



Spinosin Attenuates Alzheimer's Disease-Associated Synaptic Dysfunction via Regulation of Plasmin Activity

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Abstract

Hippocampal synaptic dysfunction is a hallmark of Alzheimer's disease (AD). Many agents regulating hippocampal synaptic plasticity show an ameliorative effect on AD pathology, making them potential candidates for AD therapy. In the present study, we investigated spinosin as a regulating agent of synaptic plasticity in AD. Spinosin attenuated amyloid β ($A\beta$)-induced long-term potentiation (LTP) impairment, and improved plasmin activity and protein level in the hippocampi of 5XFAD mice, a transgenic AD mouse model. Moreover, the effect of spinosin on hippocampal LTP in 5XFAD mice was prevented by 6-aminocaproic acid, a plasmin inhibitor. These results suggest that spinosin improves synaptic function in the AD hippocampus by regulating plasmin activity.

Key Words: Spinosin, Alzheimer's disease, Plasmin, LTP, 5XFAD

INTRODUCTION

Alzheimer's disease (AD) is a progressive neurodegenerative disease characterized by deficits in cognitive function (Sevush and Leve, 1993; Backman *et al.*, 2001), and accumulations of amyloid β ($A\beta$) in the extracellular regions and tau aggregates in the intracellular regions of the brain (Ittner and Gotz, 2011; Jin *et al.*, 2011; Lasagna-Reeves *et al.*, 2012).

Plasmin is an important protease in various physiologies, including clearance of blood clots and immune function (Alkjaersig *et al.*, 1959; Draxler *et al.*, 2017). In the brain, plasmin activates brain-derived neurotrophic factor (BDNF) (Gray and Ellis, 2008; Rodier *et al.*, 2014). $A\beta$ is a substrate of plasmin, suggesting that plasmin could clear $A\beta$ deposits (Van Nostrand and Porter, 1999; Jacobsen *et al.*, 2008). BDNF protects neurons against $A\beta$ (Arancibia *et al.*, 2008; Criscuolo *et al.*, 2015), and BDNF signaling activation improves memory deficits in AD mouse models (Gao *et al.*, 2016; de Pins *et al.*, 2019). Moreover, small molecule binding of tropomyosin-related kinase B (TrkB), a BDNF receptor, can improve AD-like symp-

toms in AD models (Castello *et al.*, 2014; Gao *et al.*, 2016). Taken together, this evidence suggests that an agent regulating plasmin activity may be a good candidate for AD therapy.

Spinosin is a flavonoid isolated from *Zizyphus jujuba* var. *spinosa* seeds (Shergis *et al.*, 2017). Previously, we reported that spinosin ameliorated oligomeric $A\beta$ -induced memory impairments (Ko *et al.*, 2015), reduced oligomeric $A\beta$ -induced inflammation, and ameliorated choline-acetyl transferase in the hippocampus. Recently, we found that the ethanol extract of *Zizyphus jujuba* var. *spinosa* seeds activated plasmin activity (Park *et al.*, 2019). Because spinosin is an active compound of *Zizyphus jujuba* var. *spinosa* seeds and has a protective effect in $A\beta$ -induced AD models, we hypothesized that spinosin may regulate plasmin activity. In the present study, we tested whether spinosin affected plasmin activity.

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MATERIALS AND METHODS

Materials

Donepezil was donated DAEHWA pharmaceutical CO., LTD (Seoul, Korea). $A\beta_{1-42}$ was purchased from Anaspec (CA, USA). Spinosin was purchased from Sigma-Aldrich (MO, USA). The antiplasmin, anti-plasminogen, and anti-glyceraldehyde 3-phosphate dehydrogenase (GAPDH) antibodies were purchased from Snata Cruz Biotechnology (CA, USA). The 6-aminocaproic acid was purchased from Sigma-Aldrich. Plasmin assay kit was purchased from Abcam (Cambridge, UK).

