

# Effect of Picrorrhiza Rhizoma on Dinitrofluorobenzene-induced Contact Dermatitis (Type I allergy)

Ji-Ha PARK<sup>1</sup>, Sang-Nam LEE<sup>1</sup>, and Sae-Kwang KU<sup>1,2,\*</sup>

<sup>1</sup>College of Oriental Medicine, Daegu Haany University, Gyeongsan 712-715, Republic of Korea

<sup>2</sup>Development Team for The New Drug of Oriental Medicine (BK21 program), Daegu Haany University, Gyeongsan 712-715, Republic of Korea

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**Abstract** –The effect of Picrorrhiza Rhizoma (PR) aqueous extracts were evaluated on 2,4-dinitrofluorobenzene (DNFB)-induced contact dermatitis, type I allergic model. Contact dermatitis was induced by sensitization with dinitrophenyl-derivatized ovalbumin (DNP-OVA) and DNFB challenge as antigen. Three different concentrations of PR extracts (300, 150 and 75mg/kg) were orally administered to DNP-OVA sensitization mice once a day for 7 days with reference materials; dexamethasone (15mg/kg, intraperitoneal treatment). End of 7 days oral administration of PR extracts or intraperitoneal treatment of dexamethasone, the changes on the edematous changes and scratching behavior were measured. Immediate after DNFB challenge on ear or paw of DNP-OVA sensitized mice, increases of ear and paw thicknesses and weights were detected with anterior ear skin (dermis to epidermis) thickness and paw scratching behavior increases. However, these DNFB-induced increases on ear and paw thicknesses, weights and scratching behaviors were decreased by treatment of all three different dosages of PR extracts and dexamethasone, respectively. In addition, the increases of anterior skin thicknesses were also dramatically inhibited by treatment of all three different dosages of PR extracts and dexamethasone at histopathological observations. The results obtained in this study suggest that oral treatment of PR extracts also has relatively favorable effects on allergic dermatitis.

**Key words:** Picrorrhiza Rhizoma, Mouse, Contact dermatitis, 2,4-dinitrofluorobenzene, Atopy

## INTRODUCTION

Until now, major types of hypersensitivities (allergies) have been divided in to IV types; Ig E mediated immediate type I, humoral antibody mediated cytotoxic type II, immune complex reactions activate inflammatory type III and T-lymphocytes mediated delayed type IV allergies (Nester *et al.*, 1995). In cases of allergic disease with chronic and severe pruritus, such as contact dermatitis and urticaria, are accompanied by severe pruritus (Lorette and Vaillant, 1990; Klecz and Schwartz, 1992). Therefore, it is very important not only to treat the allergy but also to inhibit scratching of the lesion (Ishiguro *et al.*, 2002). 2,4-dinitrofluorobenzene (DNFB) is used as an intermediate in the synthesis of pesticides. It is also used as a sensitizing agent and hapten in laboratory immunol-

ogy and as a reagent to identify the terminal amino acids in a protein chain (Wang *et al.*, 1998; Perez *et al.*, 2004). The repeated application of DNFB to the ears of mice results in a typical allergic dermatitis and the simultaneous production of IgE antibody against DNFB (Nagai *et al.*, 1997ab). Repeated application of DNFB onto the mouse ear causes the ear to swell accompanied by the rise of serum specific IgE levels (Nagai *et al.*, 1997b). Thickening of epidermis, formation of scabs, and infiltration of abundant inflammatory cells are also induced (Ueda *et al.*, 2003). Therefore DNFB-induced contact dermatitis model is a useful for evaluation of a potential treatment candidate for type I allergic dermatitis (Matsuda *et al.*, 2002). The effects of a drug would be based on the ear swelling and incidence of scratching behaviors in this model (Matsuda *et al.*, 2002).

Topical steroids have been a popular choice for treating various cutaneous disorders; however, the potential for significant local and systemic adverse events, like skin atrophy and hypothalamic-pituitary-adrenal axis suppres-

\*Corresponding author

Tel: +82-53-819-1549, Fax: +82-53-819-1269

E-mail: gucci200@hanmail.net

sion, has limited their use (Gupta and Chow, 2004). Among glucocorticoids, dexamethasone is the one of widely used topical steroids on allergic dermatitis (Ganir *et al.*, 1996; Matsumoto *et al.*, 2005) and has been used as reference drug on develop of the new anti-allergic agents (Shichinohe *et al.*, 1996; Ohtsuka *et al.*, 2003).

