#### Original Article

## Quality Monitoring of Distributed Schizandra chinensis (Turcz.) Baill in Korea

Byung-Kil Choo, Hong-Jun Kim, A-Yeong Lee, Jin-Mi Chun, Hye-Won Lee, Myeong-Ji Woo, Sun-Hee Kim, Ho-Kyoung Kim

Quality control of Herbal Medicine Department, Korea Institute of Oriental Medicine 461-24, JeonminDong, Yuseonggu, 305-811, Daejeon, Korea

**Object**: This study investigated the quality inspection of *Schizandra chinensis* (Turcz.) Bail distributed in Korea. Methods: To evaluate the quality of these herbal medicines, we carried out TLC pattern analysis, purity, loss on drying, ash, acid-insoluble ash, essential oil contents, dilute ethanol-soluble, water-soluble, ether-soluble extracts and HPLC analysis.

**Results**: As a result, TLC pattern analysis of schizandrin and gomisin A showed Rf=0.64 and 0.74, respectively. To measured content of schizandrin and gomisin A, we quantitatively analyzed using HPLC. The average contents of schizandrin and gomisin A were detected to be 0.60 ( $\pm$ 0.02)% and 0.12 ( $\pm$ 0.004)%, respectively.

**Discussion**: As a result of this study, we suggest that the minimum content of schizandrin and gomisin A should be 0.5% and 0.1%, respectively. We could suggest that the minimum of essential oil content should be 0.6 mg.

Key Words: Schizandra chinensis (Turcz.) Baill, monitoring, schizandrin, gomisin A

#### Introduction

Schizandra chinensis (Turcz.) Baill, a popular traditional medicine, grows wild in the most Eastern parts of Korea, Japan, China, and Russia <sup>1)</sup>. There are 25 species of the *schizandra* genus worldwide, with most found in China<sup>2)</sup>. Schizandra fruit is a sap fruit of irregular sphere or spheroid shape, about 6 mm in diameter. The external surface is dark red to blackish brown, with wrinkles and occasionally with white powder<sup>3)</sup>. Fruits and seeds contain mainly dibenzo-[a,

c,]-cyclooctadiene lignans such as schizandrin, gomisin A, gomisin C, deoxyschizandrin and  $\gamma$ -schizandrin, epigalbacin, volatile oil containing monoterpens, sesquicaterne, (+)- $\alpha$ -ylangene, chamigrenal and so on<sup>1,4-9)</sup>.

Schizandra chinensis has been utilized in traditional medicine as an anti-aging, antitussive, antihepatotoxic, antiasthmatic, antidiabetic, sedative, and tonic agent <sup>10-11</sup>. Some dibenzo[a, c]cyclooctadiene lignans were identified as a potent anti-human immunodeficiency virus agent <sup>12</sup>, prevented liver injuries, inhibited lipid peroxidation <sup>5</sup>, and were observed to have antimicrobial <sup>13</sup> and antioxidative activity <sup>14</sup> effects. The effects of deoxyschizandrin on alanine transaminase, aspartate aminotransferase, albumin and total protein serum show that deoxyschizandrin can afford protection against CCl4 induced hepatic damage <sup>4,15</sup>. Schizandrin B could protect against myocardial ischemia-reperfusion

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Corresponding author: Ho Kyoung Kim

Quality control of Herbal Medicine Department, Korea Institute of Oriental Medicine, 461-24, JeonminDong, Yuseonggu, 305-811, Daejeon, Korea

Tel: 82-42-868-9502 / FAX: 82-42-863-9434

E-mail: hkkim@kiom.re.kr

Fig. 1. Chemical structures of shizandrin and gomisin A.

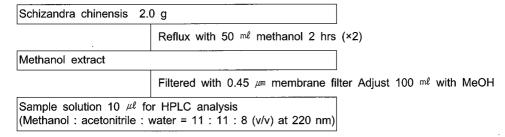
injury and chemically induced liver injury in rodents. The cardio- and hepato-protective action of schizandrin B was believed to be related to its in vivo antioxidative potential<sup>16</sup>. Recently *S. chinensis* has become a raw material for the preparation of nutraceuticals used by sportsmen for nutrition and as a preventive means against civilization diseases of the cardiovascular system<sup>6</sup>).

Previously described methods for the determinations of the lignans in *Schizandra* chinensis species plants include TLC, capillary GC-FID, GC-MS, HPLC (6, 12, 17-19), LC-ES-MS<sup>2)</sup>, capillary electrochromatography (CEC)<sup>5)</sup>, and high-speed counter-current chromatography (HSCCC)<sup>1,4)</sup> techniques.

Current quality control systems for distributed herbal medicines have raised several points, especially distribution of low quality and inferior herbal medicines. In spite of oil contents, schizandrin and gomisin A were main constituents for *Schizandra* chinensis, yet assay method was not listed in KP. So we suggested advanced quality specification of *Schizandra* chinensis by chemistry methods, and suggest that minimums of oil contents, schizandrin and gomisin A could be standardized by monitoring.

