

## Effects of Fenofibrate on Adipogenesis in Female C57BL/6J Mice

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Fibrates are a class of hypolipidemic agents whose effects are mediated by activation of a specific transcription factor called the peroxisome proliferator-activated receptor  $\alpha$  (PPAR $\alpha$ ). PPAR $\alpha$  regulates the pathways of lipid catabolism such as fatty acid oxidation and the triglyceride metabolism, resulting in the treatment of hyperlipidemia. The decreased levels of plasma triglycerides by fibrates are responsible for hypertrophy and hyperplasia of adipose cells. To determine whether fenofibrate regulates adipogenesis in female C57BL/6J mice, we measured the effects of fenofibrate on not only body weight, adipose tissue mass and serum triglycerides, but also the histology of adipose tissue and the expression of adipocyte marker genes. Fenofibrate did not inhibit high fat diet-induced increases in body weight, adipose tissue mass and serum triglycerides. Furthermore, fenofibrate did not cause the changes in the size and number of adipocytes and the expression of adipocyte-specific genes such as leptin and TNF $\alpha$ . Therefore, this study demonstrates that fenofibrate does not affect adipogenesis in female mice.

**Key Words:** Fenofibrate, Adipogenesis, Peroxisome proliferator-activated receptor  $\alpha$  (PPAR $\alpha$ ), Female mice

### INTRODUCTION

Fibrates are hypolipidaemic drugs used in the treatment of hyperlipidemia and act as the nuclear peroxisome proliferator-activated receptor  $\alpha$  (PPAR $\alpha$ ) ligands. Fibrates activated PPAR $\alpha$  heterodimerizes with retinoid X receptor (RXR) and binds to peroxisome proliferator responsive elements (PPREs) in the promoter region of target genes (Sander et al., 2000). PPAR $\alpha$  target genes include those involved in hydrolysis of plasma triglycerides such as lipoprotein lipase (LPL) and apoC-III (Hertz et al., 1995; Auwerx et al., 1996; Schoonjans et al., 1996), fatty acid uptake and binding such as fatty acid transport protein and acyl-CoA synthetase (Martin et al., 1997), and fatty acid  $\beta$ -oxidation acyl-CoA oxidase (ACOX), enoyl-CoA hydratase/3-hydroxyacyl-CoA dehydrogenase (HD) and thiolase for (Zhang et al., 1992; Osumi et al., 1996; Nicolas-Frances et al., 2000), all of which result in increased hepatic oxidation of fatty

acids, as well as reduced synthesis and secretion of triglycerides.

Since fenofibrate increases hepatic fatty acid oxidation and thus decreases plasma triglycerides responsible for adipose cell hypertrophy and hyperplasia, it may inhibit a rise in body weight and adipose tissue weight, suggesting that PPAR $\alpha$  may be involved in obesity. The most striking observation was that mice lacking PPAR $\alpha$  have abnormal triglyceride and cholesterol metabolism and become a delayed onset form of obesity (Costet et al., 1998). Another piece of evidence suggesting a link between PPAR $\alpha$  and adipose tissue function is that treatment of rats or mice fed a high fat diet with synthetic PPAR $\alpha$  activators reduces adiposity (Guerre-Millo et al., 2000; Mancini et al., 2001).

Adipogenesis is a complex sequence of events that culminates in the differentiation of fibroblast-like preadipocytes into specialized lipid-filled adipocytes and also a complex process involving a cascade of expression of many transcription factors. Accumulating evidence suggests that two families of transcription factors, PPAR $\gamma$  and CCAAT/enhancer-binding proteins (C/EBPs) are synergistically accelerate the conversion of NIH-3T3 fibroblasts into adipocytes (Tanaka et al., 1997; Tang et al., 2003; Kim et al., 2004). In addition to PPAR $\gamma$ , PPAR $\alpha$  is expressed to some

\*Received: December 10, 2004

Accepted after revision: January 17, 2005

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extent in adipose tissue and the possible role of PPAR $\alpha$  agonists in adipocyte differentiation is reported (Brandes et al., 1986, 1987, 1990; Burn et al., 1996; Pasquali et al., 2004). Although PPAR $\alpha$  is very weakly expressed in white adipose tissue and is less adipogenic than PPAR $\gamma$ , changes in the PPAR $\alpha$  expression level of white adipose tissue have been observed in PPAR $\alpha$ -null mice. In addition, *in vitro* experiments using pre-adipocyte and fibroblast cell lines established that PPAR $\alpha$  can stimulate adipogenesis. However, it remains to be determined whether it is applicable to *in vivo* adipocyte differentiation.