Animals

Seven ICR mice (6 weeks old) were purchased from SAM-TAKO Biokore (Osan, Korea). Male 5XFAD mice were obtained from the Jackson Laboratory (CA, USA) and crossbred with female hybrid B6SJLF1 mice (Taconic, Seoul, Korea). The male heterozygous transgenic and littermate wild-type (WT) offspring were used for the experiments. Mice were housed in individual ventilated cages with access to water and food ad libitum, under a 12-h light/dark cycle (lights on from 07:30 to 19:30). For examine the effect of spinosin on $A\beta$ -induced synaptic deficit, hippocampal slice isolated from one ICR mice was treated with vehicle, $A\beta$ +vehicle, $A\beta$ +spinosin (3), $A\beta$ +spinosin (30) or $A\beta$ +donepezil for 2 h. Then, the hippocampal slice was subjected to electrophysiology. This experiment was conducted repeatedly seven times with seven different mice. For figure 2, 4 of 6-month-old 5XFAD and 4 of WT

mice were used. Hippocampal slices from a 5XFAD mouse were treated with spinosin for 2 h, and then subjected to measuring plasmin activity or western blot. For blocking experiments, 4 of 6-month-old 5XFAD and 4 of WT mice were used. Hippocampal slices from a 5XFAD mouse were treated with spinosin and/or 6-aminocaproic acid for 2 h, and then subjected to electrophysiology. The treatment and maintenance of the animals were performed out in accordance with the Animal Care and Use Guidelines of Kyung Hee University (Seoul, Korea). All of the experimental protocols using animals were approved by the Institutional Animal Care and Use Committee of Kyung Hee University (KHUASP(SE)-18-046). Behavioral experiments and data analysis were conducted by different persons who did not know group difference.

Acute hippocampal slice preparation

Artificial cerebrospinal fluid (ACSF) was comprised of 124 mM NaCl, 3 mM KCl, 26 mM $NaHCO_3$, 1.25 mM NaH_2PO_4 , 2 mM $CaCl_2$, 1 mM $MgSO_4$, and 10 mM D-glucose. We rapidly removed the brain and isolated the mouse hippocampus. Mouse hippocampal tissues were sliced using a McIlwain tissue chopper. 400- μ m-thick hippocampal slices were made and incubated in ACSF (20-25°C) for 2 h before the experiment.

Electrophysiology

Field potential responses were recorded in the Schaffer collateral-commissural pathway in area CA1. Stimuli (constant voltage) were delivered at 30 s intervals. The slope of