#### Materials and Methods

Plant materials. 16 samples of distributed *Schizandra* chinensis were collected in Seoul, Daegu, Gwangju and Jecheon, Korea and identified by H. J. Kim at the Korea Institute of Oriental Medicine (KIOM). A voucher specimen



**Scheme 1.** Preparation of test materials for quantitative analysis of schizandrin and gomisin A in Schizandra chinensis

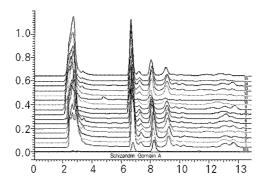


Fig. 2. HPLC chromatography of Schizandra chinensis according to the collected site.

(No. 20005-Schi-01) of this material has been deposited at the quality control of herbal medicine department of KIOM, Korea.

Reagents and instruments. Schizandrin and gomisin A of HPLC grades (Fig. 1) were purchased from Wako and ChromaDex (USA), respectively. Methanol of HPLC grade was obtained from J. T. Baker (USA). TLC plate used was by Merck (Germany). HPLC was measured with a Shimadzu LC-10Avp system (Japan). Drying oven, muffle furnace and ultrasonic bath were carried out on an FF-YG-50 of Korea electronics (Korea), F48015 of Barnstead Thermolyne (USA) and 8210 of Branson (USA), respectively.

Identification. Silica gel TLC pattern analysis was performed by methanol extraction with mixture of ethyl acetate, hexane and acetic acid (10:10:1)<sup>3)</sup>.

Purity. The amount of receptacle, peduncle and other foreign matter selected from *Schizandra* fruit<sup>3)</sup>.

Loss on drying. 2~6 g of powder for *Schizandra chinensis* dried at 105°C for 5 hours, allow to cool in a desiccator and weighed accurately<sup>3)</sup>.

Ash.  $2\sim4$  g of powder for *Schizandra chinensis* heated between  $500\sim550\,^{\circ}$ C, ignited to incinerate the residue for more than 4 hours until no

carbonized substance remained<sup>3)</sup>.

Acid-insoluble ash. 25 ml of dilute HCl added to the total ash and boiled for 5 minutes<sup>3)</sup>.

Dilute ethanol-soluble extract. 70 ml dilute ethanol added to 2.3 g of the samples shaken for about 1 day<sup>3)</sup>.

Water-soluble extract. 70 ml water added to 2.3 g of the samples shaken for about 1 day<sup>3)</sup>.

Diethyl ether-soluble extract. 70 ml diethyl ether added to 2.3 g of the samples refluxed for about 4 hours<sup>3)</sup>.

Essential oil content.  $500 \text{ m}\ell$  water added to 50 g of the samples refluxed about 5 hours at  $130\sim150 \,\mathrm{T}^{30}$ .

Standard stock solution. Standards of schizandrin and gomisin A were dissolved in methanol to make each stock solution of which concentrations were 0.136 mg?ml-1 and 0.114 mg?ml-1, respectively. All the solutions were filtered through a 0.45 µm membrane and degassed by an ultrasonic bath. Regressive equation (coefficient of correlation) for schizandrin and gomisin A were y=60070.8747x +84826.7391 (r2=0.9999) and y=92678.3060x +113886.5217 (r2=1.0000), respectively.

Sample preparation. Exactly 2.0 g of pulverized *Schizandra chinensis* samples were extracted in 50 ml of methanol under 80°C for 2 hours and

Item No.	Purity (%)	Loss on drying (%)	Ash (%)	Acid-ins_ oluble ash (%)	Extract contents (%)			- Eggantici	Contents of Standards (%)	
					diluted ethanol	water	diethyl ether	Essential oil (mℓ)	Schizandrin	Gomisin A
KP	less than 1.0%	-	less than 5.0%	-	-	-	-	-	· -	-
1 (Korea)	2.43	11.39	3.44	0.33	37.16	37.34	11.94	0.60	0.65	0.13
2 (Korea)	1.61	11.61	4.14	0.47	39.77	37.12	12.79	0.70	0.60	0.11
3 (Korea)	1.91	10.69	3.85	0.44	26.94	25.70	16.87	0.73	0.74	0.18
4 (Korea)	0.14	10.65	4.98	0.71	37.74	42.59	12.10	0.70	0.51	0.11
5 (Korea)	0.59	12.04	3.80	0.41	34.88	37.12	12.77	0.70	0.63	0.11
6 (Korea)	0.35	11.14	4.90	0.75	42.32	43.35	16.16	0.73	0.74	0.12
7 (Korea)	0.71	13.37	4.70	0.72	40.94	42.40	16.67	0.73	0.56	0.15
8 (Korea)	1.41	11.08	4.64	0.73	48.09	45.27	12.94	0.73	0.61	0.11
9 (Korea)	0.71	12.66	2.55	0.35	38.36	38.52	8.53	0.60	0.45	0.09
10 (Korea)	1.56	11.06	4.39	0.46	42.31	36.53	8.96	0.63	0.44	0.09
11 (Korea)	1.82	14.09	3.13	0.37	35.61	40.49	9.03	0.80	0.66	0.16
12 (Korea)	0.20	15.70	4.63	0.59	29.80	41.78	10.23	0.70	0.73	0.13
13 (Korea)	1.20	15.09	4.56	0.65	31.64	36.20	7.89	0.60	0.56	0.14
14 (Korea)	0.86	14.52	4.44	0.54	38.68	42.18	8.91	0.73	0.65	0.14
15 (Korea)	0.75	13.84	3.87	0.46	47.34	45.77	13.90	0.80	0.56	0.10
16 (Korea)	4.51	12.52	3.68	0.42	44.78	43.37	12.28	0.77	0.62	0.12