The aim of our study is to investigate the link between PPAR $\alpha$  and adipogenesis in female C57BL/6J mice. Thus, we examined body weight, adipose tissue mass, adipocyte histology and adipocyte marker gene expression. Here we report that fenofibrate does not affect adipose tissue weight, adipocyte size and number as well as the expression of adipocyte-specific genes, suggesting that PPAR $\alpha$  is not involved in adipogenesis of female mice.

## MATERIALS AND METHODS

### 1. Animal treatments

For all experiments, eight-week-old female C57BL/6J mice were housed and bred at the Korea Research Institute of Bioscience and Biotechnology under pathogen-free conditions with a standard 12h light/dark cycle. Prior to the administration of special diets, mice were fed standard rodent chow and water *ad libitum*. Female mice were each randomly divided into two groups and received either a high fat diet containing 15% fat (w/w, Oriental Yeast Co. Ltd., Tokyo, Japan), or the same high fat diet supplemented with fenofibrate (0.05% w/w) for 14 weeks. In all experiments, body weights were monitored throughout the treatment period. At the end of the study, blood samples were collected, from which serum was isolated and stored at -20°C until further analysis. Animals were sacrificed by cervical dislocation, and tissues were harvested, weighed, and snap frozen in liquid nitrogen and stored at -80°C until use.

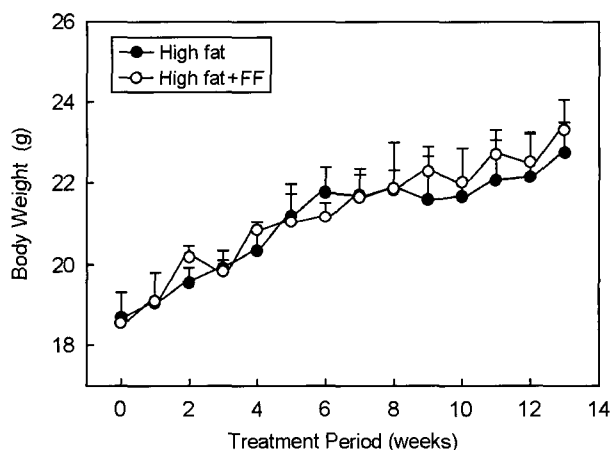
### 2. Serum assays

Serum concentrations of total cholesterol and triglycerides were measured using an automatic blood chemical analyzer (CIBA coming, Oberlin, OH, USA).

### 3. RT-PCR

Total RNA was prepared using Trizol reagent (Gibco-BRL, Grand Island, NY, USA) and relative levels of specific mRNA were assessed by reverse transcription-polymerase chain reaction (RT-PCR). Complementary DNA was synthesized from RNA samples by mixing 2  $\mu$ g of total RNA and 0.5  $\mu$ g of the reverse primer in a total volume of 14  $\mu$ l in water, heating the mixture at 75°C for 15 min, cooling the mixture immediately on ice for 5 min, and adding 5X M-MLV reaction buffer, 10 mM dNTP mixture and 200 units M-MLV RT (Promega, Madison, WI, USA) in a total volume of 25  $\mu$ l. Samples were incubated at 42°C for 60 min. A five  $\mu$ l aliquot of the RT reaction was then used for subsequent PCR amplification with specific primers.