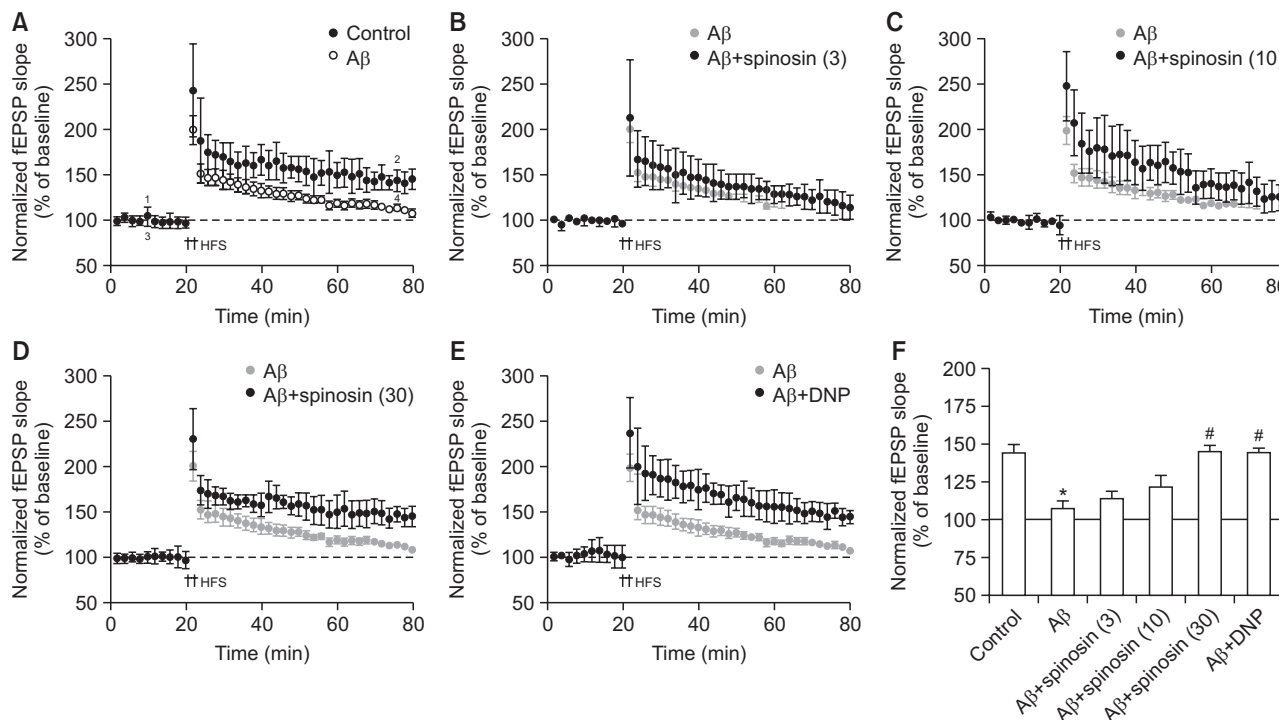


Fig. 1. The effect of spinosin on LTP deficit induced by $A\beta_{1,42}$ (10 μ M) in the hippocampus. Acute hippocampal slices were produced from normal mouse. Slices were treated with drugs for 2 h before recording. Recordings were conducted in Schaffer-collateral pathway of the hippocampus. (A-E) fEPSP at each time point of control (A), $A\beta$ (A), $A\beta$ +spinosin (3) (B), $A\beta$ +spinosin (10) (C), $A\beta$ +spinosin (30) (D) or $A\beta$ +DNP (E)-treated hippocampal slices. (F) Bar chart of data from 80 min time point. Data represented as mean \pm SEM. * p <0.05 vs. control. # p <0.05 vs. $A\beta$. DNP, donepezil.

the evoked field potential responses (fEPSP) was averaged from four consecutive recordings evoked at 30 s intervals. To induce LTP, two trains of high frequency stimulation (HFS: 100 Hz, 100 pulses in 1 s, 30 s interval) were introduced at 20 min after the initiation of a stable baseline. LTP was quantified by comparing the mean fEPSP slope at 80 min after the HFS period with the mean fEPSP slope during the baseline period and calculating the percentage change from the baseline. For the experiments with A β , A β dissolved in DPBS at 1 mg/mL and agitated at 37°C for 24 h for aggregation. Hippocampal slices were incubated in ACSF containing vehicle or drugs for 30 min, and then further incubated in ACSF containing A β oligomer (1 μ M) and/or drugs for 2 h before recording. For the blocking experiments with 5XFAD mice, slices were incubated in ACSF containing inhibitor (100 μ M), and then further incubated in ACSF containing inhibitor+spinosin 2 h before recording.

Plasmin activity assay

Plasmin activity was measured using commercial plasmin activity assay kit (Abcam, ab204728). All procedures were followed to protocol presented from Abcam. Hippocampal slices were incubated with spinosin containing ACSF for 2 h. After then hippocampal slices were homogenized in ice-chilled Tris-HCl buffer [20 mM, pH 7.4, sucrose (0.32 M), ethylenediaminetetraacetic acid (EDTA) (1 mM), ethylene glycol bis(2-aminoethyl ether)-*N,N,N',N'*-tetraacetic acid (EGTA) (1 mM)]. Debris was removed by microcentrifugation (4200 \times g, 20 min). A mixture of 50 μ l of sample (10 μ g of protein) and 50 μ l of reaction mix (48 μ l plasmin assay buffer+2 μ l of plasmin substrate) was made. Measure output on a fluorescent microplate reader at Ex/Em=360/450 nm in a kinetic mode, every 2-3 min, for 10-20 min at 37°C protected from light.

Western blot analysis

Hippocampal slices were incubated with spinosin containing ACSF for 2 h. Afterwards hippocampal slices were homogenized in ice-chilled M-PER buffer (Thermo, Rockford, IL, USA), a containing protease inhibitor, and phosphatase inhibitor cocktail (Thermo). Debris was removed by microcentrifugation (4200 \times g, 20 min). Proteins from whole-cell lysates were

