

# Arachidonic Acid Inhibits Norepinephrine Release through Blocking of Voltage-sensitive $\text{Ca}^{2+}$ Channels in PC12 Cells

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We studied the mechanism of arachidonic acid on the secretion of a neurotransmitter in rat pheochromocytoma PC12 cells. Arachidonic acid inhibited the 70 mM  $\text{K}^+$ -induced secretion of norepinephrine. Arachidonic acid also inhibited the 70 mM  $\text{K}^+$ -induced  $\text{Ca}^{2+}$  mobilization which is due to the opening of the voltage-sensitive  $\text{Ca}^{2+}$  channels (VSCC). Both the half maximal inhibitory concentration ( $\text{IC}_{50}$ ) of the norepinephrine secretion and VSCC coincided at 30  $\mu\text{M}$ . The major oxidized metabolites of arachidonic acid, prostaglandins did not mimic the inhibitory effect of arachidonic acid. Nordihydroguaiaretic acid (NDGA) and indomethacin which are inhibitors of lipoxygenase and cyclooxygenase, respectively, did not block the inhibitory effect of arachidonic acid. The results suggest that arachidonic acid serves as a signal itself, not in the form of metabolites. The pretreatment of various  $\text{K}^+$  channel blockers such as 4-aminopyridine, tetraethylammonium, glipizide, or glibenclamide also did not show any effect on the inhibitory effect of arachidonic acid. Through these results we suggest that arachidonic acid regulates VSCC directly and affects the secretion of neurotransmitters.

Arachidonic acid is one of the polyunsaturated fatty acids in the plasma membranes. Arachidonic acid itself and its oxidized metabolites, serve as an important signal in various tissues. The sources of arachidonic acid include phospholipase  $\text{A}_2$  ( $\text{PLA}_2$ )-mediated phospholipid hydrolysis, lysosomal hydrolysis of low-density lipoprotein (LDL) and modification of diacylglycerol which is produced by phospholipase C (PLC) or phospholipase D (PLD) (Burgoyne and Morgan, 1990).

The physiological actions of arachidonic acid have been studied in many tissues. The most interesting activity among the reported action of arachidonic acid is the regulation of ion channel activity. Arachidonic acid is known to have the following effect: inhibition of  $\text{K}^+$  channel (Wang et al., 1992; Damron et al., 1993), inhibition of delayed-rectifier  $\text{K}^+$  channel (Honore et al., 1994), inhibition of ATP-sensitive  $\text{K}^+$  channels, activation of ATP-insensitive  $\text{K}^+$  channels in rat atrial cells (Kim and Clapham, 1989; Kim and Duff, 1990), or activation of  $\text{K}^+$  channel (Ordway et al., 1989). Arachidonic acid inhibits voltage-sensitive  $\text{Ca}^{2+}$  channels (VSCC) (Shimada and Somlyo, 1992; Keyser and Alger, 1990; Damron and Dorman, 1993) and  $\text{Cl}^-$  channels (Anderson and Welsh, 1990; Hwang et al., 1990). Fraser et al. reported that

arachidonic acid inhibits  $\text{Na}^+$  channels and GABA release (1993).

Though there has been many reports on arachidonic acid, the cellular action mechanism of arachidonic acid is still controversial (Wang et al., 1992). It has been reported that arachidonic acid modulates protein kinase A (PKA), protein kinase C (PKC) (Bell and Burns, 1991; Danesch et al., 1994), NADPH oxidase (Sakata et al., 1987), and the GTPase-activating protein (Han et al., 1991). The change in the lipid environment of the ion channel, the inhibition of PKA-induced phosphorylation, and the obstruction of the channel inner mouth are also suggested as possible mechanisms.

The rat pheochromocytoma cell, PC12 has been a good model cell line for the study of the neuronal system. We observed that arachidonic acid inhibits the secretion of norepinephrine and  $\text{Ca}^{2+}$  increase induced by the opening of VSCC in PC12 cells. We focused on the arachidonic acid-induced inhibition of norepinephrine release, and tried to describe the effect and the mechanism of action.

