# Effects of Turine and Vitamin E on Sperm Viability, Membrane Integrity and Mitochondrial Activity damaged by Bromopropane in Fresh Boar Semen

Seunghyung Lee<sup>1,\*</sup>, Hee-Woo Park<sup>1,\*</sup>, Hee-Tae Cheong<sup>2</sup>, Choon-Keun Park<sup>1</sup> and Boo-Keun Yang<sup>1,†</sup>

<sup>1</sup>College of Animal Life Sciences, Kangwon National University, Chuncheon 24341, Republic of Korea <sup>2</sup>School of Veterinary Medicine, Kangwon National University, Chuncheon 24341, Republic of Korea

# ABSTRACT

The purpose of this study was to examine the effects of taurine and vitamin E on sperm characteristics damaged by bromopropane (BP) in pig. We evaluated toxicity of BP on viability, membrane integrity and mitochondrial activity of spermatozoa. 1-BP (0, 2.5, 5.0, 10, and 50  $\mu$ M), 2-BP (0, 2.5, 5.0, 10, and 50  $\mu$ M), taurine (0, 5.0, 10, and 25  $\mu$ M) and vitamin E (0, 50, 100, and 200  $\mu$ M) were treated in fresh boar semen for 6 h. 10 and 50  $\mu$ M of 1-BP and 2-BP inhibited sperm viability, membrane integrity and mitochondrial activity in fresh boar semen (P<0.05). 25  $\mu$ M of taurine increased sperm viability and membrane integrity (P<0.05), 100  $\mu$ M of vitamin E enhanced viability and mitochondrial activity of sperm (P<0.05). Finally, 10  $\mu$ M of 1-BP and 2-BP was co-treated with taurine (25  $\mu$ M) and vitamin E (100  $\mu$ M) in the fresh boar semen. The co-treated samples did affected viability, membrane integrity and mitochondrial activity of sperm. In conclusion, taurine and vitamin E can improve and maintain sperm quality in fresh boar semen.

(Key words: bromopropane, taurine, vitamin E, viability, membrane integrity, mitochondrial activity)

## INTRODUCTION

Bromopropane (BP) has 1-bromopropane (n-propyl bromide, 1-BP) and 2-bromopropane (isopropyl bromide, 2-BP), is a solvent and the halogenated hydrocarbon, respectively (Ichihara, 2005). BP can disturb the system of immune, nervous and reproduction, and damages reproductive function in humans and animals. Recently studies of exposure to BP reported that 1-BP and 2-BP have a neurotoxic in humans and rats (Ichihara et al., 2002; Honma et al., 2003; Raymond et al., 2007; Mohideen et al., 2011). 1-BP regulates the production of cytokine and nitric oxide in macrophages (Han et al., 2008). Also, 2-BP induced damage of reproductive system in animals, spermatogonia and spermatocytes were decreased by exposure to 2-BP in rats (Kamijima et al., 1997; Nakajima et al., 1997; Yu et al., 1999). In the studies of ovary and testis, 2-BP has a specific toxicity in spermatogonia and oocyte (Omura et al., 1999; Yu et al., 1999). These results indicate that BP induces production of reactive oxygen species, and the cells have damaged by oxidative stress and cytotoxic function.

Reactive oxygen species (ROS) stimulates cellular oxidative

stress, and induces cell death signaling pathway, such as apoptosis. Over-produced oxidants include superoxide, hydrogen peroxide, and hydroxyl radicals. These oxidants contribute to cellular damage and diseases such as cancer, immune-system decline, cardiovascular disease and aging. In mitochondrial function, increased mitochondrial ROS and superoxide cause DNA damage and aging processing in human endothelial cells (Shigenaga et al., 1994; Du et al., 2003). Also, oxidative stress is a main factor for regulating the functionality of sperm in human and animal (Aitken and Curry, 2011). Thus a damage of sperm DNA and a loss of sperm viability are increased by ROS generation in the cells. Generally, antioxidant enzymes are activated for scavenging free radical in cells. Therefore, the sperm are protected from ROS by free radical scavengers and antioxidant enzymes (Rhemrev et al., 2000; Vernet et al., 2004). However, the ejaculated semen is exposed to in vitro environment, thus the spermatozoa is more damaged from oxidative stress. Therefore, antioxidants are a necessary condition for protecting sperm quality in vitro.

