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ARTICLE

Changes in the Mineral Components in Cheese Juice (Aqueous Phase of Cheese) during Ripening

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Abstract

Four different types of cheeses were measure detailed changes in the mineral concentrations of cheese-serum during ripening. Concentrations of minerals in cheese juice were measured. The pH value using the low pH method (LPM) cheese was significantly (p<0.05) lower than that of other cheeses. Similarly the total Ca, S, Mg, and P contents of LPM cheese were significantly lower in than those of other cheeses. Ca, S, Mg, and P remained in colloidal form, while other minerals were mostly in soluble forms after 1 day. The minerals associated with the structure of cheese (i.e., casein or colloidal calcium phosphate) remained largely insoluble even after 1 month of ripening.

Keywords

cheese, cheese juice, ripening, minerals, insoluble Ca

Introduction

The serum (aqueous) phase of cheese, called cheese juice, is considered as the medium where a variety of biochemical processes involved during maturation of cheese takes place (Broome and Limstowtin, 2002). In early 1900's cheese juice was extracted with hydraulic pressure from various cheeses and the juice was used to measure soluble nitrogen, salts, total solids, lactose and lactic acid (Barthel *et al.*, 1928; Sandberg *et al.*, 1930; McDowall and Dolby, 1936). These parameters were used to predict cheese properties. Monib (1962) measured some minerals (Ca and P) along with other soluble components in cheese juice and concluded that if cheese was highly diluted with water and there was a different concentration of Ca compared to cheese juice. Morris *et al.* (1988) measured the concentration of various minerals in cheese juice from Cheddar cheese aged 1 mo. Morris *et al.* (1988) considered that there was the nucleation and growth of calcium phosphate crystals on cheese as the cheese serum was supersaturated with calcium phosphate.

Broome and Limsowtin (2002) prepared an artificial cheese aqueous phase buffer similar to (cheese juice) to perform an initial screening of potential adjunct microorganisms that could be used for ripening of Cheddar cheese. O'Mahony *et al.* (2006) reported that the concentration of INSOL Ca in cheese can be modified by incubating cheese in synthetic cheese buffers with various concentrations of Ca.

There have been only a few studies on the changes in mineral components of cheese juice during ripening. In the previous chapters, the calcium concentration in cheese juice

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was measured. Therefore, the objective of this chapter was to examine the changes in the composition of other mineral components in cheese during ripening by analysis of cheese juice.

Materials and Methods

1. Cheese manufacturing

Four types of full fat cheese described as high pH method (HPM), low pH method (LPM), high pH method with lactose added (HPML) and high pH method with washing (HPMW) were manufactured. Cheeses were made on two occasions by licensed cheese makers at the University of Wisconsin-Madison Dairy Plant. The detailed make- procedure for these cheese is shown in the Table 1. Two cheese trials were performed over a 2-mo period. A mixed strain starter culture consisting of Lactococcus lactis ssp. cremoris and Lactococcus lactis ssp. lactis was inoculated into the milk with the rate of 1,490 g/ 226 kg of milk. Double strength chymosin (Chymax Extra, Chr. Hansens, Milwaukee, WI) was added at the rate of 17 mL/ 226 kg of milk at 32°C. The coagulum was cut with 0.63 cm knife and the curd was given a 5-min healing time before gentle agitation of 10 to 15 min. The curd-whey mixture was heated slowly from 32 to 39°C and continuously stirred at 39°C until the pH of curd reached ~ 6.2. For the HPMW cheeses, ~ 23 kg of cold water ($\sim 10^{\circ}$ C) was added immediately (within 2 min time) to the cheese curd after the first draining. After adding the cold water, the curd was held in cold water for 5 min with stirring. After drainining, curd was salted at the rate of 0.72 kg/ 226 kg of milk. Salted curd was packed in 9-kg-Wilson-style hoops and pressed for 3 h at ambient temperature. Cheese was kept overnight at ambient temperature before vacuum packaging. After vacuum packaging the cheese was stored at 6°C for further analysis. Two 9-kg blocks of cheese were made from each treatment in each trial.

