

자폐장애아 어머니의 우울정도와 그들 자녀의 자폐증상간의 상관관계*

CORRELATION BETWEEN DEPRESSION OF MOTHERS WITH AUTISTIC CHILDREN AND SEVERITY OF AUTISTIC SYMPTOMS OF THEIR CHILDREN

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요 약 :
 가 가
 DSM - 45
 가
 Beck 74
 1) (K - BDI)
 (p=.00), (K - BDI STEN 17 - 19)
 45 26.7% 12 (K - BDI STEN 20 - 23)
 2) 가
 (CARS) 가
 중심 단어 :
 서 론
 DSM - 1)
 (Pervasive developmental disorder)
 (Autistic disorder) 1943 Kanner

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Table 2. K-BDI of mothers with autistic children and normal control

	Autism'mother(N = 45)	Normal control(N = 74)	t-value	df	p
BDI total	17.31 ± 10.92	10.92 ± 6.85	3.51	65.2	.001
BDIFA1	6.93 ± 4.62	4.27 ± 3.04	3.43	67.4	.001
BDIFA2	4.68 ± 3.27	3.17 ± 2.52	2.65	75.6	.01
BDIFA3	3.00 ± 2.31	1.95 ± 1.44	2.71	65.1	.009
BDIFA4	2.68 ± 2.14	1.51 ± 1.73	3.28	117	.001

* BDIFA1 : guilty and self-dislike
 * BDIFA2 : negative self image and psychomotor retardation
 * BDIFA3 : somatic aspect
 * BDIFA4 : emotional expression and negative cognition

Table 3. Correlation between K-CARS and K-BDI total and K-BDI factors

	BDI total	BDIFA1	BDIFA2	BDIFA3	BDIFA4
CARS	.2205	.1820	.1861	.2125	.2213

Pearson correlation coefficient : *p < .05

Beck
 (Beck Depression Inventory - Korean version,
 K - BDI)¹⁹⁾

74

34.1 ± 3.8,
 34.1 ± 3.0,
 가

12.9 ± 2.8 ,
 13.86 ± 2.8
 (Table 1).
 t - test
 K - BDI

K - CARS

Pearson

연구 결과

1. 자폐장애아동 어머니의 K-BDI점수

K - BDI 가 17.3²⁰⁾
 ± 10.9, 10.9 ± 6.8
 (F = 18.33, p = .00),
 K - BDI¹⁹⁾ K - BDI
 STEN (Standard Ten 5.5 가 가
 가 2) 가 가
 (subclinical depression, K - BDI STEN
 17 19) (Table 2). K - BDI 가
 STEN 45
 26.7% 12 (K - BDI STEN 20 가 ,
 23)

2. 어머니의 우울정도와 자폐증상간의 상관관계
 K - BDI
 K - CARS
 (Table 3).
 고 찰
 가
 (coding)

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ABSTRACT

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CORRELATION BETWEEN DEPRESSION OF MOTHERS WITH AUTISTIC CHILDREN AND SEVERITY OF AUTISTIC SYMPTOMS OF THEIR CHILDREN

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Objectives : This study investigated the severity and frequency of depression in mothers with autistic children and the correlation between K-BDI score of mothers with autism and severity of autistic symptoms of their children.

Methods : The subjects for this study consisted of 45 autistic children and their mothers.

The severity of autistic symptoms of children were evaluated by K-CARS and severity of depressive symptoms of mothers with autistic children evaluated by the K-BDI.

Results :

1) Total K-BDI scores of mothers with autistic children were 17.3 ± 10.9 and this score was belonged to subclinical depression on the K-BDI STEN score. There were significant differences of total K-BDI score between in mothers with autistic children and in those of normal control. The 26.7% of 45 mothers with autistic children were depression.

2) There was no correlation between total K-BDI score and each factor of mothers with autistic children and K-CARS score of the their children.

Conclusion : There were many depression in mothers with autistic children than in those of normal control. This result suggested that the education and the supportive psychotherapy for mothers with autistic children is as important as the treatment for autism.

KEY WORDS : Autism · Mother · Depression · Supportive psychotherapy.