A traditional Korean herbal medicine, Picrorrhiza Rhizoma (PR) is a dried root and stem of *Picrorrhiza kurroa*, and has been used as hepatoprotective agents such as jaundice. Until now, the nitric oxide scavenging activity (Jagetia and Baliga, 2004), cardioprotective effect (Senthil Kumar *et al.*, 2001), anti-cancer effect (Jeena *et al.*, 1999; Joy *et al.*, 2000), anti-diabetic activity (Joy and Kuttan, 1999), anti-viral effect (Mehotra *et al.*, 1990), hypolipidemic and hepatoprotective effects (Lee *et al.*, 2006ab; Lee *et al.*, 2008) of PR extracts have been evaluated. In addition, PR extracts also showed anti-inflammatory effects after oral administration (Lee and Ku, 2008). We hypothesized that that oral administration of PR extracts will be ameliorated the DNFB-induced contact dermatitis because this allergic dermatitis also showed quite similar phenomena like general inflammatory responses (Nagai *et al.*, 1997ab; Ueda *et al.*, 2003). When the surface of skin is inflamed, cracked or raw, many of these sting or burn when first applied of DNFB. This irritation will lessen as the allergic dermatitis improves related to anti-inflammation activity (Skinner, 2004; Rossetti *et al.*, 2005). In the present study, the effects of PR aqueous extracts on the DNFB-induced contact dermatitis were monitored by comparing with dexamethasone, 15mg/kg, intraperitoneal treatment, according to previous methods (Watanabe *et al.*, 1999; Matsuda *et al.*, 2002).

## MATERIALS and Methods

### Experimental Animals

One hundred male ICR mice (6-wk old upon receipt, SLC, JAPAN) were used after acclimatization for 7 days. Animals were allocated five per polycarbonate cage in a temperature (20-25°C) and humidity (40-45%) controlled room. Light : dark cycle was 12hr : 12hr and feed (Samyang, Korea) and water were supplied free to access. About half animals are selected based on preliminary test (over 10% increases of ear thickness) and each of 5 mice pre groups were used for ear edema test and paw scratching test.

### PR extracts

The PR was purchased from Cho-Heung Pharmaceuti-

cal Ind. Co. (Daegu, Korea) after confirming the morphology under microscopy. The voucher specimen has been deposited at Department of Herbal Biotechnology, Daegu Haany University (voucher number: DHU083-PR). The prepared PR (103 g) was boiled in 2 l of distilled water for 2 hrs and filtrated. The filtrate was decompressed using a rotary vacuum evaporator (Lab. Camp, Korea) and lyophilized in a programmable freeze dryer (IIShin Lab., Korea). Total acquired PR extracts was 26.4g (yield 25.65%). Powders of PR extracts were stored in a desiccator to protect from light and moisture.

### Administration of drugs

Three different concentrations of PR extracts (300, 150 and 75mg/kg; dissolved in distilled water) were orally administered to DNP-OVA sensitization mice once a day for 7 days, and 15mg/kg of dexamethasone-water soluble (Sigma, MO, USA; dissolved in saline) was intraperitoneal administered as same frequencies as PR extracts. In DNFB control, distilled water was orally administered instead of PR extracts as same methods.

### DNFB-induced contact dermatitis

Dinitrophenyl-derivatized ovalbumin (DNP-OVA) was prepared according to the method described by Eisen and Belmam (1953) and was used as an antigen. DNP-OVA were prepared by mixing 200mg OVA (Sigma, MO, USA) with 100mg 2,4-dinitrofluorobenzene (Sigma, MO, USA) for 18 h at room temperature. The number of DNP groups coupled to OVA was 3.2/molecule.

**Animal selection:** Mice were sensitized by an intraperitoneal injection of a mixture of DNP-OVA (10µg) and aluminum hydroxide gel (1mg) in saline (0.2ml). After one week, the mice were challenged by painting 10il of 0.1% DNFB solution in ethanol on the inside and outside of the right and left ears as previously (Watanabe *et al.*, 1999). About half animals showing an increment of percent change (over 15%) of ear swelling were chosen

**Sensitization:** Next day of animal selection, the mice were again sensitized by the mixture of DNP-OVA (10 mg) and aluminum hydroxide gel (1 mg) in saline (0.2 ml).

