The relationships between clinical variables and renal parenchymal disease in pediatric clinically suspected urinary tract infection

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= Abstract =

Purpose: To evaluate the significance of clinical signs and laboratory findings as predictors of renal parenchymal lesions and vesicoureteral reflux (VUR) in childhood urinary tract infection (UTI).

Methods: From July 2005 to July 2008, 180 patients admitted with a first febrile UTI at the Pediatric Department of Konkuk University Hospital were included in this study. The following were the clinical variables: leukocytosis, elevated C-reactive protein (CRP), positive urine nitrite, positive urine culture, and fever duration both before and after treatment. We evaluated the relationships between clinical variables and dimercaptosuccinic acid (DMSA) scan and voiding cystourethrography (VCUG) results.

Results: VCUG was performed in 148 patients; of them, 37 (25.0%) had VUR: 18 (12.2%) had low-grade (I-II) VUR, and 19 (10.5%) had high-grade (III-V) VUR. Of the 95 patients who underwent DMSA scanning, 29 (30.5%) had cortical defects, of which 21 (63.6%) had VUR: 10 (30.3%), low-grade (I-II) VUR; and 11 (33.3%), high-grade VUR. Of the 57 patients who were normal on DMSA scan, 8 (14.0%) had low-grade VUR and 6 (10.5%) had high-grade VUR. The sensitivity, specificity, and positive and negative predictive values of the DMSA scan in predicting high-grade VUR were 64.7%, 69.9%, 33.3%, and 89.5%, respectively. Leukocytosis, elevated CRP, and prolonged fever (≥36 hours) after treatment were significantly correlated with the cortical defects on DMSA scans and high-grade VUR.

Conclusion : Clinical signs, including prolonged fever after treatment, elevated CRP, and leukocytosis, are positive predictors of acute pyelonephritis and high-grade VUR. (Korean J Pediatr 2010;53:222-227)

Key Words: Urinary tract infection, Vesicoureteral reflux, Tc-99m Dimercaptosuccinic acid, Child

Introduction

Urinary tract infection (UTI) is a common bacterial infection identified in young, febrile children¹⁾. UTI may be limited to the bladder (cystitis) or can also involve the renal parenchyma (pyelonephritis)²⁾. The clinical presentation of UTI may be non-specific and varies depending on factors such as the age of the child and the severity of infection³⁾. Accurate diagnosis based on clinical presentation and positive urine culture is often difficult, particularly in infants

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and children. Children with renal involvement are at risk of permanent renal damage, which may give rise to severe sequelae such as hypertension, preeclampsia and renal failure^{4, 5)}. Recurrent infections, renal scarring and vesico-ureteral reflux (VUR) are risk factors for the development of progressive renal damage^{6, 7)}. Therefore, it is necessary to find a predictor of acute pyelonephritis (APN) and high grade (III–V) VUR from clinical variables and laboratory findings. Prior studies have investigated factors associated with renal scarring in children with a UTI, but their outcomes had some differences^{8, 9)}.

The aim of this study was to evaluate the value of clinical signs, such as fever duration and leukocytosis, elevated CRP, and positive urine nitrite, for identifying children at risk of APN or high grade VUR. We designed this study to assess factors that might influence the identification of renal parenchymal lesions, including leukocytosis, CRP, urine

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nitrite, positive urine culture, median time of fever duration before and after treatment, and abnormalities of imaging studies in children with febrile UTI.

Materials and methods

We reviewed the medical records of 180 patients who presented with a first febrile UTI episode from July 2005 to July 2008 at the Department of Pediatrics, Konkuk University. Of these patients, 88 (48.9%) were boys and 92 (51.1%) were girls; 149 (83%) were less than five years of age; 31 (17%) were older than five years; their ages ranged from one month to 17 years old.