Table 1. Experimental data of purity, loss on drying, ash, acid-insoluble ash, extract contents; essential oil content and contents of schizandrin and domisin A

filtered. 50 ml of methanol was added to the residue and the process repeated. After cooling, all the filtrates were added to make exactly 100 ml methanol. All samples were finally filtered through a 0.45 µm membrane and a 10 µl portion of those solutions were injected into the HPLC system (Scheme 1). We repeated the experiment 3 times in total using these methods and calculated contents of schizandrin and gomisin A through peak area and regressive equation.

12.59

1.65

4.08

0.67

0.53

0.15

38.53

5.92

Average

SD

1.30

1.08

HPLC analytical condition. Analyses were performed on a Luna C18 analytical column (4.6×250 mm 5 µm, Phenomenex). Mobile phase was a mixture of methanol-acetonitrile-distilled water (11:11:8, v/v) and flow rate was 1.0 mg/ml -1. The analyses were monitored at 220 nm UV wavelength.

39.72

4.91

#### Results and Discussion

0.70

0.07

0.60

0.02

0.12

0.004

#### 1. Identification

12.00

1.65

Under the UV 254 nm wavelength, schizandrin and gomisin A showed a point which equaled the standard point at Rf value of 0.64 and 0.74 for all samples, respectively. Recently an identity test was established only for schizandrin by KP (8th edition), so we experimented not only for schizandrin but also gomisin A for distributed Schizandra chinensis.

#### 2. Purity

The amounts of receptacle, peduncle and other

foreign matter contained averaged 1.30 (±1.08) %. 8 samples of 16 samples exceeded the standard limit, i.e. 1.0% which were measured 1.20~4.51% (Table 1). Specially, some of the samples showed living insect and rotten fruits.

### 3. Loss on drying, ash and acid-insoluble ash.

Average loss on drying, ash and acid-insoluble ash of samples were measured to  $12.59 (\pm 1.65)\%$ ,  $4.08 (\pm 0.67)\%$  and  $0.53 (\pm 0.15)\%$  The measuring range of those samples showed  $10.65\sim15.70\%$ ,  $2.55\sim4.98\%$  and  $0.33\sim0.75\%$ , respectively (Table 1).

#### 4. Extract contents

Average contents of dilute ethanol-soluble, water-soluble and diethyl ether-soluble extracts were obtained to  $38.53 (\pm 5.92)\%$ ,  $39.72 (\pm 4.91)\%$  and  $12.00 (\pm 1.65)\%$ . Those values were  $26.94 \sim 48.09\%$ ,  $25.70\sim 45.77\%$  and  $7.89\sim 16.87\%$ , respectively (Table 1).

#### 5. Essential oil content

Average value of essential oil contents for all samples was  $0.70~(\pm 0.07)~\text{ml}$  and measured values of those samples were  $0.60 \sim 0.80~\text{ml}$ . From previous research, essential oil consisted of fifty six components which represented about 98% of the total content<sup>20</sup>. Yield of distillation extraction and simultaneous distillation extraction methods were obtained to each of 0.64% and  $0.88\%^{21}$ . We suggest that the minimum of essential oil content should be 0.6~ml (Table 1).

# 6. Contents of schizandrin and gomisin A. Schizandrin and gomisin A were chromatographed in order to determine their retention time at about 6.85 min and 8.53 min, respectively

(Fig. 2). Each of average contents of two standards for 16 samples was determined to 0.60 (±0.02)% and 0.12 (±0.004)%. Detected value ranges of two standards for all samples were 0.44~0.74% and 0.09~0.18%, respectively. As a result of our measurement, 2 of the samples' contents were not more than 0.5% for schizandrin and 2 were less than 0.1% for gomisin A. From previous research, average contents of schizandrin and gomisin A were about 0.7% and 0.2% (9, 18). As a result of this study, we suggest that the minimum content of schizandrin and gomisin A should be 0.5% and 0.1%, respectively (Table 1).

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