**Antigen challenge:** Challenged by painting 10il of 0.1% DNFB solution in ethanol on the inside of the right ears for ear swelling test, or on the hind paws of each mouse for scratching test.

### Changes in body weights

Changes of body weights were calculated at second sensitization day and sacrifice with automatic electronic balance (Precisa Instrument, Switzerland). In addition, body weight gains throughout experimental periods were also calculated, to reduce individual body weight differences from start of experiment.

### Ear and Paw thickness measurements

The thicknesses of the intact and induced ear and/or paw were measured using an electronic digital caliper (Mytutoyo, JAPAN) 1hr after the DNFB challenge. The % increment of thickness was expressed in percentage difference between the thickness of intact and induced sides and calculated as [(thicknesses of induced sides – thicknesses of intact sides)/thicknesses of intact sides] × 100.

### Ear and Paw weight measurements

1hr after the DNFB challenge, circular sections of both sides of ear and paw were taken using a cork borer with a 7-mm diameter as previously described (Lee and Ku, 2008), and weighed using an automatic electronic balance. The % increment of weights was expressed in percentage difference between the weights of intact and induced sides and calculated as [(weights of induced sides – weights of intact sides)/weights of intact sides] × 100.

### Scratching behavior detection

From immediately after DNFB challenges on the paw, the incidences of scratching behavior on the whole body and the site challenged with DNFB were counted for 1hr. Behavior observation was done as previously method (Matsuda *et al.*, 2002). In brief, after at least 1hr min acclimation to the experimental environment, mouse behaviors were monitored small windows served for

counting the scratching. The scratching behavior was defined as movement of the hind limb excluding the movement for gait.

### Histopathology

After measuring of thickness or weights, DNFB challenged ear was sampled and fixed in 10% neutral buffered formalin after cross trimming. After paraffin embedding, 3-4 µm sections were prepared. Representative sections were stained with hematoxylin and eosin (H&E) for light microscopical examination. After that the histological profiles of individual ear were evaluated.

**Histomorphometry:** The thicknesses of anterior skin parts – from epidermis to dermis (ear cartilages were excluded) were measured using automated CCD image analyzer (DMI-300 Image Processing; DMI, Korea) under magnification 100 of microscopy (Nikkon, Japan) at body regions of ear.

### Statistical analyses

Multiple comparison tests for different dose groups were conducted. Variance homogeneity was examined using the Levene test. If the Levene test indicated no significant deviations from variance homogeneity, the obtain data were analyzed by one way ANOVA test followed by least-significant differences multi-comparison test to determine which pairs of group comparison were significantly different. In case of significant deviations from variance homogeneity were observed at Levene test, a non-parametric comparison test, Kruskal-Wallis H test was conducted. When a significant difference is detected in the Kruskal-Wallis H test, the Mann-Whitney U-Wilcoxon Rank Sum W test was conducted to determine the specific pairs of group comparison, which are significantly different. Statistical analyses were conducted using SPSS for Windows (Release 6.1.3., SPSS Inc., USA) and a *P*

**Table I.** Body weight and gains detected after oral treatment of PR extracts on DNFB-induced contact dermatitis mice

Groups	Body weights at		Body weight gains (7 days)
	Start of treatment	Sacrifice	
DNFB-control	41.08±2.15	42.51±2.00	1.43±0.60
Dexamethasone	41.01±1.70	38.90±2.10*	-2.11±0.97*
PR extracts treated			
300mg/kg	42.24±2.78	43.85±3.04	1.61±1.30
150mg/kg	40.61±2.18	42.07±2.21	1.46±0.86
75mg/kg	40.28±2.25	41.91±2.44	1.63±1.05

Values are expressed as Mean±SD, g of ten mice; PR, Picrorrhiza Rhizoma; DNFB, 2,4-dinitrofluorobenzene; \**P*<0.01 as compared with DNFB control.