Fifty  $\mu$ l of PCR contained 5  $\mu$ l of the 10X reaction buffer with MgCl<sub>2</sub>, 10 mM dNTP, 5 units of Taq polymerase (Solgent, Taejon, Korea) and 10  $\mu$ M of each primer. The sequences of the sense and antisense primers used for amplification were as follows: leptin, 5'-CCAAGAAGAGGG-ATCCCTGCTCCAGCAGC-3' and 5'-AGAATGGGGTG-AAGCCCAGGA-3'; TNF $\alpha$ , 5'-CTCGAGTGACAAGCCCGTAG-3' and 5'-TTGACCTCAGCGCTGAGCAG-3'. PCR was performed in a PTC-100™ Programmable Thermal Controller (MJ Research, Inc., Waltham, MA, USA). After an initial denaturation for 1 min at 95°C, PCR was performed for 34 cycles. Each cycle consisted of denaturation at 94°C for 1 min, primer annealing at 58°C for 1 min, and

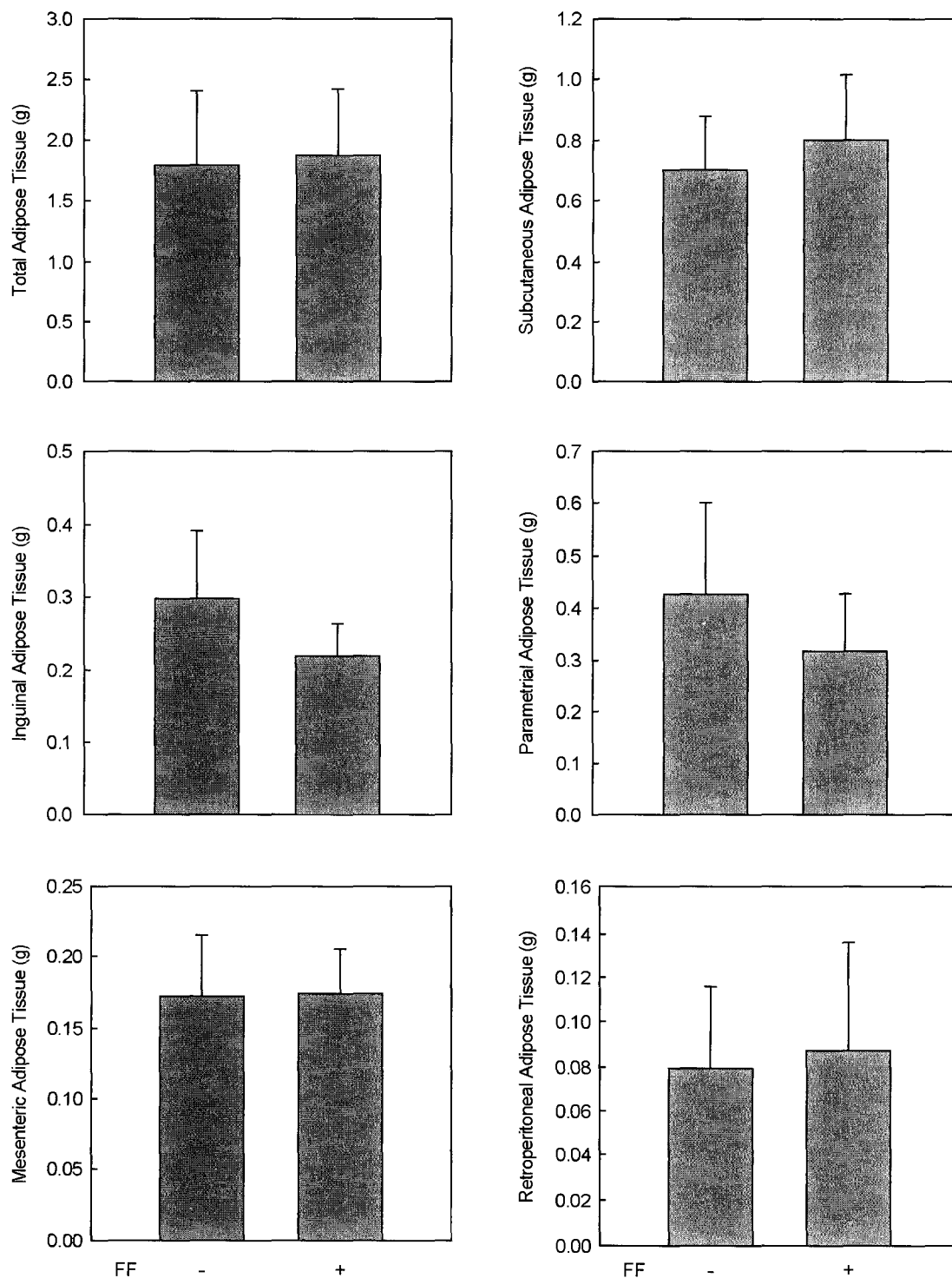


**Fig. 1.** Regulation of high fat diet-induced body weight gain by fenofibrate in female mice. Female C57BL/6J mice (n=5/group) received a high fat or the same high fat diet supplemented with fenofibrate (FF; 0.05% w/w) for 13 weeks. All values are expressed as the mean  $\pm$  SD.

primer extension at 72°C for 7 min. PCR products were electrophoresed on a 2% agarose gel.

