

세로토닌과 정신의학

양 병 환*†

Serotonin in Psychiatry

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ABSTRACT

Serotonin has been implicated in the etiology of many disease states and may be particularly important mental illness, such as depression, anxiety, schizophrenia, sleep disorders, suicide, eating disorders, obsessive compulsive disorders, migraine and others. Many currently used treatments of these disorders are thought to act by modulating serotonergic function.

The identification of many serotonin subtypes, most of which have been shown to have functional activity and differential distribution, has stimulated considerable effort into synthesizing selective ligands(drugs) to help understand their significance.

This should understand the role of serotonin in mental disorders and these new drugs can be studied alone and in combination with other treatments in order to clarify the parameters of drug use for the clinical effect.

KEY WORDS : Serotonin · Mental disorder · Serotonin receptor subtypes · Selective serotonin receptor drugs.

서 론

1930 (serum) (tonic) (Page 1932), (intestinal mucosa) chromaffin cell enteramine 가, serotonin enteramine . 1948 Cleveland Clinic serotonin(5 - hydroxy tryptamine, 5 - HT) (Fig. 1)

2) monoamine

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(MAOI)가 가 MAOI monoamine serotonin norepinephrine 가 1949 LSD가 가 (Fig. 1) 가(Wooley 1962), 가 clozapine risperidone 가 가 Gaddum Picaselli(1957) M , dibenzyline (block) D morphine M

Peroutka Snyder(1979) D 5-HT2
 , M Derkach (1989) 5-HT3

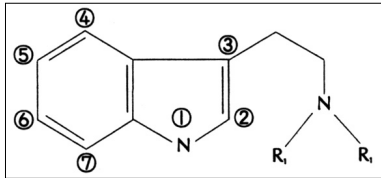
(Fargin 1988 ; Julius 1988 ;

Tecott Julius 1993),

Radio ligand
 (subtype)

가

(Hoyer 1994).



가

세로토닌계

Fig. 1. Structural relationships of the various indolealkyl amin

Compound	Substitutions
Tryptamine	R ₁ and R ₂ =H
Serotonin	Tryptamine with 5 hydroxy
DMT*	R ₁ and R ₂ =methyl
DET*	R ₁ and R ₂ =ethyl
Bufotenine*	5 hydroxy, DMT
Szara psychotrope*	6 hydroxy, DET
Psilocin*	4 hydroxy, DMT
Harmaline*	6 methoxy ; R ₁ forms isopropyl link to C ₂
5-MT	5-methoxytryptamine
5, 6 DHT	5,6 dihydroxytryptamine
5, 7 DHT	5,7 dihydroxytryptamine

*Psychotropic or behavioral effects

caudal linea nucleus(CLN) dorsal
 raphe nucleus(DRN) median raphe nucleus(MRN) su-
 pralemniscal nucleus(SLN) 4가

가 ascending nucleus dorsal raphe nucl-

eus 235,000 5-HT immunoreactive neuron 가

(Baker 1990).

(raphe nucleus) superior group

(Fig. 3).