In this study, we used taurine and vitamin E antioxidants. Taurine has many biological functions, as antioxidation, mem-

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<sup>\*</sup> Both authors contributed equally to this study.

<sup>\*</sup> Correspondence : bkyang@kangwon.ac.kr

brane stabilization, and cardiovascular function. Vitamin E is the main lipid-soluble antioxidant in the body, and it can stop the production of reactive oxygen species in cell membranes (Herrera *et al.*, 2001). We designed experiments, first, 1-bromopropane (n-propyl bromide, 1-BP) and 2-bromopropane (isopropyl bromide, 2-BP) were treated in the semen. Secondly, antioxidants, taurine and vitamin E, were treated. And finally, bromopropanes and antioxidants were treated in the fresh boar semen. Then we evaluated sperm viability, membrane integrity, and mitochondrial activity in fresh boar semen.

# MATERIALS AND METHODS

#### 1. Reagents and Sperm Preparation

1-Bromopropane (1-BP), 2-bromopropane (2-BP), taurine and vitamin E were purchased from Sigma-Aldrich (St. Louis, Missouri, USA). Bore semen was collected from the local AI center (Wonju, Kangwon, Korea), diluted to concentration of  $3.0 \times 10^6$  sperm in 1 ml Beltsville thawing solution (BTS) extender, and transported to the laboratory at 17 °C within 2 h. The semen was incubated 1-BP and 2-BP (2.5, 5, 10, and 50  $\mu$ M), taurine (5, 10, and 25 mM), and vitamin E (50, 100, and 200) for 6 h at 37 °C. The viability, motility, mitochondria activity and membrane integrity of sperm were evaluated. All procedures that involved the use of animals were approved by the Kangwon National University Institutional Animal Care and Use Committee (KIACUC-09-0139).

### 2. Sperm Viability

Viability of spermatozoa was evaluated after treatment with bromopropanes (1-BP and 2-BP) and/or taurine and vitamin E for 6 h. After treatment, 100 µl of sample was stained with 10 µl propidium iodide (0.5 mg/ml in PBS), and incubated at 3  $7^{\circ}$ C for 5 min. Then 10 µl of Hoechst 33342 (0.5 mg/ml) was added in the sample, and the mixed samples incubated for 10 min at  $37^{\circ}$ C in the dark. After incubation, 20 µl of sperm sample was placed on slide glass, and observed under an epifluorescence microscope at 400× magnification (Zeiss, Axioskop, Germany). The detected fluorescence spectra were 460/500 nm. For sperm motility, 20 µl of sample was placed on prewarmed slide glass, and then sperm viability was examined using a fluorescence microscope (Zeiss, Axioskop, Germany). The plasma membrane integrity was evaluated using hypoosmotic swelling test (HOST). 100  $\mu$ l sperm sample was mixed with 1 ml hypo-osmotic solution (150 mOsm, 7.35g Na-citrate and 13.51 g fructose in 1 l water), and incubated for 30 min at 37 °C. Finally, 20  $\mu$ l of sample was placed on a glass slide, and covered with a pre-warmed-cover glass. The sperm tails and heads were observed under a phase contrast microscope at 400× magnification (Nikon, Eclipse TE300, Japan).

