,

Table 1. Demographics of cohort population

	Value
Clinical characteristic	
Sex, female : male (%)	68.0:32.0
Age (years)	44.4±17.0
von Hippel-Lindau syndrome	8 (32.0)
Radiological characteristic	
Level	
Cervical	7 (28.0)
Cervicothoracic	1 (4.0)
Thoracic	5 (20.0)
Thoracolumbar	11 (44.0)
Lumbar	1 (4.0)
Location	
Ventral intramedullary	5 (20.0)
Dorsal intramedullary	20 (80.0)
Syrinx	24 (96.0)
Tumor size (mm)	10.0 (8.0; 14.0)

Values are presented as mean±standard deviation, mean (range), or number (%) unless otherwise indicated



Fig. 1. A chart illustrating preoperative, immediate postoperative, and 1-year outcomes. Red arrows represent deterioration. Blue arrows indicate improvement in the modified McCormick scale score. Op : operation, FU: follow-up.

intact neurologically, normal ambulation, minimal dysesthesia; II, mild motor or sensory deficit, functional independence; III, modete deficit, limitation of function, independent with external aid; IV, severe motor or sensory deficit, limited function, dependent; V, paraplegia or quadriplegia, even with flickering movement²⁾. Change in 12-month post-surgery MMCS were used as an indicator of neurological deterioration or improvement following surgical intervention.

Tumor size was measured as the longest part of the tumor that was enhanced in axial or sagittal view. To determine the extent of the tumor's cross-section relative to the spinal cord, the following values were measured from the magnetic resonance imaging (MRI) image : tumor axial size and cord axial size (areas of the tumor and the cord including the tumor in the cross-section of the MRI's T1 enhanced axial image, respectively), tumor/cord ratio (calculated by dividing tumor axial size by cord axial size).

Statistical analysis

For all statistical analyses, SPSS Statistics 26 (IBM, Chicago,

Variable	Stable or improved (n=21)	Deterioration (n=4)	p-value
Sex			0.797
Female	15 (71.4)	2 (50.0)	
Male	6 (28.6)	2 (50.0)	
Age (years)	44.0±16.2	46.2±23.8	0.815
Operation time (minutes)	330.0 (240.0-435.0)	372.5 (267.5-652.5)	0.824
Estimated blood loss (mL)	600.0 (500.0-900.0)	1250.0 (800.0-1650.0)	0.127
Resection			0.344
Gross total resection	21 (100.0)	3 (75.0)	
Subtotal resection	0 (0.0)	1 (25.0)	
Level			0.195
Cervical, C1-C6	7 (33.3)	0 (0.0)	
Cervicothoracic, C7-T1	1 (4.8)	0 (0.0)	
Thoracic, T2-T8	5 (23.8)	0 (0.0)	
Thoracolumbar, T9-L1	7 (33.3)	4 (100.0)	
Lumbar, L2-S1	1 (4.8)	0 (0.0)	
Tumor location			<0.001*
Dorsal intramedullary	20 (95.2)	0 (0.0)	
Ventral intramedullary	1 (4.8)	4 (100.0)	
Tumor size (mm)	10.0 (7.0-11.0)	32.0 (17.5-42.0)	0.016*
Syrinx	20 (95.2)	4 (100.0)	1.000
Duration of symptom (months)	12.0 (7.0-36.0)	12.0 (9.0–27.0)	0.911
VHL	4 (19.0)	4 (100.0)	0.009*
Preop MMCS			1.000
1	2 (9.5)	0 (0.0)	
2	15 (71.4)	3 (75.0)	
3	2 (9.5)	1 (25.0)	
4	2 (9.5)	0 (0.0)	
Tumor axial size (cm ²)	0.5±0.3	1.4±0.7	0.008*
Tumor/cord ratio	0.3±0.2	0.7±0.3	<0.001*

Table 2. Comparison of characteristics between neurologic "stable or improved" and "deterioration" with spinal intramedullary hemangioblastoma

Values are presented as mean±standard deviation, mean (range), or number (%). *p<0.05, statistically significant difference. VHL : von Hippel-Lindau, MMCS : modified McCormick scale

IL, USA) was used. Categorical data were compared using chisquare test or Fisher's exact test. Mean values were compared using Student's t-test or Mann-Whitney U test. Probability values less than 0.05 were considered statistically significant.