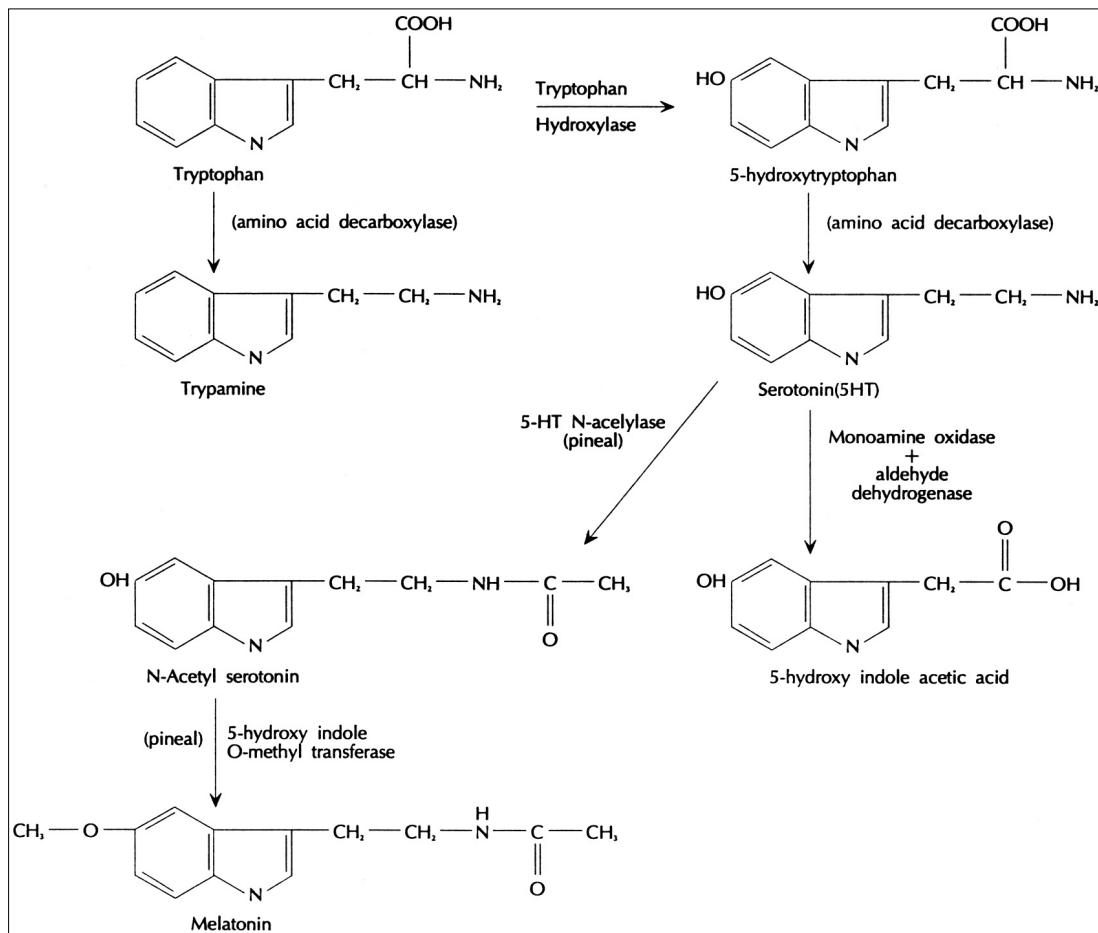


Fig. 2. The metabolic pathways available for the synthesis and metabolism of serotonin.

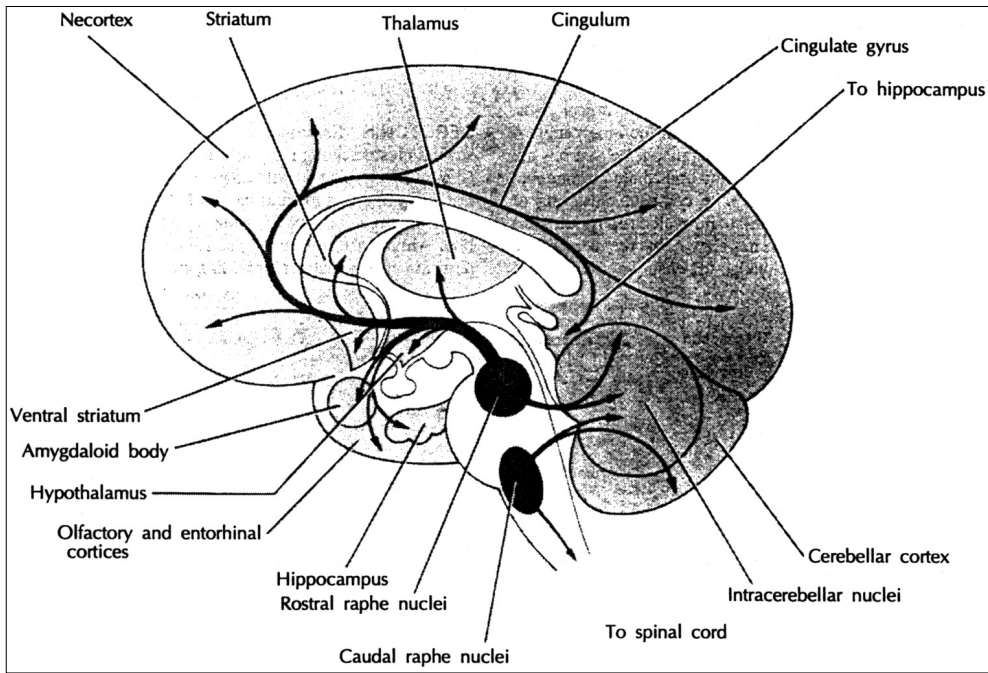


Fig. 3. Serotonergic pathways.

Table 1. Clinical areas influenced by altered 5-HT function

Affective disorders	Substance abuse
Anxiety disorders	Pain sensitivity
Obsessive-compulsive disorder	Emesis
Schizophrenia	Mycoclonis
Eating disorders	Neuroendocrine regulation
Sleep disorders	Circadian rhythm regulation
Sexual disorders	Stress disorders
Impulse disorders	Carcinoid syndrome
Developmental disorders	
Aging and neurodegenerative disorders	

granule 가 Granule
 thalamocortical connection
 가 electrical entry
 serotonin innervation 가 neuronal circ-
 uits , interneuronal pool consolidation
 (Lidow Molliver 1982).