2. Compositional analysis

All compositional tests were done at least in triplicate. Milk was analyzed for total solids, casein, fat and protein content (Marshall, 1992). Rennet whey was made from cheese milk on the same cheese making day and total Ca of milk and rennet whey was measured by inductively coupled argon plasma emission spectroscopy (Vista-MPX Simultaneous ICP-OES; Varian, Palo Alto, CA). Cheese and cheese juice were analyzed for moisture, fat, protein (Marshall, 1992), Lactose and lactic acid (both D- and L-lactate) of milk and cheese were determined by enzymatic methods (Severn *et al.*, 1985; IDF, 1993). Major minerals in cheese were measured by inductively-coupled argon plasma emission spectroscopy (Vista-MPX Simultaneous ICP-OES; Varian, Palo Alto, CA).

Wavelengths used for measurement were 422.5 nm for Ca, 214.9 nm for P, 285.2 nm for Mg, 181.9 nm for S, 239.6 nm for Fe, 766.5 nm for K, 257.6 nm for Mn, 223.0 nm for Cu and 568.8 nm for Na (Park, 2000).

Salts were analyzed by Corning Salt Analyzer (Marshall, 1992). During cheese ripening, cheese pH (Marshall, 1992), and the INSOL mineral contents of cheese were analyzed (juice method; Hassan *et al.*, 2004) at 1 d, 1 wk and 1 mo. The INSOL or colloidal form of the mineral content of cheese and cheese juice were calculated based on the methods of Morris *et al.* (1988).

Results and Discussion

The cheese making methods are shown in Table 1. The renneting, milling, and draining pH values were ~ 6.6, ~ 6.3, and ~ 5.6 for HPM, HPML and HPMW cheeses. The renneting, milling, and draining pH was ~ 6.5, ~ 6.1, and ~ 5.4 for LPM cheeses. The manufacturing pH value was kept constant within HPM cheeses regardless of whether there was added lactose to milk or washing (Table 1).

1. Mineral composition of cheese and cheese juice

Cheese and cheese juice had the same pH values in all cheeses (Table 2) suggesting that cheese juice is close to being in thermodynamic equilibrium with the cheese serum (Morris *et al.*, 1988). In Table 7, the measured values were compared with published values.

The actual concentration of minerals in cheese or cheese



	High pH	method	Low pH	method
	Total elapsed time (min)	рН	Total elapsed time (min)	рН
Initial milk	0	6.59±0.01	0	6.59±0.02
Add starter	5	6.59±0.01	0	6.59±0.02
Add coagulant	5±0	6.59±0.01	60±0	6.53±0.01
Cut	30±1	6.58±0.00	80±1	6.55±0.01
First drain	100±0	6.29±0.06	151±3	6.07±0.00
Milling	191±10	5.60±0.00	233±10	5.32±0.00
Add salt	206±10	5.4±0.07	248±12	5.25±0.04
	High pH w/ addeo	method d lactose	High pH with wa	method ashing
Initial milk	0	6.59±0.01	0	6.60±0.01
Add starter	0	6.59±0.01	0	6.65±0.01
			Ū	
Add coagulant	5±0	6.58±0.00	60±0	6.62±0.13
Add coagulant Cut	5±0 35±1	6.58±0.00 6.29±0.06	60±0 81±1	6.62±0.13 6.57±0.02
Add coagulant Cut First drain	5±0 35±1 105±0	6.58±0.00 6.29±0.06 6.59±0.01	60±0 81±1 160±0	6.62±0.13 6.57±0.02 6.29±0.06
Add coagulant Cut First drain Milling	5±0 35±1 105±0 191±10	6.58±0.00 6.29±0.06 6.59±0.01 5.60±0.00	60±0 81±1 160±0	6.62±0.13 6.57±0.02 6.29±0.06
Add coagulant Cut First drain Milling Add water	5±0 35±1 105±0 191±10	6.58±0.00 6.29±0.06 6.59±0.01 5.60±0.00	60±0 81±1 160±0 198±16	6.62 ± 0.13 6.57 ± 0.02 6.29 ± 0.06 5.60 ± 0.04
Add coagulant Cut First drain Milling Add water Second drain	5±0 35±1 105±0 191±10	6.58±0.00 6.29±0.06 6.59±0.01 5.60±0.00	60±0 81±1 160±0 198±16 207±14	6.62 ± 0.13 6.57 ± 0.02 6.29 ± 0.06 5.60 ± 0.04 5.60 ± 0.00

