# Effect of Growth Hormone on Vitellogenin Production by Estradiol-17 $\beta$ in the Culture of Hepatocytes in the Rainbow Trout *Oncorhynchus mykiss*

# In-Kyu Yeo\* and Yasuo Mugiya

Laboratory of Comparative Physiology, Faculty of Fisheries, Hokkaido University, 3-1-1 Minato, Hakodate 041-8611, Japan

(Received February 1998, Accepted June 1998)

Effects of pituitary and thyroid hormones on estradiol-induced vitellogenin (VTG) induction were electrophoretically examined in primary hepatocyte cultures of rainbow trout. Hepatocytes were precultured for 2 days and then estradiol-17  $\beta$  (E<sub>2</sub>,  $2 \times 10^{-6}$  M), triiodothyronine (T<sub>3</sub>,  $10^{-8} \sim 10^{-6}$  M), bovine growth hormone (bGH,  $10 \sim 100$  ng/m $\ell$ ), ovine prolactin (oPRL,  $100 \sim 500$  ng/m $\ell$ ), and pituitary extract (PE) of rainbow trout (0.75PE/dish) were added to the incubation medium. The hepatocytes were cultured for 7 more days. The addition of oPRL to the incubation medium was not effective in increasing VTG production at any concentrations. The addition of PE to the incubation medium with E<sub>2</sub> was not effective in increasing the rate of VTG production at concentrations of  $10 \sim 50$  ng/m $\ell$ . However, a higher concentration of bGH, 100 ng/m $\ell$ , increased VTG production. The various concentrations of T<sub>3</sub> were ineffective in stimulating VTG production. These results suggest that GH could be one of stimulus factors for VTG production in rainbow trout.

Key words: hepatocyte culture, vitellogenin production, growth hormone, prolactin, thyroid hormones, pituitary extract, rainbow trout

#### Introduction

Vitellogenin (VTG) is the egg-yolk precursor protein that is synthesized in the liver in response to circulating estradiol-17  $\beta$  (E<sub>2</sub>) and released into the blood. Circulating VTG is transported to the developing ovary and accumulated as yolk proteins in eggs after splitting into lipovitellin, phosvitin, and  $\beta$ -components (Hiramatsu and Hara, 1996).

It is no doubt that E<sub>2</sub> is the main inducer of VTG. However, androgens such as testosterone, methyltestosterone, and methylandrostendiol also stimulate VTG production in goldfish and goby (Hori et al., 1979; Le Menn et al., 1980). Wangh and Schneider (1982) reported that thyroid hormone acts as co-hormones of E<sub>2</sub> for the induction of VTG in the tissue culture in *Xenopus laevis*. The intervention of pituitary hormones such as growth hormone and prolactin in VTG production was demonstrated in reptiles (Ho et al.,

1985) and birds (Boehm et al., 1988). Recently, Kwon and Mugiya (1994) reported that VTG production was dramatically stimulated by the combination of E<sub>2</sub> with bGH and/or oPRL in the primary hepatocyte culture in the eel. However, the direct involvement of pituitary hormones and thyroid hormones in VTG production has not been reported in rainbow trout. In the present study, the involvement of pituitary hormones and thyroid hormones in VTG production by estrogenized hepatocytes was examined in rainbow trout. Hepatocytes were cultured with a combination of E<sub>2</sub> and pituitary or thyroid hormones, and synthesized VTG was electrophoretically analyzed.

#### Materials and Methods

Immature rainbow trout (Oncorhynchus mykiss) weighing 100~150 g were obtained from a trout farm and maintained at about 14°C in outdoor ponds at our laboratory. They were fed trout food pellets once a day.

<sup>\*</sup>Present address: Department of Aquaculture, Pukyong National University, Pusan 608-737, Korea

## Hepatocyte Preparation and Incubation

Trout hepatocytes were prepared according to the procedure of Kwon et al. (1993). To briefly summarize their method, after fish were anesthetized with 0.01% 2-phenoxyethanol, the liver of each fish was exposed and perfused with Ca2+-free saline solution (120 mM NaCl, 1.22 mM MgSO<sub>4</sub> · 7H<sub>2</sub>O, 4.7 mM KCl, 1.25 mM KH<sub>2</sub>PO<sub>4</sub>, 23 mM NaHCO<sub>3</sub>, PH 7.4), followed by perfusion with the same solution containing collagenase (0.5 mg/ml; Wako Pure Chem.) and bovine serum albumin (0.98 mg/ml; Sigma) at room temperature (ca. 23°C) for 30 min. The liver was then again perfused with a Ca2+- and Mg2+-free solution containing 2 mM EDTA for 10 min. After mincing with scissors and filtering with a nylon gauze, cells were collected by centrifugation and washed three times with the Ca<sup>2+</sup>-free saline solution. Cell yield and viability were determined by the Trypan Blue exclusion test.