#### 4. Histologic analysis and morphometry

Adipose tissues were fixed in 10% phosphate-buffered



**Fig. 2.** Modulation of high fat diet-induced adipose tissue mass by fenofibrate in female mice. Female C57BL/6J mice (n=5/group) received a high fat or the same high fat diet supplemented with fenofibrate (FF; 0.05% w/w) for 13 weeks. All values are expressed as the mean  $\pm$  SD.

formalin for 1 day and processed in a routine manner for paraffin section. Sections (5  $\mu$ m) were stained with hematoxylin and eosin for microscopic examination. For the quantitation of number and size of adipocytes, the sectional areas of adipose tissues in the hematoxylin and eosin-stained preparations were analyzed with image analysis system (Image pro-plus, Silver Spring, MD, USA).

### 5. Statistics

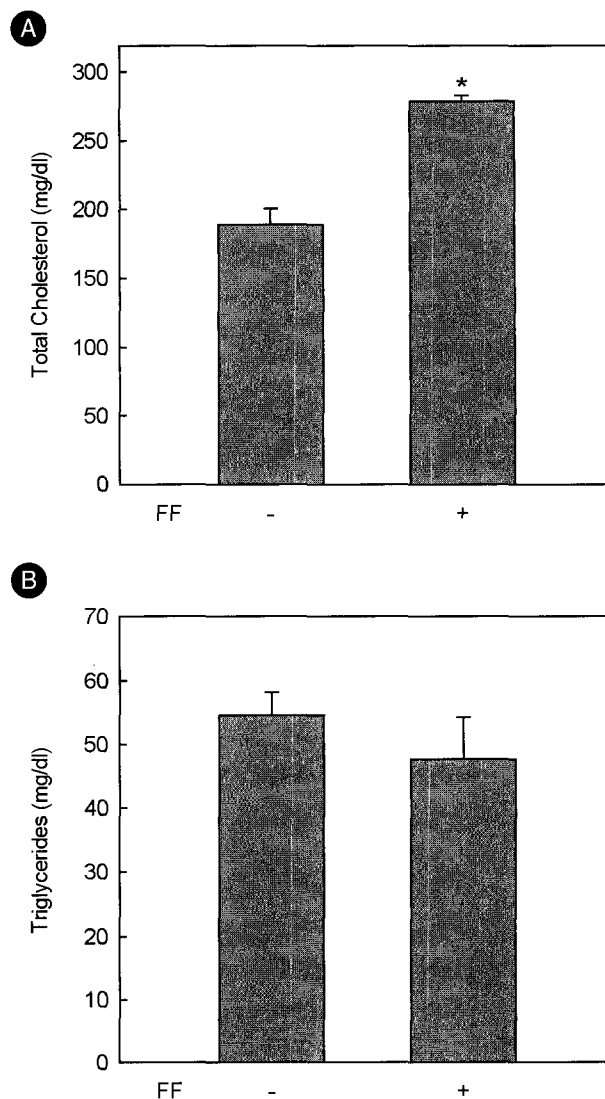
Unless otherwise noted, all values are expressed as mean  $\pm$  standard deviation (SD). All data were analyzed by ANOVA for statistically significant differences between each group.