## Materials and Methods

### Materials

Arachidonic acid, prostaglandin  $\text{E}_2$  ( $\text{PGE}_2$ ),  $\text{PGD}_2$ ,  $\text{PGF}_2$ , and  $\text{PGI}_2$ , indomethacin, nordihydroguaiaretic acid (NDGA), nifedipine, 4-aminopyridine, tetraethyl-

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ammonium, cAMP, and sulfinpyrazone were purchased from Sigma. Glipizide, glibenclamide, and  $\omega$ -conotoxin GVIA were obtained from Research Biochemical International. Fura-2/AM was obtained from Molecular Probes. [ $^3$ H]Norepinephrine and [ $^3$ H]adenosine were purchased from NEN. RPMI 1640 and penicillin/streptomycin were purchased from GIBCO. Bovine calf serum and horse serum were obtained from HyClone.

#### Cell Culture

Rat pheochromocytoma PC12 cells, were grown in RPMI 1640 supplemented with 10% (v/v) heat-inactivated bovine calf serum, 5% (v/v) heat-inactivated horse serum, and 1% (v/v) penicillin/streptomycin in a humidified atmosphere of 5% CO<sub>2</sub> at 37°C. The culture medium was changed every two days and the cells were subcultured weekly.

#### Measurement of [ $^3$ H]norepinephrine secretion

Catecholamine secretion from PC12 cells was measured in 24 well plates following the method reported by Suh and Kim (1994). In brief, [ $^3$ H]norepinephrine (1  $\mu$ Ci/ml) was loaded by incubating cells with RPMI 1640 for 1 h at 37°C in 5% CO<sub>2</sub>/95% air. The cells were washed two times and then incubated in Locke's solution (154 mM NaCl, 5.6 mM KCl, 5.6 mM glucose, 1 mM CaCl<sub>2</sub>, 1 mM MgCl<sub>2</sub>, and 5 mM HEPES buffer adjusted to pH 7.4) for 15 min to stabilize the cells. Then the cells were incubated again with fresh Locke's solution for 15 min to measure basal secretion. The cells were subsequently stimulated with the drugs under test for 15 min. The medium was removed from each well and residual catecholamines were extracted from the cells by adding 10% trichloroacetic acid. The radioactivity was measured with a scintillation counter. The amount of [ $^3$ H]norepinephrine secreted was calculated as percentage of total [ $^3$ H]norepinephrine content.

#### [Ca<sup>2+</sup>]<sub>i</sub> Measurement

[Ca<sup>2+</sup>]<sub>i</sub> was determined using the fluorescent Ca<sup>2+</sup> indicator fura-2 as reported previously (Choi and Kim, 1996). Briefly, the PC12 cell suspension was incubated in fresh serum-free RPMI 1640 medium with 3  $\mu$ M fura-2/AM for 50 min at 37°C under continuous stirring. The loaded cells were then washed twice with Locke's solution. Sulfinpyrazone (250  $\mu$ M) was added to all solutions to prevent dye leakage. For the fluorimetric measurement of [Ca<sup>2+</sup>]<sub>i</sub>, 1  $\times 10^5$  cells/ml were placed into a quartz cuvette in the thermostatically controlled cell holder at 37°C and continuously stirred. Fluorescence ratios were monitored with dual excitation at 340 and 380 nm and emission at 500 nm. Calibration of the fluorescent signal in terms of [Ca<sup>2+</sup>]<sub>i</sub> was performed as described

by Grynkiewicz *et al.* (1985) using the following equation

$$[Ca^{2+}]_i = K_D[(R - R_{min})/(R_{max} - R)](S_{f2}/S_{b2})$$

where R is the ratio of fluorescence emitted by excitation at 340 and 380 nm. S<sub>f2</sub> and S<sub>b2</sub> are the proportionality coefficients at 380 nm excitation of Ca<sup>2+</sup>-free fura-2 and Ca<sup>2+</sup>-saturated fura-2, respectively. In order to obtain R<sub>min</sub>, the fluorescence ratios of the cell suspension were measured successively at a final concentration of 4 mM EGTA, 30 mM Trizma base, and 0.1% Triton X-100. Then the cell suspension was treated with CaCl<sub>2</sub> for a final concentration of 4 mM Ca<sup>2+</sup> and the fluorescence ratios were measured to obtain R<sub>max</sub>.