Isolated hepatocytes were plated into a 60 mm plastic petri dish with positive-charge (Falcon) at a density of  $3\times10^{5}$  cells per dish. William's medium E (Life Technol. Inc.) containing  $0.2\,\mu\text{M}$  bovine insulin (Sigma), streptomycin ( $100\,\mu\text{g/ml}$ ), penicillin ( $70\,\mu\text{g/ml}$ ) was used for cell culture. Hepatocyte culture was carried out in  $3\,\text{ml}$  of the medium at 15 °C under 5% CO<sub>2</sub> and air with saturated humidity. Preculture was conducted for 2 days before each experiment.

## Hormone Treatment

Isolated cells were precultured in dishes for 2 days. Estradiol-17  $\beta$  (E<sub>2</sub>,  $2\times10^{-6}$  M in 3  $\mu\ell$  of 95% ethanol), triiodothyronine (T<sub>3</sub>,  $10^{-8}\sim10^{-6}$  M in 3  $\mu\ell$  of in alkalic ethanol), bovine growth hormone (bGH,  $10\sim100$  ng/m $\ell$  in 3  $\mu\ell$  of 0.65% NaCl), and ovine prolactin (oPRL,  $100\sim500$  ng/m $\ell$  in 3  $\mu\ell$  of 0.65% NaCl) were then simultaneously added to the dishes. The bGH and oPRL concentrations used were equivalent to about  $2.3\times10^{-6}\sim2.3\times10^{-5}$  M and  $4.5\times10^{-6}\sim2.3\times10^{-5}$  M, respectively. The effects of these hormones on VTG synthesis were examined for 7 days after addition, during which time media were changed daily. The control cultures received only the solvents.

In addition, thirty-six pituitary glands of rainbow trout were homogenized in the phosphate buffer (pH 7.4) and centrifuged at 3000 g for 10 min. The supernatant (PE) was added to the incubation medium at a concentration of 0.75 pituitary per dish.

#### SDS-Polyacrylamide Gel Electrophoresis (PAGE)

Sodium dodecyl sulfate (SDS)-PAGE was performed in the presence of 2-mercaptoethanol on a precast linear gradient slab gel with a 5 to 20% acrylamide gradient (Laemmli, 1970). Spent medium (3 ml) was collected and centrifuged to remove any debris in the sample. Total proteins were precipitated by adding cold 50% trichloroacetic acid (TCA) to a final concentration of 10%. The whole precipitate was washed three times with 5 ml of 5% TCA, dissolved in 30  $\mu\ell$  of sample buffer (0.175M Tris-HCl, 8M urea, 1% SDS, 0.5% mercaptoethanol, pH 7.4), and applied to each lane of the gel. It was difficult to apply a fixed amount of protein to each lane, because the present experiment was intended to inhibit production. The gels were stained with 0.25% Coomassie brilliant blue R-250 for 30 min. Standard proteins used for molecular weight (MW) determination were carbonic anhydrase (MW 29,000), ovalbumin (45,000), bovine serum albumin (66,000), phosphorylase b (97,400),  $\beta$ galactosidase (116,000), and myosin (205,000).

## Qualitative and Quantitative analyses of VTG

The identification of VTG bands was based on the results of Kwon et al. (1993). Isolated rainbow trout hepatocytes incubated with E<sub>2</sub> produced a protein of electrophoretic mobility of 175 kDa, and Kwon et al. (1993) identified this band (the main band) as VTG by immunoblot analysis and immunoelectrophoresis.