 Table 1. Various protocols used for cheese manufacturing with different methods
 (n=2)

juice is shown in Table 3 and Table 4. The calculation of the proportion of these minerals in the colloidal forms is shown in Tables 5 and 6. The K content of cheese ranged from 34 to 139 mg/100 g of cheese. In Morris *et al.* (1988), the K content of 1 mo old Cheddar cheese was 96 mg/100 g of cheese. The Na content of cheese ranged from 400 to 700 mg/ 100g of cheese. In Morris *et al.* (1988), the Na content of 1 mo old Cheddar cheese was 798 mg/100 g of cheese. In another study, the Na content of 12 mo cheese was 1,500 mg/100 g of cheese (Broome and Limsowtin, 2002). The Na content of cheese can be easily varied by changing the amount of salt added during cheese making.

In both trials, the amount of Cu, Fe and Mn content in

	Mill	(
		Milk with lactose added				
Total solids (%)	11.9	±0.2	12.2±0.1			
Casein (%)	2.4	±0.1	2.4:	±0.0		
Lactose (%)	4.6	±0.0	5.0:	±0.0		
	Chee	se				
	High pH method	Low pH method	High pH method with lactose	High pH method with washing		
Moisture (%)	39.0±1.8	37.3±0.0	38.8±1.6	39.2±0.1		
Protein (%)	24.0±1.8	24.2±0.5	24.5±0.0	24.0±0.0		
Salt-in-moisture (%)	4.4±0.7	3.7±0.4	4.9±0.5	4.3±0.3		
Lactose at 1 d (%)	0.6±0.1	0.3±0.1	0.8±0.2	0.2±0.1		
Lactose at 1 wk (%)	0.2±0.1	0.1±0.0	0.4±0.0	0.1±0.1		
Lactose at 1 mo (%)	0.1±0.0	0.1±0.1	0.3±0.1	0.0±0.0		
Lactic acid at 1 d (%)	1.0±0.0	1.3±0.2	1.1±0.2	1.3±0.1		
Lactic acid at 1 wk (%)	1.5±0.1	1.6±0.0	1.5±0.0	1.4±0.0		
Lactic acid at 1 mo (%)	1.6±0.1	1.6±0.1	1.6±0.1	1.4±0.0		
Cheese pH at 1 d	5.2±0.1	5.0±0.1	5.2±0.1	5.1±0.1		
Cheese pH at 1 wk	5.0±0.1	4.9±0.0	5.0±0.1	5.1±0.0		
Cheese pH at 1 mo	5.0±0.1	4.9±0.0	5.0±0.1	5.1±0.0		
Total Ca (mg/100 g)	754±24	704±44	756±38	731±4		
INSOL Ca at 1 d 1	24.9±0.8	21.0±2.1	24.0±1.5	22.0±0.5		
INSOL Ca at 1 wk ¹	20.1±0.3	17.1±0.5	20.2±1.7	19.4±0.5		
INSOL Ca at 1 mo ¹	18.9±0.8	16.4±1.1	20.2±1.7	19.1±0.1		

Table 2. Composition of milks and cheeses from different cheese

manufacturing variables

¹ mg INSOL Ca/g protein in cheese.

cheese juice or cheese were very low. Broome and Limsowtin (2002) reported that the Mn content in 12 mo old cheese juice was 0.079 mg/100 g of cheese juice. A significant increase in the concentrations of was observed Ca, Mg and S in cheese juice all cheeses from both trials.