#### Determination of intracellular cyclic AMP

Cyclic AMP generation in intact cells was determined by measuring the formation of [ $^3$ H]cAMP from [ $^3$ H]adenine nucleotide pools as described previously (Park and Kim, 1996). Briefly, cells were loaded with [ $^3$ H]adenine (2  $\mu$ Ci/ml) in complete medium for 24 h. After the loading, the cells were washed two times with Locke's buffer solution. 1  $\times 10^6$  cells were aliquoted in Eppendorf tube for stimulation. The stimulation reaction was stopped by adding 1 ml ice-cold 5% (v/v) TCA containing 1  $\mu$ M non-labeled cAMP. The tubes were left on ice for 30 min to extract the water soluble components including cAMP and ATP. Tubes were centrifuged at 15,000  $\times g$  for 15 min to precipitate the cell debris. [ $^3$ H]cAMP and [ $^3$ H]ATP were separated by using sequential chromatography on Dowex AG50W-X4 (200-400 mesh) cation exchanger and neutral alumina column. [ $^3$ H]ATP fraction was obtained by elution with 2 ml of distilled water from Dowex column and then the sequential elution with 3.5 ml distilled water was loaded to the alumina column. The alumina column was eluted by 4 ml imidazole buffer solution (100 mM, pH 7.2) into scintillation vials containing 15 ml scintillation fluid to count the [ $^3$ H]cAMP. Increase of intracellular cAMP concentration was presented as [ $^3$ H]cAMP/([ $^3$ H]ATP + [ $^3$ H]cAMP)  $\times 10^3$ .

#### Analysis of data

All quantitative data are expressed as mean  $\pm$  SEM. The results were analyzed for differences using the one-way ANOVA. We calculated IC<sub>50</sub> by the AllFit for Windows (De Lean *et al.*, 1978). Differences were considered to be significant only for  $P < 0.05$ .

#### Results

To test the physiological role of arachidonic acid on the exocytotic process, PC12 cells were treated with

arachidonic acid and norepinephrine secretion was measured. Arachidonic acid reduced the 70 mM K<sup>+</sup>-induced norepinephrine secretion in a concentration-dependent manner (Fig. 1). The half maximal inhibitory concentration (IC<sub>50</sub>) was 30 μM.

In addition, arachidonic acid also inhibited the activity of VSCC in PC12 cells. As shown in Fig. 2, arachidonic acid reduced the membrane depolarization-induced increase in cytosolic Ca<sup>2+</sup> level which was triggered by the treatment of 70 mM K<sup>+</sup>. The effect of arachidonic acid once again shows a concentration-dependent manner (Fig. 2B). Arachidonic acid shows slow and sustained increase in [Ca<sup>2+</sup>]<sub>i</sub> at above 300 μM, which might be due to the nonspecific perturbation of the membrane structure (data not shown). The IC<sub>50</sub> was 30 μM which is well coincided to the results of norepinephrine secretion.

L-type and N-type VSCC are mainly expressed in PC12 cells (Park and Kim, 1996). We tested the subtype of VSCC which is the inhibitory target of the arachidonic acid signaling with nifedipine and ω-conotoxin GVIA which are the specific antagonists for L-type and N-type VSCC, respectively. We, however, found that arachidonic acid inhibits both types of VSCC (data not shown).

Arachidonic acid can be a substrate for cyclooxygenase (converted to prostaglandins and thromboxanes) and lipoxygenase (converted to leukotrienes). We tested the possibility that the arachidonic acid

effect is mediated by the downstream product prostaglandins. Pretreatment with 10 μM PGE<sub>2</sub> did not influence the 70 mM K<sup>+</sup>-induced [Ca<sup>2+</sup>]<sub>i</sub> increase (Fig. 3). We treated other types of prostaglandins, PGD<sub>2</sub>, PGF<sub>2</sub>, and PGI<sub>2</sub>, and did not detect any inhibitory activity (data not shown).

We also tested whether arachidonic acid acts through the generation of another second messenger, the cAMP. However, arachidonic acid and PGE<sub>2</sub> did not produce cAMP in PC12 cells, whereas forskolin, an activator of adenylyl cyclase, successfully increased cytosolic cAMP level (Fig. 4). The data suggest that there is no active receptor for the prostaglandins.

