

## Severe Mitral Regurgitation due to Traumatic Anterolateral Papillary Muscle Rupture: A Case Report

Chul Ho Lee, M.D., Oh Choon Kwon, M.D., Sub Lee, M.D., Jae Seok Jang, M.D.

A 29-year-old man was admitted for abrupt dyspnea and hemoptysis. An echocardiogram revealed severe mitral regurgitation due to papillary muscle rupture for which an emergency mitral valve replacement operation was performed 4 days after admission. Herein, we report our experience with this case along with a review of the literature.

Key words: 1. Papillary muscles  
2. Mitral valve insufficiency

### CASE REPORT

A 29-year-old man was admitted for dyspnea and hemoptysis via the emergency department. His medical history was unremarkable. Ten hours before admission, he was involved in an automobile accident in which his car crashed into a tree along the street. At that time, he was not wearing his seat belt and was driving under the influence of alcohol. He was initially treated at a local medical center where, after a battery of diagnostic and imaging work-ups, which included brain and chest computed tomography (CT), he was assessed to be fine except for a nasal bone fracture. However, after several hours, he experienced abrupt dyspnea and hemoptysis (about 40 mL) for which he promptly visited the emergency department of our hospital. On arrival, he was mentally alert with a blood pressure of 130/80 mmHg, a pulse rate of 140 beats per minute (bpm), a respiratory rate of 25 bpm, body temperature of 36.5°C, and SpO<sub>2</sub> of 70% after 10 L of O<sub>2</sub> by mask. On lung auscultation, we heard rales. The echocardiogram findings were compatible with acute myocardial in-

farction and sinus tachycardia. Laboratory findings showed creatine kinase-MB (CK-MB) of 75.2 ng/mL and troponin I of 15.04 ng/mL. An initial chest X-ray showed mild consolidation and ground-glass opacity in both lung fields (Fig. 1). On arterial blood gas analysis, the pulmonary arterial oxygen saturation was 43.1 mmHg. Traumatic lung contusion was suspected, and due to the severe dyspnea the patient was placed on mechanical ventilation. A serial chest X-ray a few hours later showed aggravated bilateral lung consolidation. Despite inotropic support, hemodynamic instability persisted, for which transthoracic echocardiography (TTE) and transesophageal echocardiography (TEE) were performed on hospital day 4 (Fig. 2). The findings revealed an acute mitral regurgitation due to papillary muscle rupture necessitating emergency cardiac surgery.

We performed an emergency operation. The right ventricle and atrium appeared distended. Hematoma and tearing were found around the anterolateral left ventricular (LV) wall, and the myocardium of this area was akinetic. A standard cardiopulmonary bypass with bicaval cannulation was initiated,

Department of Thoracic and Cardiovascular Surgery, Catholic University of Daegu School of Medicine

Received: May 25, 2012, Revised: July 11, 2012, Accepted: July 15, 2012

Corresponding author: Oh Choon Kwon, Department of Thoracic and Cardiovascular Surgery, Catholic University of Daegu School of Medicine, 33 Duryugongwon-ro 17-gil, Nam-gu, Daegu 705-718, Korea  
(Tel) 82-53-650-4564 (Fax) 82-53-629-6963 (E-mail) ockwon@cu.ac.kr

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**Fig. 1.** Chest X-ray showing right dominant lung consolidation.



**Fig. 2.** Transthoracic echocardiographic image showing avulsion of the papillary muscle.

and cold hematic cardioplegia was performed for myocardial protection after aortic cross-clamping. As active bleeding from the anterolateral LV wall tear was no longer noted, the lesion was reinforced with the application of Tachocomb (4×6 cm; CSL Behring, Tokyo, Japan), BioGlue (CryoLife, Kennesaw, GA, USA), and Surgicel (Johnson & Johnson, New Brunswick, NJ, USA). The left atrial cavity was approached through a transseptal atrial incision, which revealed a completely detached anterolateral papillary muscle head and rupture of the accessory chordae tendineae (Fig. 3). The detached papillary muscle was necrotic and edematous. As mitral valve replacement was judged to be the best therapeutic



**Fig. 3.** Anterior leaflet of the mitral valve with attached anterolateral papillary muscle.

option, mitral valve replacement was performed with a 27 mm (SJM 27MECJ-502 mitral valve; St. Jude Medical Inc., St. Paul, MN, USA) mechanical valve.

As the patient showed rapid symptomatic improvement, he was extubated on post-operative day 2. A pericardiostomy was performed on post-operative day 20 for significant pericardial effusion. Afterwards, the patient improved gradually.

## DISCUSSION

The total number of car accidents has steadily decreased over the years due to a growing awareness of the need to sustain traffic order and to provide continuing traffic safety education. However, the majority of major cases of trauma warranting an emergency center visit are still attributed to automobile accidents. Complications from blunt chest trauma may range over a wide spectrum of complications from being asymptomatic to experiencing major injuries such as cardiac rupture. The aortic valve is the most frequently involved heart valve in trauma, followed by the mitral and tricuspid valves [1]. Mitral regurgitation caused by papillary muscle rupture is a very rare complication. Parmley et al. [2] described papillary muscle rupture in only 24 out of 546 autopsy cases of non-penetrating chest trauma. Only a few cases have been reported in Korea as well.

The transfer of kinetic energy to a victim's chest from the sudden deceleration in an automobile accident can cause valvular injury. The atrioventricular valves are most susceptible to damage by deceleration of the automobile or compression of the heart and blood column when closed in systole [3]. Papillary muscle rupture usually causes mitral insufficiency after a non-penetrating cardiac injury [4]. On initial trauma, symptoms can appear immediately if the damaged papillary muscle abruptly ruptures. A contused papillary muscle can also rupture later, leading to symptoms at a later time [5].

Frazeo et al. [6] suggested that two-dimensional echocardiography should be performed if the CK and CK-MB values increase for 24 hours after admission. Transthoracic echocardiography is usually an especially apt modality for diagnosing papillary muscle rupture. However, when patients have chest wall tenderness, pneumothorax, pneumomediastinum, or ventilator dependence, the window for performing a TTE may be extremely limited. In these situations, TEE is a better modality. A major advantage of TEE over TTE is the ability to provide better resolving power. Therefore, TEE is a superior method for assessing intrathoracic pathologic processes such as papillary muscle rupture [7]. Therefore, it is important to include not only blood samples and chest radiography but also TTE and TEE when initially assessing a patient with severe chest trauma who is visiting an emergency department.

Generally, in the case of mitral regurgitation caused by blunt chest trauma, the treatment options are mitral valve repair or replacement. After considering the status of the mitral apparatus, extent of damage, and estimated probability of success, we should decide whether valve replacement or valve repair can be performed [8]. Of the two methods, there is no absolute standard or consensus on choosing one over the other. The choice should be based on the characteristics of each case individually.

In this case, there was no definite rib or sternal fracture. In the radiologic examination, there was right dominant con-

solidation on the lung field. We performed lung auscultation, but did not closely perform cardiac auscultation, managing this patient in accordance with lung contusion treatment. However as a result, the cause of hemodynamic instability and hypoxemia was cardiac injury. Lung injury is relatively easier to access and examine using X-ray and CT. On the other hand, a cardiac injury is easy to miss because it is difficult to find on an X-ray or CT, and cardiac injury is also rare. Therefore, in the case of chest trauma, especially from a traffic accident, we should consider the possibility that accompanying injuries may be hidden.

#### CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

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