세로토닌과 행동(Behavior)

, presynaptic postsy -
 naptic
 가

(Table 1)(Fig. 4),
 (Dubovsky 1994).

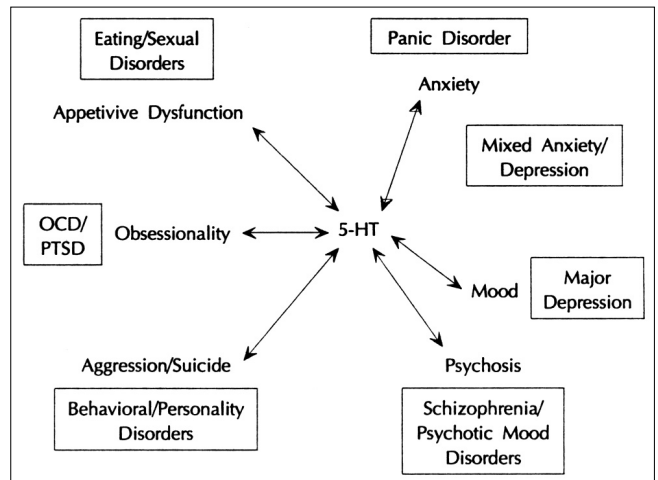


Fig. 4. Influence of some serotonergic dimensions on diagnosis. Abbreviations : OCD=obsessive compulsive disorder. PTSD=posttraumatic stress disorder.

glucocorticoid feedback

gene transcription

neural network (imbalance) 가

(Dubovsky Thomas 1995).

세로토닌 수용체 아형

GABA

15가

(Table 2),

Table 2. Serotonin receptor classification

Effector mechanism	Subtype	Primary effector	Brain locations
G protein coupled	5-HT _{1A}	AC, K ⁺ channel	Hippocampus, amygdala, entorhinal cortex, raphe nuclei
	5-HT _{1B}	AC	Hippocampus, striatum, substantia nigra, raphe nuclei, cerebellum
	5-HT _{1D}	AC	Dorsal raphe nucleus
	5-HT _{1D}	AC	Hippocampus, striatum, substantia nigra, raphe nuclei, cerebellum
	5-HT _{1E}	AC	Cerebral cortex, putamen
	5-HT _{1F}	AC	Cerebral cortex, hippocampus, raphe nuclei, solitary tract nucleus
	5-HT _{2A}	PI turnover	Cerebral cortex, hippocampus, striatum
	5-HT _{2B}	PI turnover (Stomach fundus)	
	5-HT _{2C}	PI turnover	Choroid plexus, hippocampus, habenula, substantia nigra, locus coeruleus, raphe nuclei
	5-HT ₄	AC	Colliculi, hippocampus
	5-HT _{5A}	Unknown	Olfactory bulb, cerebral cortex, hippocampus, habenula, cerebellum
	5-HT _{5B}	Unknown	Hippocampus, habenula, raphe nuclei
	5-HT ₆	AC	Striatum, amygdala, cortex
	5-HT ₇	AC	Thalamus, hypothalamus
Ligand-gated ion channel	5-HT ₃	Cation selective (excitatory)	Olfactory bulb, cerebral cortex, hippocampus, amygdala, hypothalamus, solitary tract nucleus

Note. AC=adenylate cyclase activity PI=phosphatidylinositol

5-HT1 family 가 (Perouka Snyder 1979), adenylyate cyclase

5-HT1 family 5-HT1C 5-HT2

family 5-HT2C

5HT1A hippocampus, septum, amygdala

alcohol buspirone (Pedigo 1981).

5-HT1A astrocytes

neuro-trophic factor S-100

astrocyte developmental disorder Down 가

5-HT1B substantia nigra, globus pallidus, dorsal subiculum, superior colliculi (Pazos Po-

lacios 1985),

5-HT1D

5-HT1E 1992 Levy

5-HT1F, 5-HT1P, 5-HT1S

5-HT1S

5-HT2 family phosphoinositol phospholipase C (Conn Saunders-Bush 1985).

5-HT2A neocortex (Hoyer 1986).

5-HT2A antagonist ritancerin 가 (Melzer Nash 1991).