RESULTS

There were 25 surgeries performed for 23 patients. All surgical procedures were performed using a posterior approach. After executing a laminectomy at the proper level, the dura was opened, and the tumor was removed using appropriate techniques. If the tumors are embedded within the spinal cord, they are accessed via a longitudinal myelotomy. Only one case involved a subtotal resection. Total resection was achieved for the remaining 24 cases. There were no surgical complications, such as postoperative hematoma or cerebrospinal fluid leakage. The average age of patients was 44.4 years (range, 20–80). Females accounted for 68%. Eight cases (32.0%) were genetically confirmed to have VHL syndrome. Four cases (16%) exhibited neurological deterioration 1 year after surgery, while 11 cases (44.0%) exhibited neurological

Table 3. Comparison of characteristics between dorsal and ventral spinal intramedullary hemangioblastoma

Variable	Dorsal (n=20)	Ventral (n=5)	p-value
Sex			1.000
Female	14 (70.0)	3 (60.0)	
Male	6 (30.0)	2 (40.0)	
Age (years)	45.1±15.7	41.2±23.5	0.653
Operation time (minutes)	320.0 (240.0-437.5)	370.0 (345.0-400.0)	0.683
Estimated blood loss (mL)	625.0 (450.0-900.0)	1200.0 (500.0-1300.0)	0.293
Resection			0.444
Gross total resection	20 (100.0)	4 (80.0)	
Subtotal resection	0 (0.0)	1 (20.0)	
Level			0.394
Cervical, C1-C7	7 (35.0)	0 (0.0)	
Cervicothoracic, C7-T1	1 (5.0)	0 (0.0)	
Thoracic, T1-T8	4 (20.0)	1 (20.0)	
Thoracolumbar, T9-L1	7 (35.0)	4 (80.0)	
Lumbar, L2-S1	1 (5.0)	0 (0.0)	
Tumor size (mm)	9.5 (6.5-11.5)	24.0 (11.0-40.0)	0.029*
Syrinx	19 (95.0)	5 (100.0)	1.000
Duration of symptom (months)	12.0 (7.5–36.0)	12.0 (6.0-12.0)	0.533
VHL	4 (20.0)	4 (80.0)	0.042*
Aggravated	0 (0.0)	4 (80.0)	0.001*
Improved	8 (40.0)	1 (20.0)	0.755
Preop MMCS			0.708
1	2 (10.0)	0 (0.0)	
2	14 (70.0)	4 (80.0)	
3	2 (10.0)	1 (20.0)	
4	2 (10.0)	0 (0.0)	
Tumor axial size (cm ²)	0.5±0.3	1.3±0.6	0.053
Tumor/cord ratio	0.3±0.2	0.7±0.2	0.001*

Values are presented as mean±standard deviation, mean (range), or number (%). *p<0.05, statistically significant difference. VHL : von Hippel-Lindau, MMCS : modified McCormick scale

improvement. Twenty cases (80%) were dorsal intramedullary (IM) tumors, and five cases (20.0%) were ventral IM tumors. Syrinx was observed in 24 cases (96.0%) (Table 1). Regardless of the tumor location, the median duration of symptoms was about 12 months.

Before surgery, two (8%) and 18 cases (72%) were categorized as MMCS grade I and grade II, respectively, with most patients exhibiting modest neurological symptoms. In addition, three cases (12%) were categorized as MMCS grade III and two cases (8%) were categorized as MMCS grade IV. Before undergoing surgery, 56%, 20%, 64%, and 8% of patients complained of pain, sensory dysfunction, motor weakness, and sphincter dysfunction, respectively. At 1 year after surgery, nine cases (36%) exhibited neurological improvement, four cases (16.0%) exhibited neurological deterioration, and 12 cases (48.0%) showed no neurological change (Fig. 1).

Characteristics of four cases with neurological deterioration

All four cases with neurological deterioration were ventral

IM cases. No case showed postoperative deterioration for cases located dorsally. Cases with neurological deterioration had larger tumor size (10.0 vs. 32.0 mm, p=0.016). They were often diagnosed with VHL (100.0% vs. 19.0%, p=0.009) compared to cases that were neurologically stable or improved. The tumor size was larger (32 vs. 10 mm, p=0.016) and the tumor/ cord ratio was higher (0.7±0.3 vs. 0.3±0.2, p<0.001) for neurological deterioration cases. Syrinx was present at a similar proportion (95.2% vs. 100%, p=1) (Table 2).