After SDS-PAGE, the integrated optical density (IOD) of the main VTG band was measured by a Bio Image (Millipore). The relative optical density of VTG to total proteins was determined on day 7 after the addition of hormones and was expressed as the percentage of the experimental to control values. Minor subunits of VTG were not considered as VTG, because the subunits constituted only a fairly small part of VTG and overlapped with other proteins (Kwon et al., 1993). An excellent correlation (r=0.99, P<0.01) was reported between the amount of VTG applied to each lane of SDS-PAGE and the IOD over a wide range of VTG concentrations (Yeo and Mugiya, 1997)

#### Statistical analysis

An one-way ANOVA by Fisher's protected least significant difference (PLSD) was used for sta-

tistical evaluation of mean values. Significance was accepted at P < 0.05. Percent data were statistically analyzed after being arcsine transformed.

#### Results

The effects of oPRL, bGH, PE, and T<sub>3</sub> on VTG production were examined in a hepatocyte culture on day 7 after E<sub>2</sub> addition. Figure 1 shows the evaluation of oPRL for VTG production as a percentage of VTG preducted compared to that produced by a control (E<sub>2</sub> only). The rate of VTG production was about 5% lower than that of the control at 100~500 ng/ml oPRL, but its level was not differ significantly from the control level. Therefore, oPRL was not effective in increasing VTG production at any concentration.

The addition of bGH to the incubation medium also had no effect on the stainability of the VTG band at concentrations of 10 ng/ml and 50 ng/ml (Fig. 2). However, band stainability became distinct at a concentration of 100 ng/ml, compared with the control (GH free). The band of VTG was undetectable when only PE was added to the

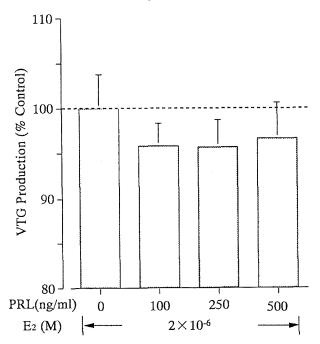


Fig. 1. Effects of various concentrations of oPRL on the  $E_2$ -induced production of VTG. Hepatocytes were cultured in the media containing  $E_2$  ( $2\times10^{-6}M$ ) and oPRL for 7 days. Vertical bars represent the average (mean  $\pm$  SE) percentage of four experiments.

incubation medium. The addition of PE to the incubation medium without  $E_2$  failed to stimulate VTG production by the hepatocytes. The addition of PE to the incubation medium with  $E_2$  did not increase band stainability (Fig. 2).

The addition of bGH to the incubation medium did not increase the rate of VTG production at concentrations of 10 ng/ml and 50 ng/ml (Fig. 3). The rate of VTG production was about 8% higher than and equal to that of the control at these two respective concentrations. However, a higher concentration of 100 ng/ml increased VTG production (P < 0.01) to about 21 % higher than that of the control. These results suggest that GH stimulates VTG production in rainbow trout.

The addition of PE to the incubation medium with  $E_2$  did not increase VTG production. The addition of PE to the incubation medium without  $E_2$  failed to stimulate VTG production, and the VTG level was not differ from the background level without  $E_2$  (data not shown).

The addition of  $T_3$  had no effect on VTG production at concentrations of  $10^{-8}$  M and  $10^{-6}$  M (Fig. 4). When hepatocytes were cultured with  $E_2$  and  $10^{-7}$  M  $T_3$ , the rate of VTG production was about 10% higher than that of the control, but the difference was not significant. Therefore, the present results suggest that  $T_3$  does not increase VTG production in estrogenized hepatocytes.

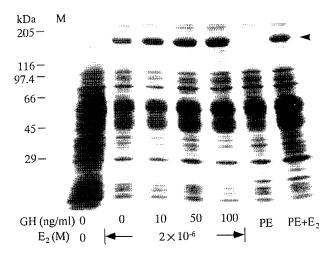


Fig. 2. Effects of bGH or PE on the E<sub>2</sub>-induced production of VTG (arrowhead) in hepatocyte cultures. Spent media were analyzed on day 7 in culture by gradient SDS-PAGE. M: molecular weight (MW) marker. CBB stain.

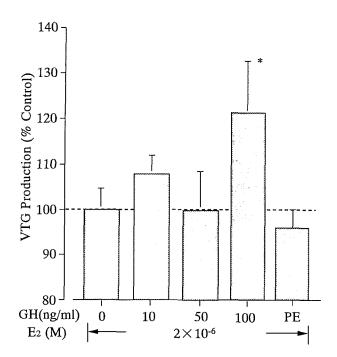


Fig. 3. Effects of various concentrations of bGH and PE on the E<sub>2</sub>-induced production of VTG. Hepatocytes were cultured in the media containing E<sub>2</sub> ( $2 \times 10^{-6} M$ ), bGH, and PE for 7 days. Vertical bars represent the average (mean  $\pm$  SE) percentage of six experiments. \* P < 0.01 for E<sub>2</sub> alone.