5-HT2A antagonist (Me-

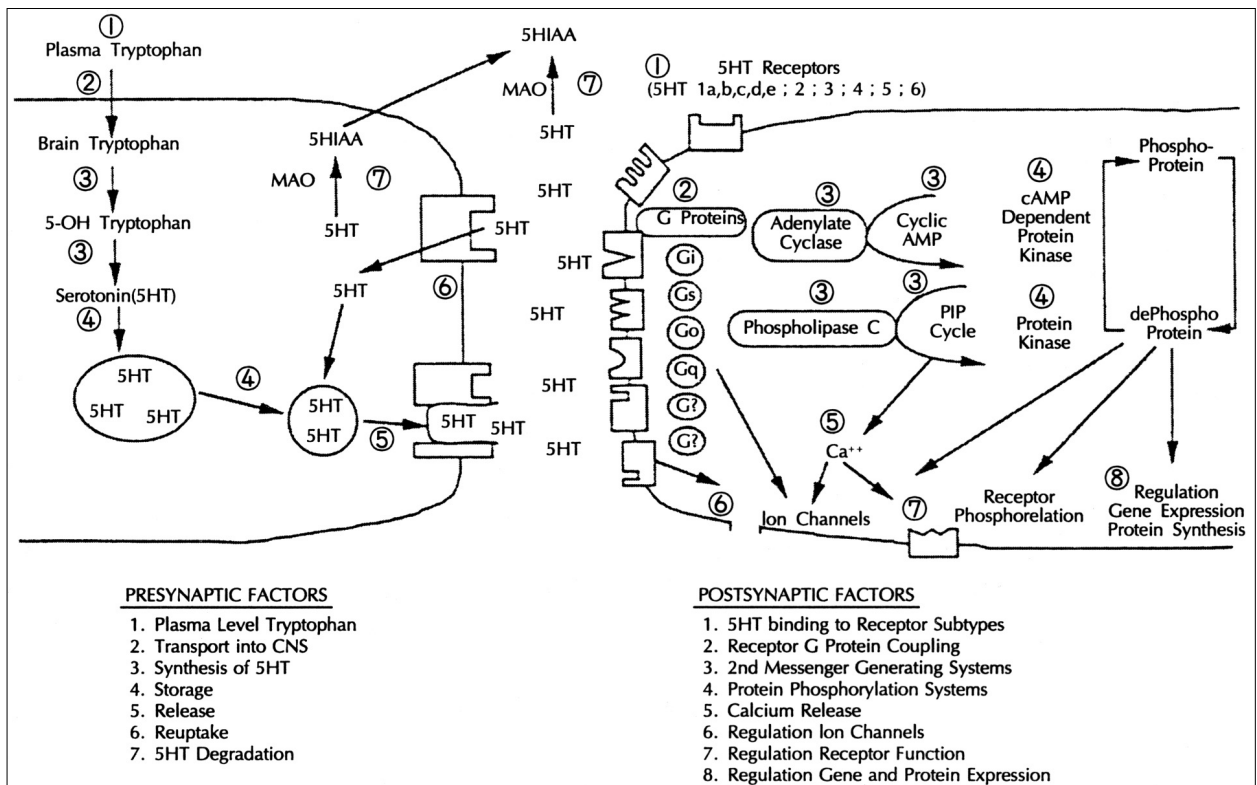


Fig. 5. A schematic diagram of aspects of serotonergic neurotransmission that could be modified by pharmacologic treatments or that may be altered in disease states.

lzer 1989). 5-HT_{2A} 5-HT_{5B} ion channel
(Glennon 1990). , LSD . 5-HT_{5A}
5-HT_{2B} rat stomach fundas (Foguet . 5-HT₆ adenylate cy -
1992). clase corpus striatum, limbic, cortex
5-HT_{2C} 5-HT_{1C} , ph - (Roth
osphoinositol cGMP , 1994).
(Pompeiano 1994). 5-HT₇ adenylate cyclase
, 가 5-HT_{2A} , neuroendocrine ,
5-HT_{2C} . ritancerin LSD
5-HT G clozapine (Roth
5-HT₃ ligand-gated 1994).
(Maricg 1991). ,
5-HT₃ area postrema, entorhinal cortex .
, (Tecott 1993), ,
. 5-HT₄ family
adenylate cyclase , mouse embryo (Fig. 5)
, (Grossman 가
1993), ,
5-HT₅ 5-HT_{5A}

세로토닌과 임상장애

가

(Dubovsky 1994).

가

가

selective ser-
otonin receptor inhibitor(SSRI) fluoxetine, paroxet-
ine

가

clozapine rispe-
ridone olanzapine

bupirone

ondansetron LSD
mescaline

sumatriptan fenflur-
amine

중심 단어 :

agonist antagonist

(gene knockout techn-
ology) gene targeting procedure
(Dulawa 1997).

가

가

가

결 어

1948 serotonin(5-HT)

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