1. Subjects

Inclusion criteria were as follows: fever, with a temperature $\geq 38^{\circ}$ C and positive urine culture result which growth of single organism with colony counts equal to or greater than 100,000 colony-forming units per mL. Also, a urine was cultured if UTI was clinically and strongly suspected. All urine samples were immediately sent for culture. Common contaminations, including Lactobacillus species, Corynebacterium species, coagulase negative staphylococci and alpha hemolytic streptococci were excluded. Patients with a previous history of UTI, structural abnormalities such as a neurogenic bladder, posterior urethral valve, ureteroceles or a congenital disorder were excluded from this study. The study sample included 68 children with negative urine cultures who had evidence of UTIs based on predetermined criteria. The criteria included essential and supportive criteria. Three essential criteria used were (a) fever (\geq 38° without focus, (b) alterations in the urinary sediment (such as pyuria >10 cells/HPF, bacteriuria, hematuria, positive urine nitrite), (c) negative urine culture. Four supportive criteria used were (a) elevated CRP, (b) leukocytosis, (c) antibiotic therapy prior to hospitalization, (d) abnormalities of DMSA scan¹⁾. Children who fulfilled all 3 essential criteria and 2 supportive criteria were included in the study. They were considered as UTI. We decided these essential and supportive criteria in the light of the clinical practices and in reference to the prior $study^{1}$.

2. Method for imaging studies

Imaging studies including US, VCUG and DMSA renal scans, were performed on all patients, except in cases for which it was not possible to obtain parental permission during hospitalization. US was undertaken on the day of admission or on the next day. Abnormalities observed on US were identified as increased echogenicity, dysplasia, bladder anomalies, ureteral dilatation and hydronephrosis. Diagnosis of hydronephrosis was based on the criteria established by the Society for Fetal Urology¹⁰⁾. VCUG was performed after acute inflammation subsided (negative urine culture and fever subsidence) before patients were discharged from the hospital. A 6 or 8 French Nelaton catheter was inserted into the bladder through the urethra and then connected to a bottle of contrast material; the contrast was dispensed by gravity into the bladder until it was filled. Then a series of images was obtained to determine whether any liquid had traveled backwards into one or both ureters while the patient emptied his or her bladder. VUR grading was based on the criteria of the International Reflux Study in Children¹¹⁾. VUR was graded as mild, moderate, or severe: grades I and II correspond to mild, grade III to moderate, and grades IV and V to severe $reflux^{12}$. The patients were divided into two groups according to the results of the VCUG. Patients with an absence of VUR or with mild VUR (I-II) made up Group 1, and those with a VUR grade of III or higher were placed into Group 2. Lower grades of reflux are much more likely to resolve than are higher grades, but children with high grade reflux who acquire a UTI are at significant risk for pyelonephritis and renal scarring.

DMSA scans were performed during hospitalization and again six months later. The scans were performed four to six hours after intravenous injection of an age-adjusted dose of 2 MBq/kg of 99m-Tc-DMSA (minimum dose: 40 MBq, maximum dose: 100 MBq). When possible, pinhole images were obtained in the anterior, posterior, and right and left oblique projections with a 256×256 matrix for a duration of five minutes each with a camera equipped with a high-resolution, low energy collimator.

A kidney uptake of 45–55% of the total renal activity was considered to be normal (symmetrical renal split function)¹²⁾. A positive DMSA result was defined as the presence of any of the following: a cortical defect or scarring; focal or diffuse areas of reduced radionuclide uptake; large, small, or absent kidneys; possible duplex kidney. On the DMSA scan, APN was defined as the presence of focal or diffuse areas of reduced uptake of radionuclide with preservation of the normal reniform outline, or by the presence of diffusely decreased uptake in an enlarged kidney. Renal scarring was defined by the presence of decreased radionuclide uptake associated with loss of the reniform outline or the presence of cortical thinning with decreased volume¹³⁾.

The data were analyzed using SPSS version 12.0 software (SPSS Inc., Chicago, IL, USA). Relationships between variables were studied using the Chi-square test and ANOVA. *P*-values below 0.05 were considered statistically significant.