Characteristics of ventral intramedullary hemangioblastoma

We noted that most patients with neurologic deterioration had ventrally located IM hemangioblastomas (Table 3). Ventral IM hemangioblastomas had a higher incidence of neurological deterioration (80.0% vs. 0.0%, p=0.001), a larger tumor size (9.5 mm [6.5; 11.5] vs. 24.0 mm [11.0; 40.0], p=0.029), and a higher tumor/cord ratio (0.7±0.2 vs. 0.3±0.2, p=0.001) than dorsal IM. In three cases, the presence of feeders from the ASA posed expected risks, thereby precluding embolization.



Fig. 2. A 20-year-old female patient with von Hippel-Lindau syndrome presented with symptoms of pain and weakness in both legs along with sphincter dysfunction. She was diagnosed with a ventral intramedullary hemangioblastoma at T11-12. Her preoperative modified McCormick scale was grade II, which worsened to grade V postoperatively. One year after surgery, it improved to grade III. However, it did not recover to the preoperative level. A : A presyrinx and engorged pial vessels are observed in the T2-weighted image. B and C : A large tumor is observed in T1 contrast-enhanced image, with engorged vessels located anteriorly visible in the axial image. D : Angiography reveals that the feeding artery originated from the anterior spinal artery (arrowhead) with a well-stained tumor (arrow). However, embolization could not be performed.

Each of these three cases was accompanied by neurologic deterioration and a diagnosis of VHL (Fig. 2). One patient, who was pregnant with VHL, was unable to undergo angiography due to radiation exposure risks. After surgery, she showed a worsening of MMCS. In contrast, in one case where a feeder was identified from the anterior radicular artery, embolization was successfully performed. After the operation, this patient's neurological condition improved (Fig. 3).

DISCUSSION

This study provides a comprehensive analysis of prognostic factors influencing postoperative outcomes of spinal intradural hemangioblastoma, with a particular focus on tumor location within the spinal cord. Dorsal IM cases accounted for 80% of the total cases, no decrease in the MMCS was observed. Studies of dorsally located hemangioblastomas have reported favorable outcomes, with postoperative neurologic deterioration ranging from 0% to 18%¹⁰. Reportedly, 93% to 100% of hemangioblastomas are located on the dorsal aspect,

with more than two-thirds located in the root entry zone of the dorsal root¹⁵⁾. These tumors are predominantly of pial origin, accumulating around dorsal nerve rootlets or blood vessels. They are frequently encapsulated. Patients with hemangioblastomas located dorsally typically present with sensory changes as initial symptoms, suggesting that these tumors are often diagnosed before they reach a substantial size^{21,32)}. While numerous studies have indicated that preoperative embolization can be advantageous, our series did not include any cases of dorsal IM that underwent preoperative embolization. However, proper embolization can help preemptively mitigate the risk of intraoperative bleeding. Particularly, embolization of the dorsal artery poses less risk than that of the ASA, offering a distinct advantage^{1,28)}.

In contrast, our cases of ventral hemangioblastomas are typically fed by the ASA. Thus, they require manipulation of the anterior part of the cord for removal, which has been associated with poor surgical outcomes in multiple studies. Characteristics of hemangioblastomas in patients with VHL disease are also referred to as "spinal leptomeningeal hemangioblastomasis". Although the precise pathogenesis remains unclear, it is



Fig. 3. A 21-year-old female patient without von Hippel-Lindau syndrome presented with symptoms of pain in both legs, sensory changes, and gait disturbance. She was diagnosed with a ventral intramedullary hemangioblastoma at T8. After undergoing segmental artery embolization, she received surgical treatment. Six months post-surgery, her modified McCormick scale grade improved from II to I. A : A large syrinx encompassing the tumor was observed on T2-weighted image. B and C : T1-weighted image with enhanced contrast. A contrast-enhanced intramedullary tumor located ventrally was observed. D : In angiography, staining of the tumor was obvious (arrowhead). A feeding vessel from the radicular artery at T9-10 into the tumor was identified (arrow), leading to its embolization.

