

Cosmetic Potency of *Puerariae Radix* in Dermal Fibroblasts

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Interaction between epidermis and dermis plays an important role in wound healing and hair follicle formation. This study focused on investigating the potency of ethanol extract of *Puerariae Radix* (EPR) as cosmetic ingredient using human dermal fibroblasts (hDFn). Our results revealed that EPR suppressed collagenase activity dose-dependently. EPR inhibited activity of 5 α -reductase I and II at the final concentration of 25 μ g/ml in hDFn cells. Also, EPR promoted the proliferation and the ERK activation of cells. ERK phosphorylation by EPR was blocked by specific inhibitor of ERK, PD98059. EPR-induced cell proliferation was blocked by PD98059. This means that EPR could promote the proliferation of hDFn cells via the activation ERK. Collectively, these results suggest that EPR may be used as a new cosmetic ingredient.

keywords : *Pueraria Lobata*, Collagenase, 5 α -reductase, ERK, Dermal fibroblast

Introduction

Interaction between epidermis and dermis plays an important role in the functioning of the skin, including wound healing and hair follicle formation^{1,2}. Within skin dermis the most abundant cell type is fibroblasts, the primary role is to secrete components of the extracellular matrix³. There are several types of skin fibroblast within the dermis, which can be defined by their spatial location, and exist as morphologically and functionally heterogenous subpopulations³⁻⁵.

Dermal fibroblasts produce the protein molecules including collagen, elastin, laminin, and fibronectin which comprise extracellular matrix. Collagen is a main structural protein in the extracellular space of the body. Collagenases are zinc endopeptidases that digest nearly all collagen fibers in their insoluble triple helical form. Thus, skin wrinkle can be caused by an increase in collagen degradation by collagenase⁶⁻⁸.

Hair loss is a distressing disorder and androgenetic alopecia is the common form of hair loss in both men and women. Circulating testosterone is converted into the more potent dehydrotestosterone (DHT) by 5 α -reductase. Thus, inhibiting of 5 α -reductase activity is one of the therapeutic

targets for androgenic alopecia⁹⁻¹¹.

Radix Puerariae Lobatae is the dried root of *Pueraria lobata* (Wild.) Ohwi belonging to the family of Fabaceae or Leguminosae, which is a twining perennial herb with woody base native to South East Asia regions, such as Korea, China and Japan¹². Puerarin, the first isoflavone isolated from the root of *Pueraria lotaba*, has been shown to play a pharmacological actions in improving cardiovascular system^{12,13}. *Puerariae Radix* was first described in the Sinnongbonchogyong. It is known to have strong antipyretic and slightly sweating efficacy^{14,15}. This herbal medicine has traditionally been used for improving the body function, such as promoting circulation and increasing the blood flow^{12,13}.

In the previous study, ethanol extract of *Puerariae Radix* (EPR) increased the proliferation of human hair dermal papilla cell (HHDPCs) through phosphorylation of ERK and Akt¹⁶. Although mRNA expressions of signaling molecules, such as FGF7, BMP7, and CTNBN1, were induced by water extract of *Puerariae Radix* (EPR) in HHDPCs¹⁷, other pharmacological effects are still unclear. Here, we evaluated whether EPR is able to modulate the activity of collagenase and 5 α -reductase. Additionally, it has been shown that EPR promotes cell proliferation through

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phosphorylation of ERK in hDFn cells.

Materials and Methods

1. Preparation of herb extract

Puerariae Radix were purchased from Human herbs Inc. (Korea). The *Pueraria Lobata* (200 g) was soaked in 2 L of 100% ethanol for 3 days at room temperature with sonication for 30 min once a day. The solution was filtrated using a standard sieve (No. 270, 53 μ m; Korea), evaporated to dryness at 40°C under vacuum (Eyela N-11, Japan), and freeze-dried (PVTFD10RS, IIShin BioBase, Korea). The amount of ethanol extract was 8.23 g (yield: 1.65%) and stored in a freezer of Professional Graduate School of Oriental Medicine, Wonkwang University. The extract was dissolved in DMSO, and DMSO was used in the concentration range of less than 0.01% final.

2. Cell culture and Drug treatment

Human dermal fibroblast neonatal (hDFn) cells were obtained from Cascade Biologics (MA, USA). hDFn cells were cultured in DMEM supplemented with 10% FBS, 100 μ g/mL streptomycin and 100 units/mL penicillin. The cells were cultured at 37 °C in a humidified chamber with 95% air and 5% CO₂.