Results

1. Clinical characteristics in study patients

Out of a total of 180 patients, 112 (62.2%) were urine culture positive and 68 (37.8%) were urine culture negative; 51 (28.3%) were urine nitrite positive and 129 (71.7 %) were urine nitrite negative. The average duration of fever was 4.67 days. The median values of WBC and CRP were 14,820/mm³, 4.69 mg/dL, respectively. Seventy-one (39.4%) patients presented with leukocytosis (\geq 15,000/ mm³) and 78 (43.3%) had an elevated CRP (\geq 3 mg/dL) on admission. The median durations of fever before and after therapy were 48 and 36 hours, respectively. The number of cases with a duration of fever more than 36 hours after therapy was 55 (30.6%), and 73 (40.6%) patients experienced a duration of fever more than 48 hours prior to therapy (Table 1).

2. Imaging study results

US was performed in 160 (88.9%) of the 180 patients. US was abnormal in 51 (31.9%). VCUG was performed in 148 (82.2%) patients. Of these, 37 (25% patients) had

Table 1. Clinical Characteristics of Study Patients

Variables	Patients(n=180)				
variables	Positive (n)	(%)	Negative (n)	(%)	
Urine culture	112	62.2	68	37.8	
Urine nitrite	51	28.3	129	71.7	
Leukocytosis	71	39.4	109	60.6	
(≥15,000/mm3)					
Elevated CRP $(\geq 3 \text{ mg/dL})$	78	43.3	102	56.7	
Duration of fever after Tx (>36 hours)	55	30.6	125	69.4	
Duration of fever before Tx. (≥48 hours)	73	40.6	107	59.4	

Abbreviations : CRP, C-reactive protein; Tx, Treatment

VUR; 18 had grades I and II, 8 had grade III and 11 had grades IV and V. The DMSA scan was performed in 95 patients (52.8%), and 29 (30.5%) of them had cortical defects (Table 2).

In this study, the patients undergoing VCUG with culture negative were 55. Of them 14 (25.5%) had VUR and the prevalence of high grade (III-V) VUR was 7.3% (4/55). The DMSA scans were abnormal in 8 (22.2%) of 36 patients with culture negative.

3. Comparison of clinical variables between grades of VUR

VCUG was performed in 148 patients, and 37 of them had VUR. We divided these 37 cases of VUR into two groups according to the duration of fever after treatment. Eleven cases of one group (fever duration <36 hours) had VUR: eight (72.7%) with grades I or II, three (27.3%) with grade III, and none with grades IV and V. Twenty-four cases of the other group (fever duration \geq 36 hours) were diagnosed with VUR : nine (37.5%) with grades I and II, five (20.8%) with grade III, and ten (41.7%) with grades IV and V.

We detected a statistically significant relationship between having a prolonged fever after therapy and the high grade (III-V) VUR (P=0.036). However, we did not detect a statistically significant relationship between fever duration before therapy and the high grade VUR (P>0.05). Both WBC counts ($\geq 15,000$ /mm³) and CRP (≥ 3.0 mg/dL) were elevated in patients who had high grade VUR, and this elevation was the statistically significant (Table 3).

4. Comparison of clinical variables on results of DMSA scans

The relationship between fever duration after therapy

Table 2. Imaging Study Results

Imaging study	Results	Number (%)
Renal US (n=160)	Normal	109 (67.8%)
	Abnormal	51 (31.9%)
VCUG (n=148)	Normal	111 (75.0%)
	Grade I+II	18 (12.2%)
	Grade III	8 (5.4%)
	Grade IV+V	11 (7.4%)
DMSA scan (n=95)	Normal	66 (69.5%)
	Abnormal	29 (30.5%)

Abbreviations : DMSA, dimercaptosuccinic acid; US, ultrasonography; VCUG, voiding cystourethrogram

			VUR		
Variables		Group 1 (%)		Group 2	(%)
	None (1)	G I, II	(1)+(2)	G III, IV & V	Р*
FD (1)					
<48 hrs	61 (74.4)	9 (10.9)	70 (85.4)	12 (14.6)	>0.05
≥48 hrs	52 (78.8)	8 (12.1)	60 (90.9)	6 (9.1)	
FD (2)					
⟨36 hrs	69 (86.3)	8 (10.0)	77 (96.3)	3 (3.8)	0.036
≥36 hrs	44 (64.7)	9 (13.2)	53 (77.9)	15 (22.1)	
CRP (mg/dL)					
<3.0	66 (85.7)	7 (9.1)	73 (94.8)	4 (5.1)	0.002
≥3.0	45 (63.4)	11 (15.5)	56 (78.9)	15 (21.1)	
WBC (/mm ³)					
<15,000	69 (81.2)	10 (11.8)	79 (92.9)	6 (7.1)	0.01
≥15,000	42(66.7)	8 (12.7)	50 (79.4)	13 (20.6)	