Table 5 and Table 6 shows the mineral concentration in cheese as colloidal form (as % of the total mineral concen-



Minerals High pH					Low pH				High pH method				High pH method			
Mg/100 g in method					method				with lactose added				with washing			
cheese or in CJ	Cheese	CJ ² at 1 D	CJ at 1 wk	CJ at 1 mo	Cheese	CJ at 1 D	CJ at 1 wk	CJ at 1 mo	Cheese	CJ at 1 D	CJ at 1 wk	CJ at 1 mo	Cheese	CJ at 1 D	CJ at 1 wk	CJ at 1 mo
Са	771	405	633	672	725	483	743	719	783	444	631	604	734	548	653	623
	(15) ¹	(4)	(4)	(13)	(19)	(11)	(5)	(5)	(8)	(2)	(1)	(9)	(1)	(6)	(0)	(17)
Fe	0.0	3.4	4.6	5.6	0.2	5.4	4.5	6.6	0.2	2.8	2.2	3.4	0.2	6.5	6.6	6.3
	(0)	(0.3)	(0.5)	(0.4)	(0.1)	(1)	(0.3)	(0.3)	(0.1)	(0.6)	(0.1)	(0.5)	(0.0)	(0.6)	(0.4)	(0.1)
К	129	317	328	256	139	271	274	146	112	210	211	123	128	175	131	205
	(16)	(16)	(17)	(14)	(8)	(4)	(5)	(24)	(2)	(29)	(21)	(7)	(11)	(1)	(0)	(53)
Mg	36.5	47.8	67.3	75.3	35.0	49.3	69.7	69.9	38.3	57.2	71.4	65.5	34.0	67.1	67.8	62.9
	(0.2)	(2.0)	(1.7)	(4.1)	(1.1)	(1.4)	(1.0)	(1.4)	(0.1)	(0.3)	(3.0)	(5.0)	(1.3)	(1.6)	(0.0)	(2.4)
Na	668	1,425	1,447	1,331	426	1,124	1,125	1,048	590	1,349	1,247	1,265	413	1,108	1,073	1,063
	(32)	(194)	(86)	(32)	(13)	(55)	(37)	(36)	(10)	(25)	(116)	(24)	(1)	(30)	(10)	(84)
Р	496	179	142	186	485	219	173	241	507	167	151	154	462	187	147	160
	(6)	(7)	(3)	(5)	(12)	(3.5)	(2)	(9)	(5)	(3)	(4)	(1)	(20)	(0)	(10)	(8)
S	11.6	17.0	29.1	29.9	10.3	16.7	26.2	24.0	14.6	17.2	21.3	25.3	10.8	16.3	23.5	18.4
	(1.8)	(2.2)	(4.5)	(2.7)	(0.4)	(1.3)	(0.3)	(2.4)	(1.7)	(3.6)	(1.3)	(0.7)	(0.0)	(0.8)	(0.1)	(7.0)

Table 3. Composition of minerals in cheese and cheese juice (CJ)

¹ The number in parenthesis is the standard deviation.