3. Cell viability assay using MTT

Cytotoxicity was determined by 3-(4,5-dimethylthiazol-2yl)-2,3-diphenyl-tetrazolium bromide (MTT) assay. hDFn cells were seeded onto 24-well plates at a density of 4 \times 10³ and 2 \times 10³ cells/well, respectively. After incubation with various concentrations of EPR for 24 h, 20 μ l of MTT (0.1 mg/mL) was added to each culture well and further incubated at 37 °C for 3 h. After incubation for 3 h at 37 °C, the MTT solution was removed and 200 μ l of DMSO was added and mixtures were shaken, the formazan was dissolved for 10 min. The absorbance of the solubilized formazan was measured at 570 nm using a spectrofluorometer(F-2500, Hitachi, Tokyo, Japan).

4. Western blot analysis

After the indicated EPR, the medium was removed, and the cells were rinsed with PBS twice. After the addition of 0.6 ml of cold RIPA buffer (10 mM Tris pH 7.5, 100 mM NaCl, 1 mM EDTA, 0.5% Na-deoxycholate, 0.1% SDS, 1% Triton X 100) and protease inhibitors, cells were scraped followed at 4°C. Cell lysate was then subjected to a centrifugation of 14,000 \times g for 15 min at 4°C. Resultant

protein samples were separated by a SDS-PAGE gel and transferred onto a polyvinylidene difluoride membrane (Millipore, USA). Membrane was stained by ponceu to confirm uniform transfer of all samples and then incubated in blocking solution (TBS with 0.05% tween 20) containing 5% non-fat dry-milk or 3% bovine serum albumin for 1 h at room temperature. The membrane was incubated with 1:1000 diluted primary antibodies and 1:2000 diluted secondary antibodies coupled to horseradish peroxidase (HRP). Immuno-reactive proteins were detected with the ECL Kit. The bands were analyzed densitometrically by using a Chemi-doc image analyzer (Bio-Rad, Hercules, CA, USA).

5. Statistical analysis

Values were shown as a mean \pm S.D., and the data was performed using analysis of variance followed by the Student's t-test and one-way ANOVA. Values of *p < 0.05, and **p < 0.01 were considered statistically significant.

Results

1. EPR inhibits collagenase activity

Collagen is a key component of extracellular matrix. Collagenases are enzymes that break the peptide bonds in collagen. Therefore, the effect of EPR on this enzyme activity was evaluated. Collagenase activity was inhibited by EPR treatment in dose-dependently(Fig. 1).

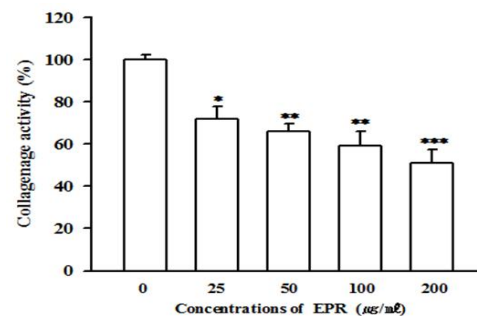


Fig. 1. EPR inhibits collagenase activity. Collagenase activity was measured as described in Materials and Methods. The values shown represent the mean \pm SD of triplicate. *p < 0.05, **p < 0.01.

2. EPR decreases 5 α -reductase activity in hDFn cells

5 α -reductase is responsible for the conversion of testosterone into namely 5 α -DHT causing androgen alopecia. The 5 α -reductase analysis revealed that 5 α -reductase I and II were expressed in hDFn cells (Fig. 2). Amount of 5 α -reductase I was significantly decreased in EPR treated cells, while amount of 5 α -reductase II was slightly decreased by EPR. The level of 5 α -reductase

expression was reduced by minoxidil (MI) and finasteride (FI) used as a positive control. These results suggest that EPR acts as a 5 α -reductase I inhibitor in hDFn cells.

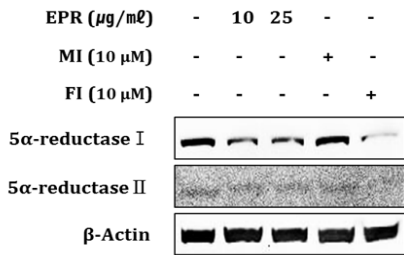


Fig. 2. EPR inhibits 5 α -reductases expression in hDFn cells. Cells were treated with EPR (10, 25 $\mu\text{g}/\text{ml}$), MI (10 μM), or FI (10 μM). After 48 h, the cytosol was collected, and the level of 5 α -reductase I was analyzed by Western blot.