#### 4. Mitochondrial Activity

Mitochondrial activity was measured by Rhodamin123 (R123) and propidium iodide (PI) staining. 1 ml sample was treated with 3  $\mu$ l R123 (2.0 mg/ml), and stained at 37 °C for 15 min in dark room. After the sample was centrifuged at 1,500× g for 5 min, supernatant was removed and diluted in 1 ml PBS. Finally, R123-treated sample was mixed with 10  $\mu$ l PI for 10 min in dark room. For observing mitochondrial activity of sperm, 20  $\mu$ l of sperm sample was moved to a slide glass, and covered with a cover glass. Slide glass and cover glass were pre-heated at 37 °C. Samples were evaluated by fluorescence microscope on 400× magnification (Zeiss, Axioskop, Germany). R123 and PI were measured in 490/515 and 545/590 nm filters, respectively.

#### 5. Statistical Analysis

Data were compared for differences using of Duncan's modified multiple range tests using Statistical Analysis System software version 9.2 (SAS Institute Inc. USA). All values were presented as mean±the standard effort of the mean (SEM). A 5% probability was considered significant.

### RESULTS

# 1. Bromopropane, 1-BP and 2-BP, Inhibits Sperm Characteristics in Fresh Boar Semen

1-BP and 2-BP decreased viability, membrane integrity and mitochondrial activity of spermatozoa in a dose-dependent manner (Table 1 and 2). 10 and 50  $\mu$ M of 1-BP (Table 1) and 2-BP (Table 2) significantly inhibited sperm viability and membrane integrity (*P*<0.05), but did not affect the sperm characteristics on low concentration of bromopropane (2.5  $\mu$ M). We also determined sperm mitochondrial activity in 1-BP- and 2-BP-treated boar semen. Mitochondrial activity was decreased on 5, 10, and 50  $\mu$ M of bromopropanes (Table 1 and 2, *P*<

1-BP (μM)	Viability (%)	Membrane integrity (%)	Mitochondrial activity (%)
0	77.2±1.9 <sup>a</sup>	33.8±1.1 <sup>a</sup>	66.8±1.3ª
2.5	73.2±1.4ª	31.2±1.0 <sup>ab</sup>	$56.4 \pm 2.2^{b}$
5.0	65.4±1.7 <sup>b</sup>	28.5±1.2 <sup>bc</sup>	54.8±1.0 <sup>b</sup>
10	59.5±2.1°	25.1±2.1 <sup>cd</sup>	50.3±1.4°
50	$48.2 \pm 1.4^{d}$	23.5±1.8 <sup>d</sup>	40.8±1.5 <sup>d</sup>

Table 1. Effects of 1-BP on sperm viability, membrane integrity and mitochondrial activity in fresh boar semen

a-d Different superscripts within same column are significantly differ. P<0.05.</p>

Values are the mean±S.E.M of three experiments.

Table 2. Effects of 2-BP on sperm viability, membrane integrity and mitochondrial activity in fresh boar semen

$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	2-BP (μM)	Viability (%)	Membrane integrity (%)	Mitochondrial activity (%)
5.0 $61.4\pm2.0^{b}$ $24.6\pm2.1^{b}$ $57.3\pm2.3^{a}$ 10 $52.3\pm2.4^{b}$ $21.7\pm1.3^{bc}$ $49.8\pm1.2^{b}$	0	65.1±1.4 <sup>a</sup>	33.6±1.3ª	62.1±2.2ª
$10   52.3\pm2.4^{b}   21.7\pm1.3^{bc}   49.8\pm1.2^{b}$	2.5	61.7±1.3 <sup>b</sup>	30.5±1.2 <sup>a</sup>	59.8±1.6 <sup>a</sup>
	5.0	61.4±2.0 <sup>b</sup>	24.6±2.1 <sup>b</sup>	57.3±2.3ª
50 $34.0\pm1.3^{\circ}$ $19.8\pm1.3^{\circ}$ $36.6\pm2.0^{\circ}$	10	52.3±2.4 <sup>b</sup>	21.7±1.3 <sup>bc</sup>	49.8±1.2 <sup>b</sup>
	50	34.0±1.3°	19.8±1.3°	36.6±2.0°

<sup>a-c</sup> Different superscripts within same column are significantly differ, P<0.05.</p>

Values are the mean±S.E.M of three experiments.