 2 CJ = cheese juice.

Table 4. Composition of mineral	s in	cheese	and	cheese	juice	(CJ)
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Minerals	High pH				Low pH			High pH method			High pH method					
Mg/100 g in	method				method			with lactose added			with washing					
cheese or in CJ	Cheese	CJ ² at 1 D	CJat 1 wk	CJ at 1 mo	Cheese	CJ at 1 D	CJ at 1 wk	CJ at 1 mo	Cheese	CJ at 1 D	CJat 1 wk	CJ at 1 mo	Cheese	CJ at 1 D	CJ at 1 wk	CJ at 1 mo
Са	729	391	658	732	680	540	706	728	728	429	641	635	728	491	612	628
	(14) ¹	(6)	(15)	(12)	(13)	(4)	(5)	(1)	(1)	(5)	(5)	(6)	(9)	(10)	(7)	(15)
Fe	0.7	1.6	3.5	2.7	0.2	1.9	3.0	6.5	0.3	3.8	2.2	1.5	0.2	2.1	2.2	3.3
	(0.1)	(0.1)	(0.4)	(0.2)	(0.1)	(0.0)	(0.4)	(0.2)	(0.1)	(0.5)	(0.4)	(0.3)	(0.0)	(0.2)	(0.3)	(0.4)
К	107	323	267	254	75	242	306	321	78	353	303	382	34	345	194	172
	(16)	(34)	(7)	(19)	(13)	(17)	(35)	(12)	(5)	(8)	(28)	(20)	(6)	(4)	(6)	(5)
Mg	32.5	42.2	62.9	63.6	29.0	54.7	64.1	67.9	30.4	49.0	62.2	63.3	32.0	48.8	57.6	59.2
	(3.3)	(1.0)	(1.3)	(4.4)	(1.0)	(0.2)	(2.0)	(1.4)	(0.6)	(3)	(2.5)	(3.9)	(0.4)	(0.3)	(0.2)	(0.3)
Na	462	1,219	1,223	1,076	418	1,160	1,235	1,186	450	1,390	1,385	1,126	484	1,386	1,472	1,340
	(8)	(104)	(76)	(75)	(15)	(58)	(36)	(51)	(36)	(81)	(15)	(81)	(10)	(33)	(43)	(68)
Р	472	176	181	176	445	203	176	211	461	195	167	172	460	196	153	165
	(2)	(2)	(7)	(3)	(7)	(5)	(1)	(3)	(7)	(6)	(2)	(2)	(11)	(6)	(1)	(3)
S	10.0	16.3	21.3	25.6	9.5	21.3	25.2	31.4	8.6	17.4	24.9	24.1	7.8	16.6	22.5	23.2
	(0.6)	(0.9)	(0.6)	(1.5)	(0.8)	(1.6)	(0.8)	(0.6)	(1.7)	(1.5)	(0.8)	(2.5)	(4.1)	(2.1)	(3.0)	(5.0)

 1 The number in parenthesis is the standard deviation. 2 CJ = cheese juice.

(Trial I)

(Trial Ⅱ)



tration of cheese). Generally LPM cheese had a significantly p<0.05) lower total amounts of Ca, Mg, P and S compared to other cheeses (Table 3). All the other minerals did not have any specific trends among cheeses made from the different manufacturing methods. When presented as colloidal form, only Ca, Mg, P and S had significant proportions in the colloidal form: all the other minerals were mostly in the soluble form (i.e., entirely in the serum phase) at 1 d (Table 5 and Table 6). Morris *et al.* (1988) also reported that virtually all the lactose, galactose, Na, K and Cl in the 1 mo old cheese can be extracted into the cheese juice when the concentration of those components in cheese and cheese juice were expressed per unit weight of water.

HPMW cheese had slightly lower (p < 0.05) amounts of total Ca and Mg compared to other cheeses presumably due to curd washing. Most changes in the solublization of Ca, Mg and S occurred during first wk of ripening in both

Table 5. Composition of minerals in cheese	e as colloidal form (% of insoluble m	inerals as % of total minerals) (Trial	I)
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Minerals Mg/100 g in		High pH method			Low pH method			High pH method with lactose added			High pH method with washing		
cheese or in CJ	1 D	1 wk	1 mo	CJ ² at 1 D	CJ at 1 wk	CJ at 1 mo	CJ at 1 D	CJ at 1 wk	CJ at 1 mo	CJ at 1 D	CJ at 1 wk	CJ at 1 mo	
Са	79	66	63	74	58	57	77	67	68	70	62	62	
	(0)	(0)	(0)	(1)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(1)	
Mg	51	26	14	44	16	12	39	24	25	25	15	16	
	(2)	(2)	(1)	(2)	(2)	(2)	(1)	(3)	(1)	(2)	(2)	(2)	
Ρ	86	88	84	82	85	79	86	87	87	83	86	85	
	(1)	(0)	(0)	(0)	(0)	(1)	(0)	(0)	(0)	(0)	(0)	(1)	
S	44	10	3	34	0	0	54	42	30	39	9	7	
	(7)	(1)	(1)	(1)	(0)	(0)	(9)	(4)	(2)	(3)	(0)	(0)	