3. EPR facilitates the proliferation of hDFn cells

To examine the effect of EPR on proliferation, hDFn cells were treated with different doses of EPR (5-25 $\mu\text{g}/\text{ml}$). After 48 h and 72 h, EPR facilitated the proliferation of cultured hDFn cells in a dose-dependent manner (Fig. 3). On 72 h, EPR (5, 10 and 25 $\mu\text{g}/\text{ml}$) had increased the cell proliferation by 105.2%, 109.8% and 115.6%, respectively, compared to untreated control. MI (10 μM), used as a positive control, increased the cell proliferation by 110.2%. In particular, cell proliferation by EPR treatment at 25 $\mu\text{g}/\text{ml}$ concentration was more effective than by MI.

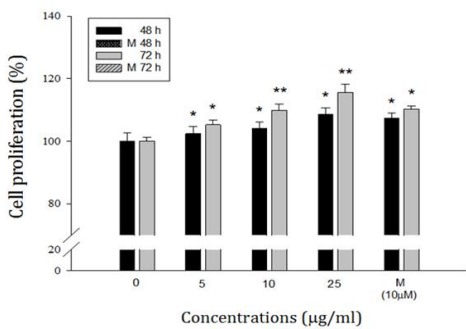


Fig. 3. EPR facilitates the proliferation of hDFn cells. Cells were treated with EPR (5-25 $\mu\text{g}/\text{ml}$) or MI (10 μM) for 48 h or 72 h. The proportion of survival cells were measured by MTT assay. Experiments were repeated in triplicate and the results were expressed as the mean \pm SD. * $p < 0.05$, ** $p < 0.01$.

4. EPR promotes the proliferation via activation of ERK

The ERK pathway is also important in cell proliferation: the inhibition of ERK has been shown to result in a decrease in cell proliferation^{18,19}. In order to elucidate pathways involved in the cell proliferation of EPR on hDFn cells, ERK response to EPR treatment was investigated. ERK phosphorylation was induced by the treatment with EPR

(Fig. 4A). EPR (10 and 25 $\mu\text{g}/\text{ml}$) facilitated the expression of phosphor-ERK by 2.7 fold and 3.2 fold, respectively. MI (10 μM) also significantly increased phosphor-ERK by 2.5 fold (Fig. 4B).

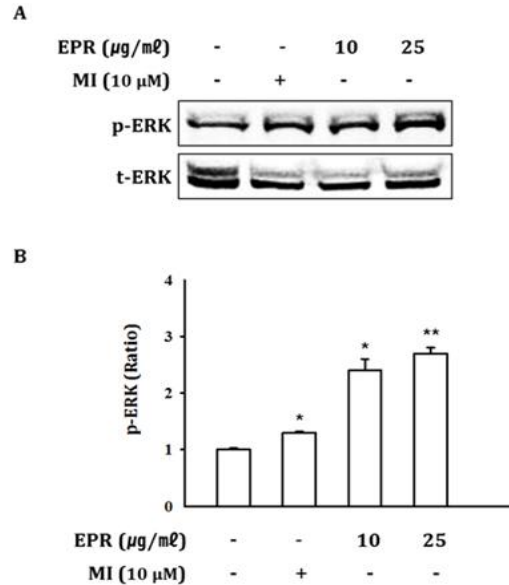


Fig. 4. EPR promotes phosphorylation of ERK in hDFn cells. (A) Cells were treated with EPR (10, 25 $\mu\text{g}/\text{ml}$) or MI (10 μM) for 30 min. The level of phosphorylation of ERK was analyzed by Western blot. (B) Quantification of active ERK expression in hDFn cells. Experiments were repeated in triplicate and the results were expressed as the mean \pm SD. * $p < 0.05$, ** $p < 0.01$.