known that lesions can occur in atypical locations. Notably, all three patients with ventral hemangioblastomas reported by Van Der Veken et al.³⁰⁾ were diagnosed with VHL, as were the eight patients with ventral hemangioblastomas studied by Pluta et al.²³⁾. Ventral hemangioblastomas have been reported to result in worse outcomes in 33% to 80% of cases, likely due to their association with the ASA and the difficulty of surgical access^{15,23}. Feeding arteries and drainage veins associated with the tumor are not readily visible in a posterior approach, leading to attempts to use an anterior approach. Pluta et al.²³⁾ have reported better clinical outcomes with an anterior approach to the tumor following corpectomy in eight cases of ventrally located hemangioblastomas. However, Van der Veken et al.³⁰⁾ have reported the use of a posterior approach for removing ventral hemangioblastomas in three cases, arguing that this approach could avoid motor deficits caused by anterior myelotomy and that it is safer because one ASA supplies two-thirds of the cord's blood supply, while two posterior spinal arteries supply the remaining third^{8,17)}. However, all cases in their report involved small-sized tumors accompanied by cysts. Thus, it is uncertain whether their findings could be applied to our cases.

Along with tumor size, VHL, and anterior location, syrinx is one of the factors associated with deterioration that has been studied^{10,18)}. Although our study showed no association with neurologic deterioration (neurologic stable vs. deterioration : 95.2% vs. 50%, p=0.09), we believe that the presence of peritumoral syrinx around the tumor may be a factor associated with surgical outcome because it facilitates and safely separates the spinal cord from the tumor during surgery.

One of our five cases of ventral hemangioblastoma did not have a feeder from the ASA, making embolization and removal relatively safe. However, feeder from the ASA was present, and embolization could not be performed due to the risk of fatal anterior cord syndrome in the remaining three cases. Interestingly, all patients with feeders from the ASA were diagnosed with VHL disease. In addition, tumor sizes ranged from 11 to 44 mm in tumor axial size, relatively larger than tumors in other locations. This suggests that tumors growing anteriorly might not be detected until they have grown large enough to affect the lateral or posterior tracts responsible for pain or sensory changes. In our series, ventral IM tumors were located between T9 and T12, making it difficult to consider an anterior approach³³. As with other studies, poor clinical outcomes observed in our study were likely to be influenced by these factors. For ventrally located spinal cord tumors, techniques such as cord rotation by dentate ligamental stay suture and transpedicular approach can be used^{11,31}. It is necessary to conduct additional research on these surgical techniques. There are also positive reports on stereotactic radio-surgery for spinal hemangioblastomas, which could be considered an alternative in cases where significant neurological deterioration following surgery is strongly anticipated^{4,7,20,24}.

In many studies, surgical IM hemangioblastomas is recommended for patients presenting with neurological symptoms²⁷⁾. However, there is debate regarding the timing of surgery for asymptomatic sporadic IM hemangioblastomas, with some opinions suggesting that surgical resection should be considered even in the absence of symptoms, while others have recommended surgery once symptoms associated with the lesion emerge^{3,25)}. For asymptomatic patients with VHL disease who have IM hemangioblastomas, surgery is generally advised when radiological evidence of tumor enlargement is detected²⁶⁾. According to our findings, factors such as tumor size and the possibility of preoperative embolization should be considered to predict the outcomes of surgery and assess the benefits of surgical resection in deciding on the timing of the surgery. Additionally, in patients with VHL disease having IM hemangioblastomas, there may be an association with feeders from the ASA, which might not be amenable to embolization. Therefore, it is essential to discuss the potential for neurological deterioration after surgery in advance.

Limitations of this study are the limited number of cases, particularly for ventral hemangioblastomas, the retrospective nature of this study, and potential selection bias. Although it might be difficult to generalize the results of this study due to its small sample size, this research aimed to analyze surgical deterioration cases, providing a deeper understanding of how tumor location could affect surgical outcomes and guide surgical planning and prognosis. To accurately analyze the characteristics and clinical outcomes of ventral spinal hemangioblastomas, multinational and/or multi-institutional research studies are needed. In addition to the advancement of genetic research and treatments, there is a need to investigate genetic therapeutic approaches.

CONCLUSION

In intramedullary spinal cord hemangioblastomas, cases located ventrally showed more frequent neurological deterioration following surgery than those located dorsally. Ventrally located hemangioblastomas were greater in size than those in other locations. They were mostly supplied by the ASA in VHL patients.

AUTHORS' DECLARATION

Conflicts of interest

No potential conflict of interest relevant to this article was reported.

Informed consent

This type of study does not require informed consent.

Author contributions

Conceptualization : KSK; Data curation : HJJ, BJM; Formal analysis : HJJ, KHK; Methodology : YEC, KSK; Project administration : HJJ, KSK; Visualization : JYP, DKC; Writing original draft : HJJ, BJM; Writing - review & editing : JYP, KSK

Data sharing

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