quantified using a BCA protein assay kit following the manufacturer's instructions. Samples (30 μ g of protein) were then subjected to SDS-PAGE (12% gel) under reducing conditions. Proteins were transferred to PDVF membranes using transfer buffer (25 mM Tris-HCl, pH 7.4 containing 192 mM glycine and 20% v/v methanol) at 400 mA for 2 h (4°C). Next, blots were incubated for 2 h with blocking solution (5% skimmed milk for total proteins, 5% BSA for phosphorylated proteins) and then placed at 4°C overnight with 1:1000 dilutions of anti-goat plasmin antibody (Santa Cruz Biotechnology Inc., Santa Cruz, CA), anti-rabbit plasminogen antibody (Santa Cruz Biotechnology Inc.) or anti-rabbit GAPDH antibody (Santa Cruz Biotechnology Inc.). After serial washing, blots were incubated with a 1:5000 dilution of horseradish peroxidase-conjugated secondary antibody (Santa Cruz Biotechnology Inc.) for 1 h at room temperature.

Statistics

Values are expressed as the mean \pm SEM. Data were analyzed by one-way analysis of variance (ANOVA) followed by Tukey's post hoc test for multiple comparisons. Statistical significance was set at $p < 0.05$.

RESULTS

Spinosin attenuated A β -induced long-term potentiation (LTP) impairment in the hippocampus

To investigate the effect of spinosin, LTP was measured in hippocampal slices treated with A β and/or spinosin. A β -treated slices showed significantly lower LTP levels than did control slices (Fig. 1A, 1F). Spinosin (30 μ M) and donepezil (DNP), a positive control, attenuated this A β -induced LTP reduction in a concentration dependent manner ($F_{5, 36} = 11.42$, $p < 0.05$, $n = 7$ /group, Fig. 1).

Spinosin regulated plasmin activity in the 5XFAD hippocampus

Previously, we found that *Zizyphus jujuba* var. *spinosa* seeds increased plasmin activity in the hippocampus. Since spinosin is an active compound isolated from *Zizyphus jujuba*

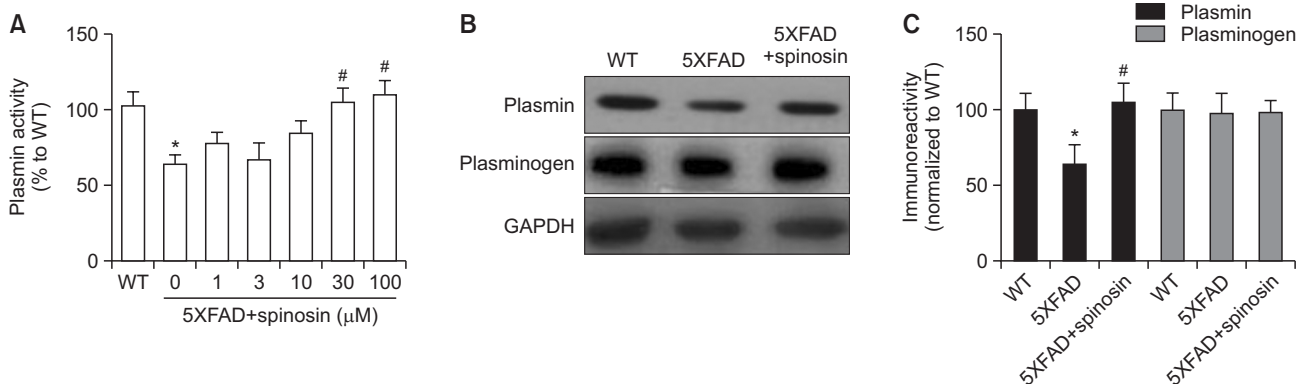


Fig. 2. The effect of spinosin on plasmin activity in the hippocampus of 5XFAD mice. Acute hippocampal slices were produced from 5XFAD mice. Slices were treated with spinosin for 2 h before the tests. (A) Plasmin activities were measured with ELISA kit. (B, C) Western blot analysis of plasmin and plasminogen in the hippocampus of 5XFAD mice (B). Quantitative analysis of the blots (C). Data represented as mean \pm SEM. * $p < 0.05$ vs. control. # $p < 0.05$ vs. 5XFAD.

ba var. *spinosa* seeds, we tested whether spinosin regulates hippocampal plasmin activity. Plasmin activity was significantly lower in the hippocampus of 5XFAD than in that of WT ($F_{6,20}=4.296$, $p<0.05$, $n=3-4$ /group, Fig. 2A). Spinosin-treated hippocampal slices of 5XFAD showed significantly higher plasmin activity than did vehicle-treated hippocampal slices of 5XFAD ($p<0.05$, Fig. 2A). Plasmin protein levels were significantly lower in the hippocampus of 5XFAD mice than in that of WT mice ($F_{2,9}=4.483$, $p<0.05$, $n=4$ /group, Fig. 2B, 2C) while plasminogen levels were unaffected ($F_{2,9}=0.005$, $p>0.05$, $n=4$ /group, Fig. 2B, 2C). Spinosin treatment rescued this plasmin level reduction (Fig. 2B, 2C).