## RESULTS

To determine whether fenofibrate reduces body weight gain and adiposity in female mice, the influence of fenofibrate on body weight and adipose tissue mass was examined in diet-induced obese C57BL/6J female mice. As shown in Fig. 1, fenofibrate treatment did not prevent the high fat diet-induced increase in body weight gain, thus yielding a final weight of fenofibrate-treated mice similar to high fat diet-fed control mice. Similarly, fenofibrate also did not reduce high fat diet-induced adipose tissue mass (Fig. 2). These data indicate that fenofibrate does not exert a regulatory effect on obesity in female mice.

Since fenofibrate has beneficial effects on lipid profiles and acts as an efficient lipid-lowering drug, its effects on serum total cholesterol and triglycerides were examined in high fat diet-induced obese C57BL/6J female mice (Fig. 3). In comparison with high fat diet-fed control mice, the treatment of mice with fenofibrate did not decrease circulating triglycerides and in contrast, increased total cholesterol by 30% ( $P<0.01$ ). Our data show a strong correlation between unchanged serum triglycerides, body weight and adipose tissue mass following fenofibrate treatment in female mice.

To determine whether fenofibrate regulates adipogenesis in female mice, the size and number of adipocytes were measured by histological analysis and image analysis system (Figs. 4 and 5). In comparison with high fat diet-fed control mice, fenofibrate treatment did not cause the changes in the size and number of adipocytes. These results are consistent with circulating levels of triglycerides, from which lipids accumulated in the adipose tissue largely de-

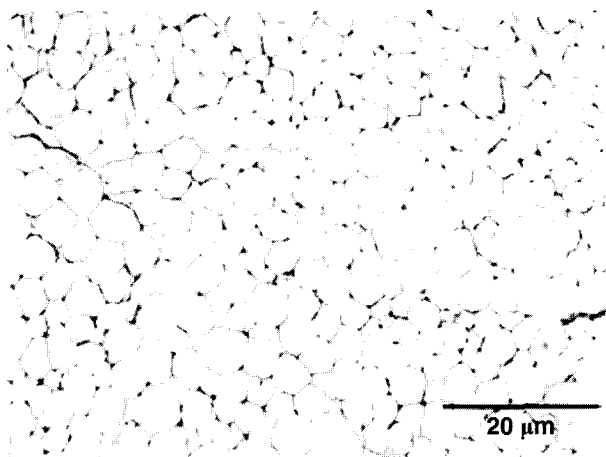


**Fig. 3.** Changes in circulating total cholesterol (A) and triglycerides (B) by fenofibrate in female mice. Female C57BL/6J mice ( $n=5$ /group) received a high fat or the same high fat diet supplemented with fenofibrate (FF; 0.05% w/w) for 13 weeks. All values are expressed as the mean  $\pm$  SD. \*Significantly different high fat group,  $P<0.05$ .

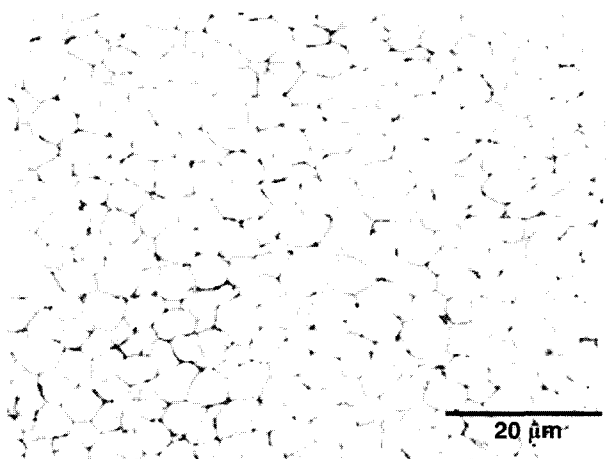
rive. In addition, we determined the expression of adipocyte marker genes, leptin and tumor necrosis factor  $\alpha$  (TNF $\alpha$ ) by RT-PCR (Fig. 6). The expression levels of leptin and TNF $\alpha$  genes were not different between fenofibrate-treated high fat diet-fed mice and high fat diet-fed control mice.