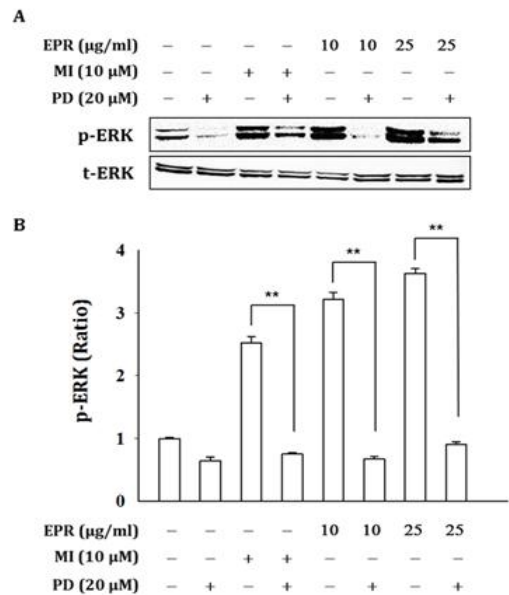


Fig. 5. Activation of ERK by EPR blocks by ERK inhibitor. (A) Immunoblotting analysis of active ERK expression in hDFn cells. Cells were pre-treated with MEK/ERK inhibitor PD98059 (20 μM) for 1 h and incubated in EPR (10, 25 $\mu\text{g}/\text{ml}$) or MI (10 μM) for 30 min. (B) Quantification of active ERK expression in hDFn cells. Experiments were repeated in triplicate and the results were expressed as the mean \pm SD. * $p < 0.05$, ** $p < 0.01$.

To confirm the effect of ERK activation by EPR, the inhibitor of ERK, PD98059 (20 μM), was pre-treated in EPR treated hDFn cells. As shown in Fig. 5, ERK phosphorylation by EPR was blocked specific ERK inhibitor. These results suggest that EPR promoted transient activation of ERK in cell.

Next, we investigated whether ERK activation is involved in the cell proliferation effect by EPR. The EPR-induced cell proliferation was reduced by treatment with PD98059(Fig. 6). These results indicate that EPR facilitated the proliferation via activation of ERK in hDFn cells.

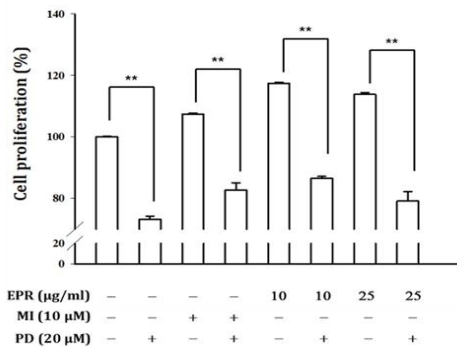


Fig. 6. EPR facilitates the proliferation via activation of ERK in hDFn cells. Cells were pre-treated with ERK inhibitor (PD98059, 20 μM) for 1 h and incubated with EPR (10, 25 $\mu\text{g/ml}$) or MI (10 μM) for 72 h. The proportion of survival cells were measured by MTT assay. Experiments were repeated in triplicate and the results were expressed as the mean \pm SD. * $p < 0.05$, ** $p < 0.01$.

Discussion

Dermal fibroblasts are cells within the dermis layer in the skin which are responsible for generating connective tissue and allowing the skin to recover from injury. Skin aging is clinically characterized by wrinkles, rough skin texture, and blotchy dyspigmentation⁶⁻⁸. In this study, we demonstrated that EPR can inhibit collagenase activity in hDFn cells.

Although numerous products claim to be useful for treating hair loss, they have sexual-related side-effects and unpredictable efficacy^{20,21}. It has been reported that there are three subtypes of 5 α -reductase in prostate: namely 5 α -reductase I, 5 α -reductase II, and 5 α -reductase III. At least two subtypes of 5 α -reductase, 5 α -reductase I and 5 α -reductase II, have been identified in the skin^{22,23}. Various therapeutic options for androgenic alopecia have been introduced, including oral or topical 5 α -reductase inhibitors. FI and dutasteride are well known as 5 α -reductase II inhibitors, which have been approved for the treatment and prevention of androgenic alopecia. Despite their promising efficacy, FI has been reported to alter

systemic steroid metabolism, leading to conditions such as metabolic syndrome, insulin resistance, and diabetes²⁴.

In this study, we examined the expression pattern of 5 α -reductase isoform in hDFn cells and investigated whether EPR regulates the 5 α -reductase activity in cells. We have confirmed that 5 α -reductase I is a major isoform in hDFn cells. In addition, EPR has an inhibitory activity of 5 α -reductase in the cells.

The ERK pathway is important in cell proliferation; the inhibition of ERK has been shown to result in a decrease in cell proliferation^{25,26}. Our study revealed that EPR increased ERK phosphorylation in the cells. ERK phosphorylation by EPR was blocked by specific inhibitor of ERK, PD98059. Furthermore, EPR promoted cell proliferation was blocked by PD98059. These results suggest that EPR has the potential to increase the proliferation of hDFn cells through the activation of ERK.

Our results revealed that EPR suppressed collagenase activity dose-dependently. EPR inhibited activity of 5 α -reductase I and II in cells. Also, EPR promoted the proliferation and the ERK activation of cells. This means that EPR promoted the proliferation of hDFn cells via the activation ERK. Collectively, these results suggest that EPR may be used as a new cosmetic ingredient.

Acknowledgements

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