Spinosin improved LTP in the 5XFAD hippocampus through regulation of plasmin activity

To confirm that the effect of spinosin on plasmin was involved in the effect of spinosin on synaptic deficit of the 5XFAD hippocampus, we investigated whether the plasmin inhibitor 6-aminocaproic acid improved the effect of spinosin on LTP deficits in the 5XFAD hippocampus. There were significant group effects ($F_{3,16}=8.12$, $p<0.05$, $n=5$ /group, Fig. 3D). A significantly lower LTP level was observed in the hippocampus of 5XFAD mice than in that of control mice (control, 145 ± 12 , $n=5$; 5XFAD, 109 ± 3 , $n=5$, Fig. 3A, 3D). Spinosin (30 μ M) significantly improved LTP in the 5XFAD hippocampus (153 ± 12 , $n=5$, Fig. 3B, 3D). The effect of spinosin on LTP was blocked by 6-aminocaproic acid (105 ± 3 , $n=5$, Fig. 3C, 3D). These results suggest that spinosin improves LTP deficits in the 5XFAD hippocampus through the regulation of plasmin activity.

DISCUSSION

In the present study, we found that spinosin improves LTP in the $A\beta$ -treated hippocampus of normal mice or the hippocampus of 5XFAD mice. Spinosin improves plasmin activity, which is down-regulated in the hippocampus of 5XFAD mice. 6-aminocaproic acid blocked this spinosin-improved LTP in the hippocampus of 5XFAD mice.

The tissue plasminogen activator (tPA)/plasmin system has been suggested as a therapeutic target for AD (Angelucci *et al.*, 2019). Plasmin can cleave $A\beta$ and $A\beta$ deposits, suggesting that it may be involved in $A\beta$ clearance (Ledesma *et al.*, 2000; Jacobsen *et al.*, 2008; Baranello *et al.*, 2015). It was found that there is less plasmin activity in the AD brain than in the normal brain (Dotti *et al.*, 2004; Barker *et al.*, 2010). tPA administration, which is believed to activate plasmin, protected against memory loss in AD mouse models (Tucker *et al.*, 2000; ElAli *et al.*, 2016). Taken together, this information suggests that agents, who increase plasmin activity directly or indirectly, may be good candidates for AD therapy. In the present study, we found that spinosin ameliorated deficits in plasmin activity in the 5XFAD mouse hippocampus. Interestingly, we found that spinosin increase plasmin level and its activity without affecting the level of plasminogen. These suggest that spinosin might activate plasminogen cleavage system. Spinosin could up-regulate activity of tPA. Otherwise, spinosin may suppress activity of neuroserpin or PAI-I, inhibitors of plasminogen activators. Although we still do not know the precise mechanism of the effect of spinosin on plasmin and its side effects, spinosin could be considered a candidate for AD therapy.