0.05). Thus 10  $\mu$ M of 1-BP and 2-BP was used to examine the effects of antioxidant (taurine and vitamin E) on sperm characteristics.

#### 2. Taurine Enhances Sperm Viability and Membrane Integrity

Taurine regulated the viability and membrane integrity of sperm in fresh boar semen. Sperm viability and membrane integrity were significantly increased in 25  $\mu$ M taurine-treated sample than control and low concentrations (5 and 10  $\mu$ M, Table 3, *P*<0.05). The mitochondrial activity of sperm was not stimulated by taurine.

 Vitamin E Increases Viability and Mitochondrial Activity of Sperm Vitamin E enhanced sperm viability and mitochondrial activity in fresh boar semen. 100 μM vitamin E increased sperm

Taurine (mM)	Viability (%)	Membrane integrity (%)	Mitochondrial activity (%)
0	74.3±1.2 <sup>a</sup>	21.9±1.4ª	76.4±1.9
5	77.2±1.3 <sup>a</sup>	23.7±1.0 <sup>a</sup>	77.3±1.6
10	$78.1{\pm}1.2^{a}$	24.4±1.1 <sup>a</sup>	77.5±1.6
25	81.0±1.8 <sup>b</sup>	26.6±1.3 <sup>b</sup>	77.2±1.8

Table 3. Effects of taurine on sperm viability, membrane integrity

and mitochondrial activity in fresh boar semen

<sup>a,b</sup> Different superscripts within same column are significantly differ, *P*<0.05.</p>

Values are the mean±S.E.M of three experiments.

viability, but not low (50  $\mu$ M) and high (200  $\mu$ M) concentrations (Table 4, *P*<0.05). On the other hand, the membrane integrity of sperm was not regulated in all treatments. Mitochondrial activity was significantly stimulated in 100 and 200  $\mu$ M vitamin E-treated semen (Table 4, *P*<0.05).

 Taurine and Vitamin E can protect Spermatozoa from Bromopropane Damage

25  $\mu$ M taurine and 100  $\mu$ M vitamin E were treated with 1-BP (10  $\mu$ M) and 2-BP (10  $\mu$ M) in fresh boar semen for 6 h. Sperm viability in 1-BP samples was increased by taurine, and membrane integrity in 2-BP samples was increased by taurine and vitamin E (Table 5, *P*<0.05). Mitochondrial activity in bromopropane-treated fresh boar semen was not changed by taurine and vitamin E.

## DISCUSSION

Table 4. Effects of vitamin E on sperm viability, membrane integrity and mitochondrial activity in fresh boar semen

Vitamin E (µM)	Viability (%)	Membrane integrity (%)	Mitochondrial activity (%)
0	55.0±1.2 <sup>a</sup>	26.2±0.9	66.1±2.9 <sup>a</sup>
50	55.1±1.7 <sup>a</sup>	27.6±0.9	70.2±1.3 <sup>a</sup>
100	60.4±1.5 <sup>b</sup>	28.4±1.3	72.1±1.3 <sup>b</sup>
200	57.6±2.0 <sup>a</sup>	29.0±1.6	72.1±0.7 <sup>b</sup>

<sup>a,b</sup> Different superscripts within same column are significantly differ, P<0.05.</p>

Values are the mean±S.E.M of three experiments.