## DISCUSSION

PPAR $\alpha$  is known to regulate lipid and lipoprotein metabolism and is effectively activated by fibrates, which are



(A) High fat

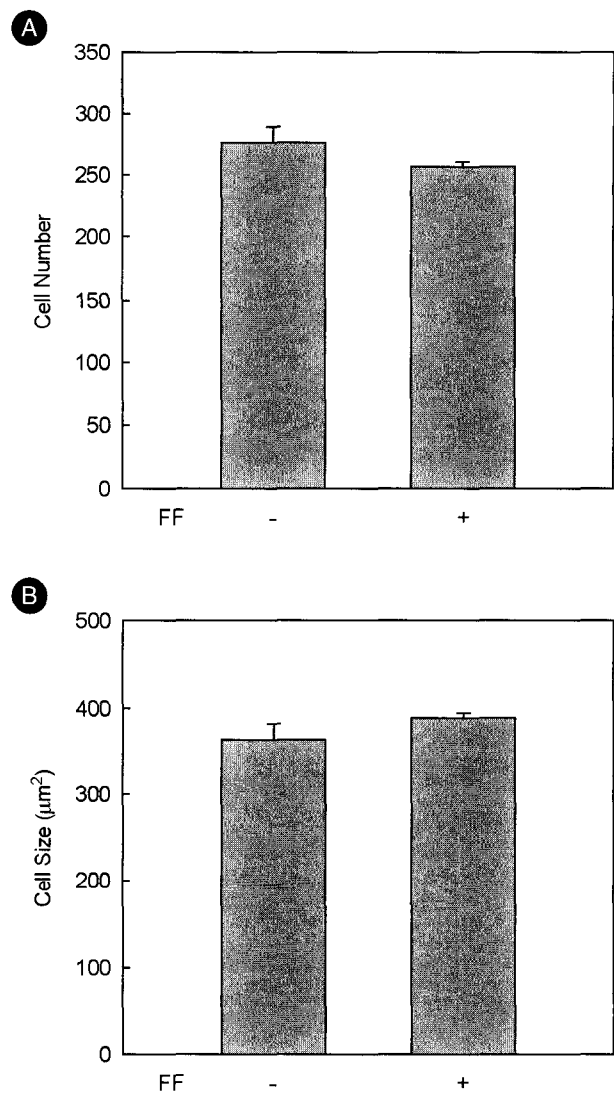


(B) High fat + FF

**Fig. 4.** Light microscopy of parametrial adipose tissues stained with hematoxylin and eosin (original magnification  $\times 100$ ). Female C57BL/6J mice ( $n=5$ /group) received a high fat or the same high fat diet supplemented with fenofibrate (FF; 0.05% w/w) for 13 weeks.

used for the treatment of hyperlipidemia. Since PPAR $\alpha$  activators are also shown to reduce body weight gain and adipose tissue mass in rats and mice, fenofibrate may be involved in the regulation of adipogenesis. This study was therefore undertaken to determine whether fenofibrate modulates adipogenesis as well as obesity in female mice on a high fat diet.