To confirm the action of the metabolized form of arachidonic acid, we tested the effect of NDGA and indomethacin, which are the inhibitors of lipoxygenase and cyclooxygenase, respectively. Because auto-

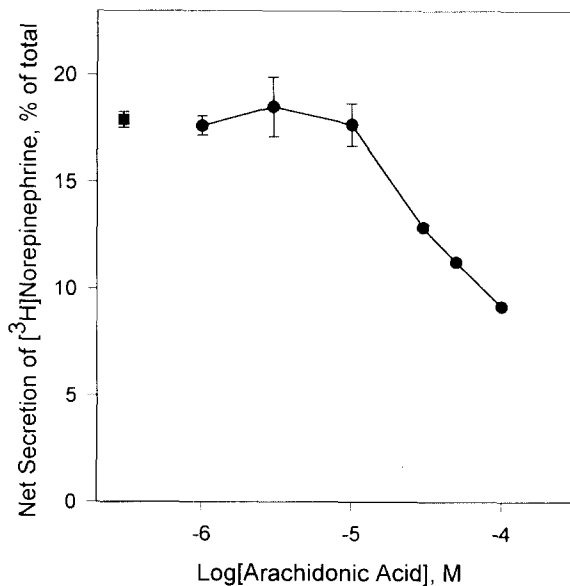


Fig. 1. Effect of arachidonic acid on 70 mM K<sup>+</sup>-induced [<sup>3</sup>H] norepinephrine secretion in PC12 cells. Cells were preincubated with indicated concentrations of arachidonic acid for 15 min to [<sup>3</sup>H] norepinephrine-loaded cells and challenged with 70 mM K<sup>+</sup> (circle). The 70 mM K<sup>+</sup>-induced [<sup>3</sup>H] norepinephrine secretion in the absence of arachidonic acid also indicated (square). The amount of secreted [<sup>3</sup>H] norepinephrine was measured as described in Materials and Methods and is presented as percentage of total radioactivity of cells. The experiments were performed three times independently and the results were reproducible. Each point was obtained from triplicate experiments and is shown as mean + SEM.