¹ The number in parenthesis is the standard deviation.

 2 CJ = cheese juice.

Table 6. Composition of minerals in cheese as colloidal form (% of insoluble minerals as % of total minerals)

(Trial	Π
(I I I a I	11)

Minerals		High pH			Low pH			High pH method			High pH method		
Mg/100 g in		method			method			with lactose added			with washing		
cheese or in CJ	1 D	1 wk	1 mo	CJ ² at 1 D	CJ at 1 wk	CJ at 1 mo	CJ at 1 D	CJ at 1 wk	CJ at 1 mo	CJ at 1 D	CJ at 1 wk	CJ at 1 mo	
Са	78	61	56	68	59	54	77	64	64	73	65	63	
	(1)	(1)	(1)	(1)	(1)	(1)	(1)	(0)	(1)	(1)	(0)	(0)	
Mg	46	19	17	25	9	2	38	18	13	38	25	21	
	(1)	(3)	(1)	(0)	(2)	(0)	(4)	(1)	(4)	(0)	(1)	(0)	
Р	85	84	83	82	84	80	84	85	85	83	86	85	
	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(0)	(1)	(0)	(0)	
S	32	9	0	17	3	0	0	0	0	34	22	23	
	(4)	(1)	(0)	(6)	(0)	(0)	(0)	(0)	(0)	(2)	(0)	(0)	

¹ The number in parenthesis is the standard deviation.

 2 CJ = cheese juice.



Concentration		Cheeses fro	m this study		Morris	s et al. (1988)	Broome and Limstowtin (2002)
(mg/100 g)	Cheese CJ at 1 D		CJ at 1 wk	CJ at 1 mo	Cheese	Cheese juice of 1 mo Cheddar	Cheese juice of 20 mo old Cheddar cheese
Са	680~783	391~548	612~743	604~732	688	708	530
К	34~139	175`353	131~328	123~353	96	244	190
Mg	29~38	42~67	58~71	59~75	31	59	45
Na	413~668	1,108~1,425	1,073~1,472	1,048~1,345	798	1895	1500
Р	445~507	167~219	147~203	154~241	499	140	320
S	8~15	16~21	21~29	18~31		Not measur	red/detected

Table 7. Ranges of minerals in cheese and cheese juice (CJ) from two trials

trials (Table 5 and Table 6); which agrees with other studies.

The extent of the changes in colloidal forms of Mg and S in cheese varied in cheeses from both trials (Table 5 and Table 6), indicating that the changes from INSOL to soluble form of these minerals were also dependent on cheese processing variables.

It seems that various minerals associated with colloidal calcium phosphate (CCP) (Horne, 1998) decreased gradually as CCP was solubilized, although some remained in the colloidal form even at 1 mo of ripening. Morris *et al.* (1988) also reported that in 1 mo Cheddar cheese, 57% of total Ca, 88% of total P, 23% of total Mg and 63% of sulphate were still in the colloidal form. Morris *et al.* (1988) reported that Ca, P, acid soluble P and citrate might be expected to be present in the cheese either as part of protein matrix or as crystals of Ca phosphate or Ca citrate, which might form during ripening. They also reported that Mg and citrate may be partly adsorbed to Ca phosphate crystals as exemplified by the presence of these ions in CCP of milk (Horne, 1998).