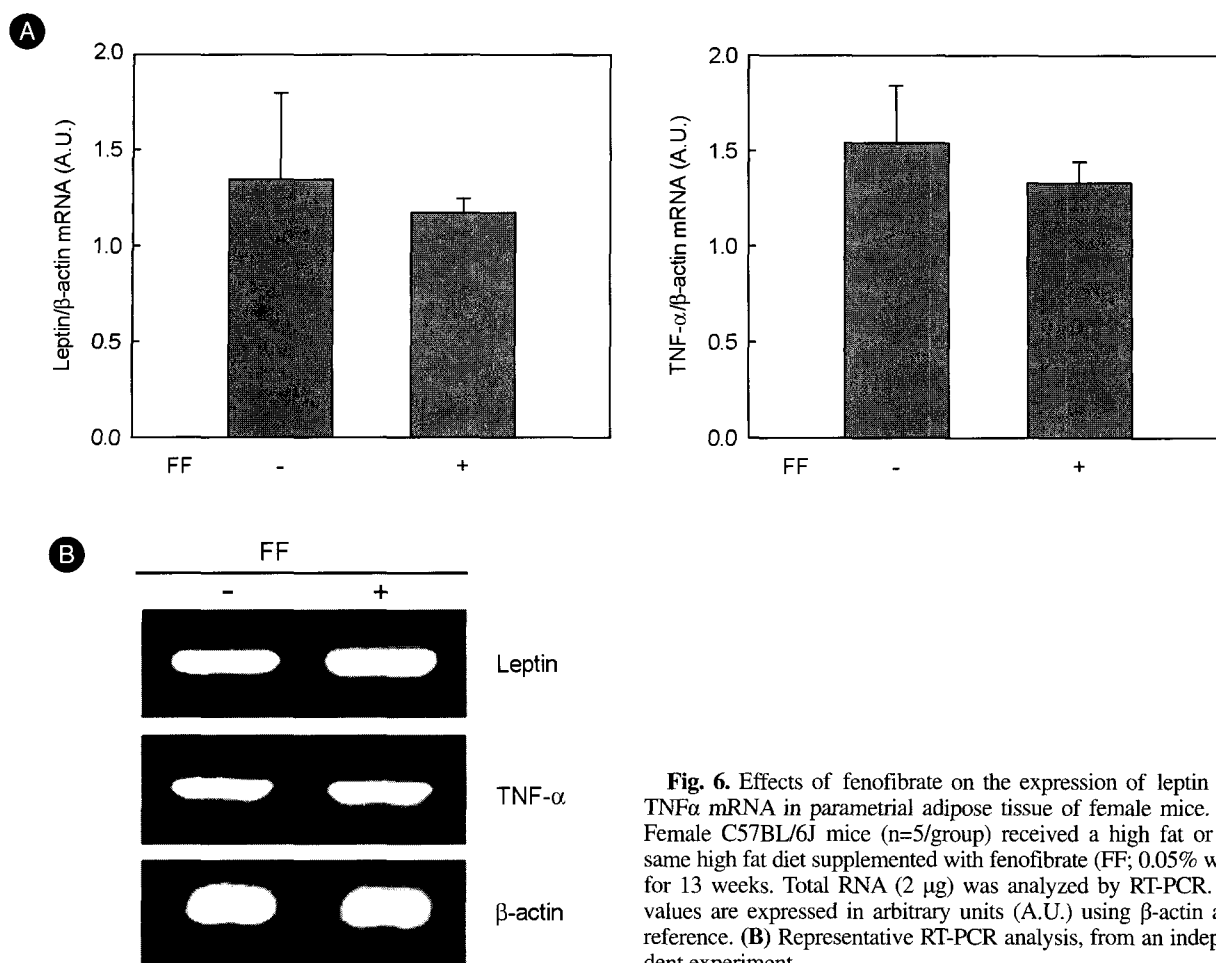
According to recent reports, fenofibrate seems to act as a weight-stabilizer through PPAR $\alpha$ , but these results were obtained using male and female ovariectomized animal models (Chaput et al., 2000; Guerre-Millo et al., 2000; Mancini, 2001; Yoon et al., 2002; Jeong et al., 2004). These reports suggest that fenofibrate prevents excessive body weight



**Fig. 5.** Number (A) and size (B) of parametrial adipocytes in female mice. Female C57BL/6J mice ( $n=5$ /group) received a high fat or the same high fat diet supplemented with fenofibrate (FF; 0.05% w/w) for 13 weeks. Number and size of adipocytes in a fixed area ( $100,000 \mu\text{m}^2$ ) were quantified by an image analysis system. All values are expressed as the mean  $\pm$  SD.

and fat from adipose tissue by increasing fat catabolism in the liver. Although fenofibrate improves obesity in several animal models, our results demonstrate that fenofibrate treatment did not decrease high fat diet-induced body weight gain and adipose tissue mass in female mice.