#### Discussion

Kwon and Mugiya (1994) reported that VTG was minimally synthesized by E2 alone in hepatocyte cultures in eels and that the combination of E2 with bGH and/or oPRL dramatically stimulated the VTG production. Similarly, the stimulation of VTG production by the pituitary hormones was reported in oviparous species other than fish (Ho et al., 1985: Carnevali et al., 1992; Boehm et al., 1988). In the present study, effects of various concentrations of bGH and oPRL on the induction of VTG production by E2 in rainbow trout were examined. Additionally, effect of PE on VTG production was also examined. Most hormones tested were ineffective in stimulating VTG production in rainbow trout, but higher concentration of bGH (100 ng/ml) significantly stimulated VTG production by the hepatocytes, suggesting an involvement of GH for VTG production in rainbow trout.

Although E<sub>2</sub> is the main inducer for VTG production, our previous results showed that the relative amount of VTG to other proteins was

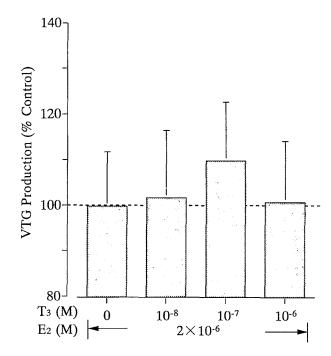


Fig. 4. Effects of various concentrations of T<sub>3</sub> on the E<sub>2</sub>-induced production of VTG. Hepatocytes were cultured in the media containing E<sub>2</sub> (2×10<sup>-6</sup>M) and T<sub>3</sub> for 7 days. Vertical bars represent the average (mean ± SE) percentage of four experiments.

higher in vivo than in vitro. These results suggest that there is a factor other than E<sub>2</sub> that stimulates VTG production in vivo. Kwon and Mugiya (1994) reported that VTG production increased dramatically after the combination of E<sub>2</sub> with GH and/or PRL in a primary hepatocyte culture from eels. In the present study, a high concentration of 100 ng/ml GH stimulated VTG production. Therefore, GH is a stimulus factor for VTG production in rainbow trout. However, little information is available about why a high concentration of 100 ng/ml GH increases VTG production.

The involvement of pituitary hormones in VTG production was confirmed by studies on the hepatic  $E_2$  receptors. The hypophysectomy of female turtles caused a decrease in the number of hepatic  $E_2$  receptors, which was partially restored by GH treatment (Riley and Callard, 1988; Riley *et al.*, 1987). In ovariectomized lizards, the administration of GH with  $E_2$  increased the levels of total receptors in the liver nucleus (Paolucci, 1989). However, no data is available on the multihormonal regulation of  $E_2$  receptors in fishes.

On the other hand, GH is known to activate adenylate cyclase activity and increase cAMP concentrations in the adipose tissue of rats (Swislocki, 1970). Singh and Thomas (1993) also demonstrated that a high concentration of GH rapidly increases cAMP concentrations in ovarian tissue *in vitro*. Therefore, it is possible that a high dose (100 ng/ml) of GH secondarily stimulated VTG production by hepatocytes through stimulation of cAMP production in the cells. The effects of cAMP will be studied in further analyses.

Wangh and Schneider (1982) reported that thyroid hormone acts as a co-hormone of E2 for the induction of VTG in tissue cultures of hepatocytes in Xenopus laevis. In contrast, Kwon et al. (1993) reported that the addition of T<sub>3</sub> (10<sup>-7</sup> M) to a culture medium did not enhance E2-induced VTG production in a hepatocyte culture of rainbow trout. The data presented have also showed that various concentrations of T3 did not stimulate VTG production. Moreover, we found that the addition of GH, PRL, and T<sub>3</sub> to the incubation medium without E2 did not stimulate VTG production by the hepatocytes (data not shown). The addition of PE to the incubation medium without E2 also failed to stimulate VTG production. Therefore, VTG production requires the presence of E<sub>2</sub> in rainbow trout. The variations in the response to pituitary hormones and/or thyroid hormone among different species raise many possibilities for further investigations.