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Treatments	Viability (%)	Membrane integrity (%)	Mitochondrial activity (%)
Control	71.1±1.9	26.0±1.3	75.0±0.7
1-BP	57.0±2.8	24.3±0.6	59.4±1.1
1-BP+T	62.5±2.2*	25.0±0.7	69.1±0.7*
1-BP+Vit E	60.9±2.9	24.0±0.6	$70.0{\pm}0.6^{*}$
2-BP	58.1±1.1	22.3±0.8	59.2±1.9
2-BP+T	60.3±2.8	25.5±0.6**	71.5±2.0**
2-BP+Vit E	60.5±2.9	25.6±0.9**	72.6±1.6**

Table 5. Effects of taurine and vitamin E on sperm viability, membrane integrity and mitochondrial activity in bromopropanetreated fresh boar semen

1-BP, 10  $\mu M$  1-bromopropane; 2-BP, 10  $\mu M$  2-bromopropane; T, 25 mM taurine; Vit E, 100  $\mu M$  vitamin E.

\* Asterisk shows a significant difference between 1-BP- and antioxidants-treated groups (*P*<0.05).

\*\* Asterisk shows a significant difference between 2-BP- and antioxidants-treated groups (P<0.05).</p>

Bromopropane can damage the immune system, nervous system, and reproductive system and their functions in animals and humans. Specially, the exposure of 1-BP and 2-BP showed that the tailless sperm increased in the 1-BP exposure, and abnormal head of sperm increased in the 2-BP exposure in rats (Zhang et al., 2013). They are suggested that bromopropane is an important play in the reproductive system. In this study, bromopropane, 1-BP and 2-BP, deeply regulated sperm characteristics in the fresh boar semen. Briefly, sperm viability was decreased by both 1-BP and 2-BP, and membrane integrity and mitochondrial activity were also inhibited, suggesting bromopropane is one of interruption factor in the male reproduction system. However, any groups have not yet been reported about the mechanism in the sperm. In the C2C12 cells, extracellular signal-regulated kinase and c-Jun N-terminal kinase were inhibited by 1,2-dibromopropane, this group suggested that bromopropane regulates cell functions through the ERK/JNK signal pathway (Jeong et al., 2014). Although they used mesenchymal stem cells, we can think the regulation of sperm damage and bromopropane in the ERK/JNK signal pathway. Also, 1-BP increased cyclooxygenase-2 protein and mRNA levels in murine macrophages, and activated Akt and mitogen-activated protein kinases (Han et al., 2012). Interestingly, 1-BP regulates both the ERK/JNK and the Akt/ERK and p38 MAP signal pathway

in the cells. These results indicate that bromopropane may inhibit sperm viability and activation.

Oxidative stress is a main factor for processing cell damage and apoptosis. Apoptosis is induced by the action of reactive oxygen species. Thus, deoxidization is important in the ejaculated semen for protecting sperm viability and quality. Antioxidants have a role of free radical scavenger in oocyte maturation and embryo development (Walker et al., 1992), and improve embryo cell culture system in vitro (Lonergan et al., 1999; van Soom et al., 2002). They suggested that deoxidization is an essential function in the cells for growing and maintaining of homeostasis. In this study, we used taurine and vitamin E such as antioxidants. Sperm viability, membrane integrity and mitochondrial activity in the boar fresh semen were increased by taurine and vitamin E. Similarly, Liu et al. (2015) reported that the treatment of taurine and vitamin E in the red seabream sperm improved sperm motility, membrane integrity and mitochondrial function. Also, Higuchi et al. (2012) suggested that taurine modulates superoxide dismutase and play an important role in the protection of gem cells. In our experiments, we induced oxidative stress using bromopropane in boar fresh semen, and then treated antioxidants, taurine and vitamin E. The sperm quality was recovered in the induced oxidative stress semen. The results indicate bromopropane can inhibit the activity of superoxide dismutase, catalase and glutathione, and produce free radicals in the cells. However, taurine and vitamin E may be a helper in the cell damaged by bromopropane.

In conclusion, bromopropane can promotes oxidative stress via excess oxygen and inhibition of antioxidant enzymes, but taurine and vitamin E may maintain sperm viability and quality in the boar fresh semen.

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