Table 3. Comparison of Clinical Variables between Group 1 and Group 2

Group 1: Patients without VUR and with VUR grade I, II

Group 2: Patients with VUR grade III, IV & V

FD (1): Duration of fever before therapy

FD (2): Duration of fever after therapy

Abbreviations : VUR, vesicoureteral reflux; G, grade; hrs, hours; CRP, C-reactive protein; WBC, white blood cells

Table 4. Comparison of Clinical Variables with respect to the Results of Dimercaptosuccinic Acid (DMSA) Scans

V	DMSA Scan			
variables –	Normal (%)	Abnormal (%)	Р	
FD (1)				
⟨48hrs	34 (69.4)	15 (30.6)	>0.05	
≥48hrs	31 (67.4)	15 (32.6)		
FD (2)				
<36 hrs	40 (88.9)	5 (11.1)	0.009	
≥36 hrs	25 (50.0)	25 (50.0)		
CRP (mg/dL)				
<3.0	39 (90.7)	4 (9.3)	0.003	
≥3.0	27 (51.9)	25 (48.1)		
WBC (/mm ³)				
<15,000	42 (80.8)	10 (19.2)	0.011	
≥15,000	23 (53.5)	20 (46.5)		

FD (1): Duration of fever before therapy

FD (2): Duration of fever after therapy

Abbreviations : CRP, C-reactive protein; WBC, white blood cells; DMSA, Dimercaptosuccinic acid renal scan

and the presence of a cortical defect in the DMSA scan is summarized in Table 4 (P=0.009). Additionally, statistical significance was identified from the comparison of elevated CRP and leukocytosis with results from DMSA scans. In this study, however, clinical variables such as fever duration before therapy and positive urine culture did not predict APN or high grade VUR.

Relationship between renal parenchymal lesions in DMSA scans and presence of high grade (III-V) VUR

In 90 patients, VCUG and DMSA scans were performed during the acute phase of UTI. An abnormal DMSA scan was significantly correlated with the presence of high grade VUR (P<0.001). The sensitivity, specificity, and positive and negative predictive values of the DMSA scan in predicting high grade VUR were 64.7%, 69.9%, 33.3% and 89.5 %, respectively (Table 5).

Discussion

Approximately two-thirds of young children with febrile UTI will have APN, which involves infection and inflammation of the kidneys and ureters^{14, 15)}. Between 15% and 52 % of children with APN will go on to develop subsequent renal scarring¹⁶⁾.

Children with UTIs are screened for VUR because VUR is the strongest predictor of renal scarring. The prevalence of VUR reported in larger epidemiological studies ranges between 30 and 40% for all childhood UTIs¹⁷⁾. Most observed VUR is a low grade¹⁸⁾. In some studies, patients with high grade VUR are four to six times more likely to have scarring than those with low grade VUR, and they are also eight to ten times as likely as those with no VUR¹⁸⁻²⁰⁾. In the light of long-term prognosis and the need for anti-

	Vesicoureteral reflux				
Results of DMSA scan	Group I (%)			Group II (%)	
	None	Grade I–II	Total	Grade III-V	
Normal	43 (75.4)	8 (14.0)	51 (89.5)	6 (10.5)*	
Abnormal	12 (36.4)	10 (30.3)	22 (66.7)	11 (33.3)*	

Table 5. The Association between Renal Parenchymal Lesions in Dimercaptosuccinic Acid (DMSA) Scans and Presence of High-grade Vesicoureteral Reflux (VUR) (grade III-V)

Group 1: Patients without VUR(1) and with VUR grade I, II(2) Group 2: Patients with VUR grade III, IV & V

P < 0.001

Abbreviations : DMSA, dimercaptosuccinic acid renal scan; VUR, vesicoureteral reflux

microbial prophylaxis, our study focused on the detection of high grade VUR. The results of this study revealed that DMSA scanning had a high negative predictive value for ruling out high grade VUR²¹⁾, but DMSA scanning had a low positive predictive value. Moreover, high grade VUR was present in 10.5% of patients with normal DMSA scans. A previous study revealed that starting the imaging work-up with an early DMSA scan and only performing VCUG in children with abnormal scans could avoid invasive and uncomfortable VCUGs for a large proportion of children who have DMSA scans²¹⁾. Further studies are warranted to aid in adapting the relevant guidelines.