**Table II.** Changes on the ear swelling after oral treatment of PR extracts in DNFB-induced contact dermatitis mice

Groups	Increment (%) of ear <sup>§</sup>		Thickness of anterior skin (im)
	Thickness	Weights	
DNFB-control	63.46±25.18	54.85±20.81	727.661±141.308
Dexamethasone	18.85±10.05*	14.60±12.98*	340.143±20.224*
PR extracts treated			
300mg/kg	21.45±12.00**	13.39±4.57*	399.952±54.312*
150mg/kg	26.13±8.94**	15.53±9.87*	504.853±87.898**
75mg/kg	34.02±13.40	9.95±6.64*	621.023±75.832

Values are expressed as Mean±SD of five mice; PR, Picrorrhiza Rhizoma; DNFB, 2,4-dinitrofluorobenzene; <sup>§</sup>Increment (%) of paw was calculated as described in the Materials and methods section; \*P<0.01 and \*\*P<0.05 as compared with DNFB control.

value <0.05 was considered significant.

## RESULTS

### Changes on the body weights

No meaningful changes on the body weight were detected in all tested groups as compared with DNFB control except for significant ( $P<0.01$ ) decrease in body weight and gains in dexamethasone treated group (Table I).

### Changes on the ear and paw thicknesses

As results of ear and paw thickness measurements to observe the edematous changes, dramatical decreases of ear and paw thickness increments were detected in all tested groups as compared with DNFB control, respectively (Table II and III).

### Changes on the ear and paw weights

To detect the inducement of edematous changes, the ear and paw weights were measured on individual mice in this study. As shown in Table and 2, significant ( $P<0.01$ ) decreases of ear and paw weight increments

were detected in all tested groups as compared with DNFB control, respectively (Table II and III).

### Changes on the scratching numbers

The effects of PR extracts on the pruritis were observed by measuring the frequency of scratching behaviors. In the present study, significant ( $P<0.01$ ) decreases of scratching behaviors were detected in all tested groups as compared with DNFB control (Table III).

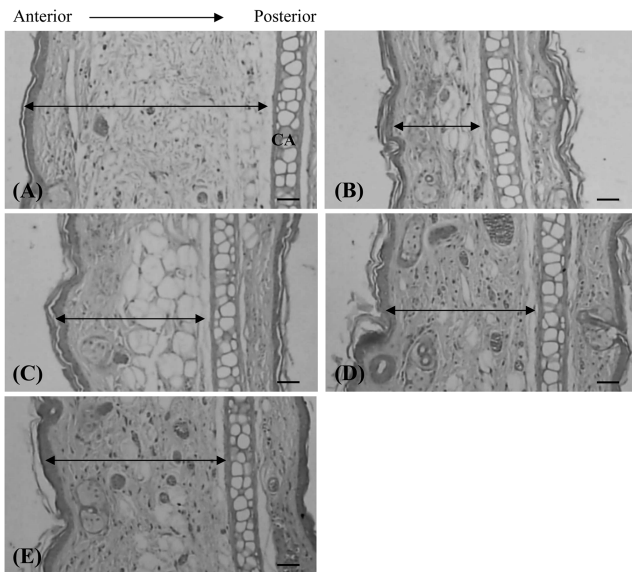
### Histopathological changes

Marked increases of skin thickness were detected in DNFB control with severe dermis edematous changes – loosening of connective tissues at histopathological observations, but these histopathological changes were markedly inhibited by treatment of dexamethasone, PR extracts 300 and 150mg/kg treated groups, respectively. In addition, they were also slightly reduced by treatment of PR extracts 75mg/kg as compared with DNFB control (Fig. 1). The increases of skin thickness as detected by histomorphometry were detected in DNFB control due to severe dermis edematous changes, but these edematous changes were markedly inhibited by treatment of

**Table III.** Changes on the paw swelling and pruritis after oral treatment of PR extracts in DNFB-induced contact dermatitis mice

Groups	Increment (%) of paw <sup>§</sup>		Scratching behavior (frequencies/hr)
	Thickness	Weights	
DNFB-control	20.57±1.67	10.22±2.89	135.60±11.95
Dexamethasone	3.06±0.92*	3.66±4.29*	65.20±29.54*
PR extracts treated			
300mg/kg	7.41±7.68*	2.51±1.19*	83.40±7.57*
150mg/kg	6.66±4.37*	2.97±2.83*	88.40±16.04*
75mg/kg	7.00±5.37*	3.87±2.96*	89.40±19.32*

Values are expressed as Mean±SD of five mice; PR, Picrorrhiza Rhizoma; DNFB, 2,4-dinitrofluorobenzene; <sup>§</sup>Increment (%) of ear was calculated as described in the Materials and methods section; \*P<0.01 as compared with DNFB control



**Fig. 1.** Histopathological observations of ear in the DNFB control (A), Dexamethasone (B), PR extracts 300 (C), 150 (D) and 75 (E) mg/kg treated groups.