In conclusion, a higher concentration of 100 ng/m $\ell$  bGH was effective in stimulating VTG production, but oPRL and  $T_3$  were not. Therefore, GH will be one of stimulus factors for VTG production in rainbow trout.

## References

- Boehm, K. D., R. L. Hood, and J. Ilan. 1988. Induction of vitellogenin in primary monolayer cultures of cockerel hepatocytes. Proc. natl. Acad. Sci. U.S.A. 85, 3450~3454.
- Carnevali, O., G. Mosconi, K. Yamamoto, T. Kobayashi, S. Kikuyama, and A. M. Polzonetti-Magni. 1992. Hormonal control of in vitro vitellogenin synthesis in Rana esculenta liver: Effect of mammalian and amphibian growth hormone. Gen. Comp. Endocrinol. 88, 406~414.
- Hiramatsu, N. and A. Hara. 1996. Relationship between vitellogenin and its related egg yolk proteins in sakhalin taimen (*Hucho perryi*). Comp. Biochem. Physiol. 115A, 243~251.

- Ho, S. M., L. J. Wangh, and I.P. Callard. 1985. Sexual differences in the in vitro induction of vitellogenesis in the turtle (*Chrysemys picta*): Role of the pituitary and growth hormone. Comp. Biochem. Physiol. 81B, 467~472.
- Hori, S. H., T. Kodama, and K. Tanahashi. 1979. Induction of vitellogenin synthesis in goldfish by massive doses of androgens. Gen. Comp. Endocrinol. 37, 306~320.
- Kwon, H.-C. and Y. Mugiya. 1994. Involvement of growth hormone and prolactin in the induction of vitellogenin synthesis in primary hepatocyte culture in the eel, *Anguilla japonica*. Gen. Comp. Endocrinol. 93, 51~60.
- Kwon, H. C., S. Hayashi, and Y. Mugiya. 1993. Vitellogenin induction by estradiol-17 β in primary hepatocyte culture in the rainbow trout, Oncorhynchus mykiss. Comp. Biochem. Physiol. 104B, 381 ~396.
- Laemmli, U. K. 1970. Cleavage of structural proteins during assembly of the head of bacteriophage T<sub>4</sub>. Nature 227, 680~685.
- Le Menn, F., H. Rochefort, and M. Garcia. 1980. Effect of androgen mediated by estrogen receptor of fish liver: Vitellogenin accumulation. Steroids 35, 315~328.
- Paolucci, M. 1989. Estradiol receptor in the lizard liver (*Podarcis s.* Sicula). Seasonal changes and estradiol and growth hormone dependence. Mol. Cell. Endocrinol. 66, 101~108.
- Riley, D. and I. P. Callard. 1988. Characterivzation of turtle lever nuclear estrogen receptors, seasonal changesm and pituitary dependence of cytosolic and nuclear from. J. Exp. Zool. 245, 277~285.
- Riley, D., G. J. Heiserman, R. Macpherson and I. P. Callard. 1987. Hepatic estrogen receptor in the turtle, *Chrysemys picta*: Partial characterization, seasonal changes and pituitary dependence. J. Steroid Biochem. 26, 41~47.
- Singh, H. and P. Thomas. 1993. Mechanism of stimulatory action of growth hormone on ovarian steroidogenesis in spotted seatrout, *Cynoscion nebulosus*. Gen. Comp. Endocrinol. 89, 341~353.
- Swislocki, N. I. 1970. Dissociation of lipolysis and protein anabolism by ACTH, bGH and TSH in adipose tissue by dibutyryl cyclic AMP and the ophylline. Biochem. Biophys. Acta 201, 242~249.
- Wangh, L. J. and W. Schneider. 1982. Thyroid hormones are corequisites for estradiol-17  $\beta$  in vitro induction of Xenopus vitellogenin synthesis and secretion. Develop. Biol. 89, 287~293.
- Yeo, I.-K. and Y. Mugiya. 1997. Effects of extracellular calcium concentrations and calcium antagonists on vitellogenin induction by estradiol-17  $\beta$  in primary hepatocyte culture in the rainbow trout Oncorhynchus mykiss. Gen. Comp. Endocrinol. 105, 294~301.