Similar to the effects of fenofibrate on body and adipose tissue weights, our results failed to show the decreased levels of circulating total cholesterol and triglycerides in fenofibrate treated-female mice. In contrast to results presented in the present study, previous works reported that fenofibrate significantly reduced serum concentrations of these



**Fig. 6.** Effects of fenofibrate on the expression of leptin and TNF $\alpha$  mRNA in parametrial adipose tissue of female mice. **(A)** Female C57BL/6J mice (n=5/group) received a high fat or the same high fat diet supplemented with fenofibrate (FF; 0.05% w/w) for 13 weeks. Total RNA (2  $\mu$ g) was analyzed by RT-PCR. All values are expressed in arbitrary units (A.U.) using  $\beta$ -actin as a reference. **(B)** Representative RT-PCR analysis, from an independent experiment.

lipid parameters in male animals and men (Lupien et al., 1991; Fruchart et al., 1998; Staels et al., 1998). Conflicting reports suggest that fenofibrate controls lipid metabolism with sexual dimorphism and fenofibrate-activated PPAR $\alpha$  actions on lipid metabolism may be influenced by other factors, including ovarian factors.

Adipogenesis, or the development of fat cells from preadipocytes, includes morphological changes, cessation of cell growth, expression of many lipogenic enzymes, extensive lipid accumulation, and establishment of sensitivity to most or all of key hormones that impact on this cell type (Rosen and Spiegelman, 2000). In the respect to morphological changes and lipid accumulation during adipogenesis, it was reported that a high fat diet induced adiposity and the increase in adipose tissue mass was due to the enlargement of the preexisting adipocytes with increased lipid accumulation (Ogawa et al., 2004; Villena et al., 2004; Yagi et al., 2004). Similar to these investigators, our histological

analysis showed that a high fat diet (15% fat) increased hypertrophic adipocytes compared with a chow diet (4.5% fat) (not shown). However, a fenofibrate-containing high fat diet did not decrease the size and concomitantly increase the number of adipocytes compared with a high fat diet alone. Brun et al. (1996) reported that PPAR $\alpha$  might play a role in differentiation of certain adipose depots in response to a different set of physiological activators. Brandes et al. (1986 and 1987) also showed the adipocyte conversion of cultured 3T3-L1 preadipocytes by bezafibrate and the adipose conversion of cultured rat primary preadipocytes by hypolipidemic drugs, suggesting that fibrate-activated PPAR $\alpha$  may promote the differentiation of preadipocytes into adipocytes. Although there are evidences that support the role of PPAR $\alpha$  in adipogenesis, our results demonstrate that fenofibrate cannot stimulate the differentiation of preadipocytes into adipocytes in female mice, consistent with the effects of fenofibrate on adipose tissue mass and circula-

ting triglycerides in female mice.

Adipogenesis is a complex process involving a cascade of expression of transcription factors (PPAR $\gamma$  and C/EBPs) and adipocyte-specific genes. In the course of differentiation of adipocytes, PPAR $\gamma$  and C/EBPs cooperatively induce adipogenic genes, including adiponectin, TNF $\alpha$ , leptin and plasminogen activator inhibitor-1 (Choy et al., 1992; Zhang et al., 1994; Kern et al., 1995; Alessi et al., 1997). Among these adipocyte-specific genes, leptin is known to be a marker for the number of large adipocytes, as hypertrophic adipocytes in obesity increase generation or production of leptin (Zhang et al., 1994). Moreover, the smaller size of adipocytes in mice are associated with a decrease in the expression of adipocyte-specific genes, TNF $\alpha$  and leptin, suggesting that adipose expression of TNF $\alpha$  and leptin genes reflects the size of adipocytes (Okuno et al., 1998). Cabrero et al. (2001) reported that the exposure of adipocytes to bezafibrate, independent of its hepatic effects, reduces mRNA levels of adipocyte markers and increases fatty acid oxidation in primary culture of adipocytes. In contrast to data of Cabrero et al. (2001), our results presented that fenofibrate treatment did not decrease the mRNA expression of these two genes compared with high fat diet-fed control mice, indicating that fenofibrate do not induce an adipose phenotype, which is defined by lipid accumulation and expression of fat-specific marker genes in female mice, leading to the conclusion that PPAR $\alpha$  does not regulate adipogenesis in female mice.

In conclusion, our results provide evidence that the fenofibrate do not have influences on obesity and adipogenesis in female C57BL/6J mice, and the actions of fenofibrate on adipogenesis may be influenced in the presence of ovaries.

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#### Acknowledgements

This work was supported by a grant No. KRF-2003-015-C00621 from the Basic Research Program of the Korea Research Foundation.

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