There was very little change in the colloidal form of P during ripening in all cheeses from both trials (Table 5 and Table 6). Broome and Limsowtin (2002) reported that most of P in cheese juice appear to be present as either inorganic P, casein P or ester P with only a small proportion (~17%) in the soluble inorganic form as phosphate. In this chapter only total P of cheese and cheese juice was

measured and it was hard to tell the proportion of P from total P as colloidal calcium phosphate. Further investigation is needed in this area.

2. Chemical composition of milk and cheese

The lactose content of milk with lactose added was significantly higher than normal milk (Table 2). The moisture content of all HPM cheeses (Table 2) was ~39%, which was significantly (p<0.05) higher than LPM cheese. Cheeses with low manufacturing pH values usually had lower moisture contents compared to cheese from high manufacturing pH methods. The protein contents of cheeses were not significantly different (p<0.05, Table 2).

The residual (1 d) lactose content of LPM ($\sim 0.3\%$) and HPMW ($\sim 0.2\%$) was significantly lower (p < 0.05, Table 2) than the lactose content of other cheeses ($0.6 \sim 0.8\%$). The lower level of lactose content in cheese with a low manufacturing pH method or curd-washing has already been reported.

The lactic acid content of cheese at 1 d ranged from 1.0 to 1.3% method (Table 2). HPMW cheese exhibited little change in lactic acid (Table 2) during ripening due to the curd-washing. There have been other studies that have reported that the lactic acid content in cheese during ripening can be altered depending on the initial lactose content in cheese (if the lactose is fermented to lactic acid) (Huffman and Kristoffersen, 1984: Shakeel-Ur-Rehman *et al.*, 2004).

3. Cheese pH

The pH of all cheeses at 1 d was significantly higher (p<0.05) compared to the cheese pH values at 1 mo (Table 2) except HPMW cheeses. There was no significant change in HPMW cheese pH (Table 2). It is very common to have very small decrease in cheese pH when curd-washing is adopted.

An increase or little change in cheese pH during ripening in cheeses with curd-washing or whey dilution has been reported in other studies (Huffman and Kristoffersen, 1984; Shakeel-Ur-Rehman *et al.*, 2004).

4. Ca equilibrium in cheese

Total Ca content of cheese ranged from 704 to 756 mg/100 g of cheese (Table 2). The total Ca content of HPMW cheese was significantly lower (p<0.05) compared to other HPM cheeses (Table 2). This is very typical for the cheese with washing step (Johnson and Lucey, 2006). During the washing step, soluble Ca was washed out resulting in a lower Ca content compared to cheese made without a washing step (Table 2).

There was decrease in INSOL Ca content of all cheese during ripening (Table 2). A significant decrease in INSOL Ca during ripening has been reported in other studies (Hassan *et al.*, 2004; Lucey *et al.*, 2005).

The initial (1 d) INSOL Ca content was significantly lower (p<0.05) in LPM cheeses compared to other cheeses (Table 2). Lower manufacturing cheese pH values resulted in not only lower total Ca contents but also lower INSOL Ca content of cheese (Table 2). The extent of the decrease in the INSOL Ca content of HPMW cheese was smaller than the other cheese types (Table 2). This was presumably due to the lower formation of lactic acid in this cheese compared to all the other cheeses (Table 2) due to the washing step.

Conclusions

Different cheese manufacturing methods resulted in different levels of residual lactose, lactic acid, INSOL Ca and minerals in cheese and cheese juice. Cheese juice contained various minerals. The total Ca, P, Mg and S content was significantly lower in LPM cheeses compared to other cheeses. Lower proportions of colloidal Ca and Mg at 1 d were observed in HPMW cheeses presumably due to washing removing some of these components. Minerals which were not associated with CCP, such as Na and K, were almost completely in the serum phase of cheese at 1 d. Those minerals which were part of colloidal calcium phosphate were largely retained as a structural component; these minerals exhibited gradual decrease in colloidal form during 1 mo ripening but some amount were still in the colloidal form at 1 mo.

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