Synaptic plasticity is a cellular mechanism of learning and

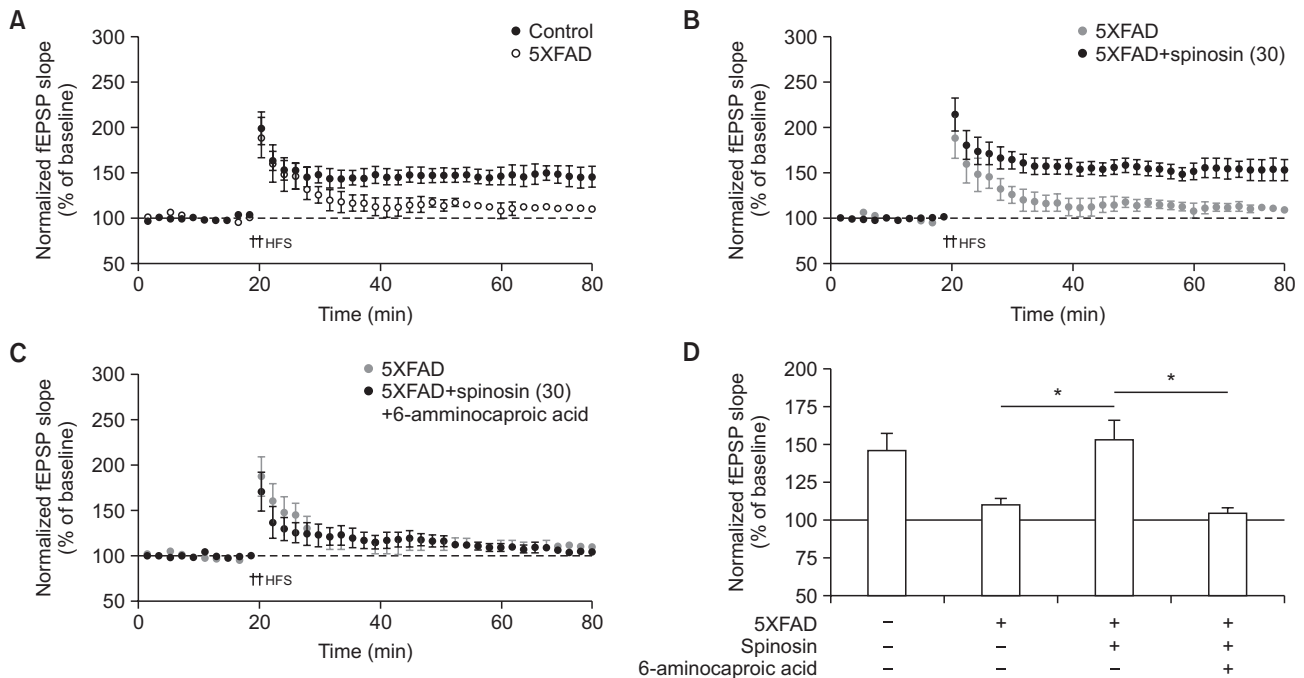


Fig. 3. The effect of plasmin inhibitor on the effect of spinosin on synaptic deficit in the hippocampus of 5XFAD mice. Slices were treated with drugs for 2 h before the tests. (A-C) fEPSP at each time point of control (A), 5XFAD (A), 5XFAD+spinosin (30) (B), or 5XFAD+spinosin (30)+6-aminocaproic acid (C)-treated hippocampal slices. (D) Bar chart of data from 80 min time point. Data represented as mean \pm SEM. * $p<0.05$.

memory (Maren and Baudry, 1995; Sutton and Schuman, 2006). A β induces internalization of the AMPA receptor, a major target of synaptic plasticity, and this is believed to be a mechanism of A β -induced synaptic deficits and memory impairment (Lee *et al.*, 2003; Parameshwaran *et al.*, 2008; Guntupalli *et al.*, 2016). Because monomeric A β does not show synaptotoxicity, oligomeric A β is believed to be the toxic species (Walsh *et al.*, 2002; Ono *et al.*, 2009; Sengupta *et al.*, 2016). Therefore, if an agent could dissociate preformed oligomeric A β , could negate the synaptotoxicity of oligomeric A β . In the present study, spinosin blocked A β -induced synaptic deficits. Because spinosin increased plasmin activity, which is believed to be involved in A β clearance, this is hypothesized to be the mechanism of action of spinosin on synaptic deficit.

We still do not know how spinosin regulates plasmin activity, as plasmin could be regulated by various mechanisms. Plasmin is produced by proteolytic cleavage of plasminogen (Vassalli *et al.*, 1991), and various plasminogen activators, including tPA, are involved in this process (Sappino *et al.*, 1993; Li *et al.*, 2003). These plasminogen activators are regulated by neuroserpin and plasminogen activator inhibitor 1 (Vassalli *et al.*, 1991; Krueger *et al.*, 1997; Lebeurrier *et al.*, 2005). However, plasmin may be inactivated by α_2 -antiplasmin, a serine protease inhibitor (Schaller and Gerber, 2011). Regulation of these molecules could regulate plasmin activity. Therefore, these molecules may be targets of spinosin. Further research is needed to answer these questions.

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