Note that marked increases of skin thickness were detected in DNFB control with severe dermis edematous changes – loosening of connective tissues, but these increases on skin thicknesses were markedly inhibited by treatment of dexamethasone, PR extracts 300 and 150mg/kg treated groups, respectively. In addition, they were also slightly reduced by treatment of PR extracts 75mg/kg as compared with DNFB control; PR, Picrorrhiza Rhizoma; DNFB, 2,4-dinitrofluorobenzene; CA, ear cartilages; Arrows in figures means the anterior skin thicknesses measured in this study; All H&E stain; Scale bars = 80 µm.

dexamethasone, all three different dosages of PR extracts (Table II).

## DISCUSSION

Because the allergic dermatitis evoked by DNFB also showed quite similar phenomena like general inflammatory responses (Nagai *et al.*, 1997ab; Ueda *et al.*, 2003) and PR extracts also showed anti-inflammatory effects after oral administration (Lee and Ku, 2008). Therefore, we considered that oral administration of PR extracts will be ameliorated the contact dermatitis. In the present study, contact dermatitis was induced by sensitization with DNP-OVA and DNFB challenge as antigen. Three different concentrations of PR extracts (300, 150 and 75mg/kg) were orally administered to DNP-OVA sensitization mice once a day for 7 days with dexamethasone as reference. End of administration of PR extracts and dexamethasone, the changes on the edematous changes and scratching (pruritis) behavior were measured.

Immediate after DNFB challenge on DNP-OVA sensitized mice ear and paw, increases of ear and paw thickness and weights were detected with increases of anterior ear skin (dermis to epidermis) thickness and paw scratching behaviors. However, these edematous and allergic changes results from DNFB treatment were dramatically inhibited by 7 days pre-treatment of all three different dosages of PR extracts and dexamethasone in the present study.

The body weight decreases detected in dexamethasone treated group were considered as direct toxicity of glucocorticoid, steroids have been a popular choice for treating various cutaneous disorders; however, the potential for significant local and systemic adverse events, like skin atrophy and HPA axis suppression, has limited their use (Ganir *et al.*, 1996; Gupta and Chow, 2004; Matsumoto *et al.*, 2005). Anyway, no meaningful changes on the body weights were detected by treatment of all three different dosages of PR extracts as compared with DNFB control, respectively.

Repeated application of DNFB onto the mouse ear causes swell accompanied by the rise of serum specific IgE levels (Nagai *et al.*, 1997b). Thickening of epidermis and infiltrations of inflammatory cells are also evoked (Ueda *et al.*, 2003). Therefore DNFB-induced contact dermatitis model has been used for evaluation of a potential treatment candidate for type I allergic dermatitis (Matsuda *et al.*, 2002). DNFB to mice sensitized by DNP-OVA caused edemas similar to an occurrence of allergic dermatitis is IgE antibody dependent appearing 1 h after application of DNFB (Watanabe *et al.*, 1999). In the present study, marked edematous changes, increment of thickness and weights were detected on DNFB challenged ear and paw with pruritis. However, these allergic changes induced by DNFB challenges were markedly inhibited by administration of all three dosages of PR extracts. It is considered as direct evidences that PR extracts can be ameliorated the type I allergic dermatitis, and these are considered as result of anti-inflammatory effects related to antioxidant effects of PR extracts already reported (Lee and Ku, 2008). The main active compounds of PR extracts showed ameliorate effects of on the DNFB-induced dermatitis in the present study are considered as picroside and apocynin because it has been reported that picroside and apocynin showed various pharmacological effects including anti-oxidant effects (Joy *et al.*, 2000)

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