The DMSA scans were abnormal in 8 (22.2%) of 36 patients with culture negative. These data indicate DMSA scans should be an integral part of the protocol for evaluating every child with a fever of unknown origin¹⁾.

Our data suggest that duration of fever after therapy is significantly associated with the increased development of renal cortical defects. Fernandez-Meneadez et al.²²⁾ showed that the incidence of renal cortical defects was significantly increased in case of fever duration longer than 24 hours after antibiotic use. In contrast, Han et al.²³⁾ reported that the incidence of renal cortical defects remained the same regardless of whether the duration of fever after treatment was longer than 48 hours. However, there was no relationship between fever duration before therapy and renal cortical defects. Stokland et al.²⁴⁾ revealed that fever duration before therapy was not associated with renal cortical defects. Recently, health information about pediatric UTI has spread through newspapers, internet health counseling sites and broadcasting programs. Patients are more likely to bring febrile children to doctors promptly, and when a child develops a fever of unknown origin, local clinics tend to routinely perform urinalysis, microscopy and urine

cultures. Earlier detection, earlier diagnosis of UTIs and prompt antibiotic use have played a role in reducing the duration of fevers associated with UTIs. Durations of fever before therapy are becoming shorter, and the value of fever duration before therapy as a clinical sign has been declining as well.

Our data show there was statistical significance of prolonged fever after therapy, elevated CRP and leukocytosis with the cortical defects on DMSA scan and high grade VUR. There was also a correlation between the DMSA result and the presence of high grade VUR.

The limitations of this study include incomplete work– ups on some patients, and predetermined inclusion criteria with insufficient evidence for culture negative patients.

We recognize the value of clinical signs (prolonged fever after therapy, elevated CRP, leukocytosis) as predictors of APN and high grade VUR.

한 글 요 약

소아 요로 감염 및 의심 환아에서 신 실질 병변 및 방광요관 역류와 임상 변수와의 연관성

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목 적: 본 연구는 소아 요로 감염증에서 치료 전 발열 기간과 치료 후 발열 기간 등의 임상변수와 혈액 및 소변 등의 검사 결과 가 신 실질 병변 및 방광요관 역류 등을 예측하는 데 있어서 인 자로 작용할 수 있는지를 평가해 보고자 하였다.

방법: 2005년 7월부터 2008년 7월까지 첫 번째 열성 요로 감염으로 본원 소아과에 입원한 1개월부터 만 17세까지의 환아 180명을 대상으로 하였다. 환아의 혈액 검사 소견 중 C-반응 단 백, 백혈구수와 소변 검사 중 배양 검사 결과, 소변 질산염 및 치 료전 발열기간, 치료 후 발열 기간 등을 변수로 하여 신장 초음 파, 배뇨 방광 요도 조영술, 신 스캔 등의 영상 검사 결과와 비교 하여 연관성을 평가하였다.

결 과: C-반응 단백 수치가 높고 백혈구 증가증이 있으며 입 원 치료 후 긴 발열 기간을 가진 경우 신 실질 병변이 유의하게 증가하였고 3단계 이상의 방광 요관 역류 발생도 높았다. 신 스 캔 검사상 이상 소견을 보인 경우는 신 스캔 검사상 정상 소견을 가진 군과 비교하였을 때 3단계 이상의 방광 요관 역류가 더 중 가되어 있었다.

결 론: C-반응 단백 수치, 백혈구 증가증, 입원 치료 후 긴 발 열기간 등의 임상 변수는 신 실질 병변과 3단계 이상의 방광 요 관 역류의 예측 인자가 될 수 있을 것으로 사료된다.

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