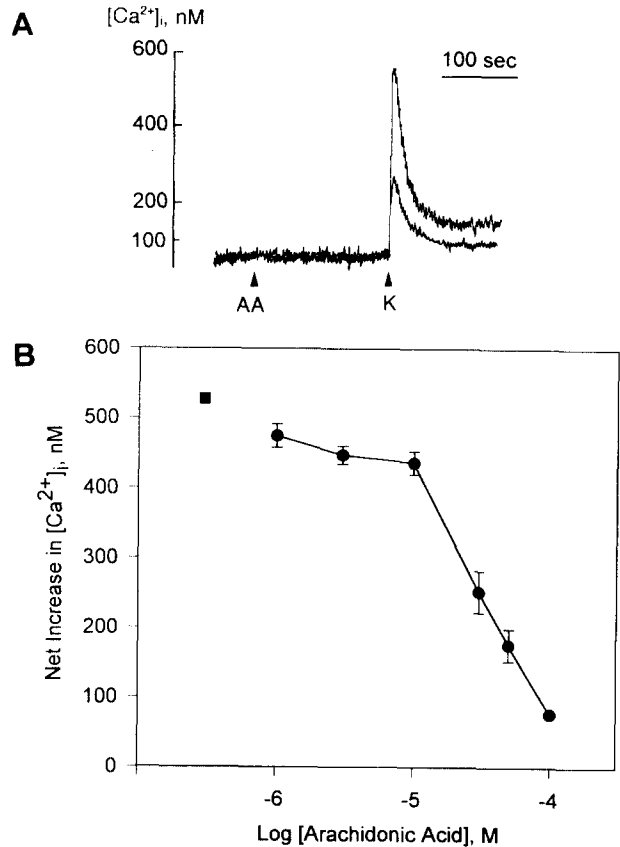


Fig. 2. Effect of arachidonic acid on 70 mM K<sup>+</sup>-induced [Ca<sup>2+</sup>]<sub>i</sub> rise in PC12 cells. A, Fura-2/AM loaded PC12 cells were pretreated with (lower trace) or without (upper trace), 50 μM arachidonic acid, then challenged with 70 mM K<sup>+</sup>. Typical Ca<sup>2+</sup> transients are presented. B, Arachidonic acid inhibits 70 mM K<sup>+</sup>-induced [Ca<sup>2+</sup>]<sub>i</sub> rise in a concentration-dependent manner. PC12 cells were treated with various concentrations of arachidonic acid for 3 min and then stimulated with 70 mM K<sup>+</sup> (circle). The 70 mM K<sup>+</sup>-induced [Ca<sup>2+</sup>]<sub>i</sub> increase without arachidonic acid treatment was also indicated (square). The quantity of [Ca<sup>2+</sup>]<sub>i</sub> was calibrated as described in Materials and Methods. The peak height of each stimulation was compared with the control [Ca<sup>2+</sup>]<sub>i</sub> rise evoked by 70 mM K<sup>+</sup> in the absence of arachidonic acid. The experiments were performed four times independently and the results were reproducible. Each point is the mean + SEM.

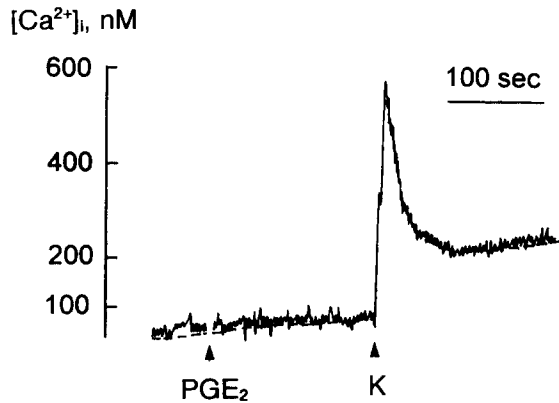


Fig. 3. Effect of PGE<sub>2</sub> on 70 mM K<sup>+</sup>-induced [Ca<sup>2+</sup>]<sub>i</sub> rise in PC12 cells. Fura-2/AM-loaded PC12 cells were pretreated with (dotted trace) or without (continuous trace) 10 μM PGE<sub>2</sub>, then challenged with 70 mM K<sup>+</sup> (K). Typical Ca<sup>2+</sup> transients from more than four separate experiments are presented.

fluorescence of these agents distort the fluorescence of fura-2, we could not confirm the effect with the [Ca<sup>2+</sup>]<sub>i</sub> levels. So we examined the possibility with norepinephrine secretion (Fig. 5). Indomethacin did not affect the inhibitory effect of arachidonic acid. NDGA itself partially decreased the 70 mM K<sup>+</sup>-induced secretion. However, the pretreatment with NDGA did not block the additional inhibitory effect of arachidonic acid. In addition, PGE<sub>2</sub> did not show the regulatory effect on the 70 mM K<sup>+</sup>-induced norepinephrine secretion.

Many reports showed that arachidonic acid regulates several kinds of K<sup>+</sup> channels (Kim and

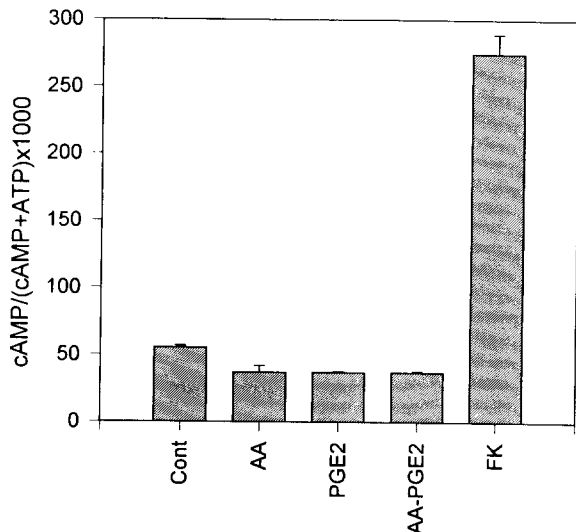


Fig. 4. PGE<sub>2</sub>, arachidonic acid, and forskolin-induced cAMP production in PC12 cells. [<sup>3</sup>H] Adenine-loaded PC12 cells were preincubated with 1 mM IBMX for 15 min, then treated with 10 μM PGE<sub>2</sub>, 50 μM arachidonic acid, or 1 μM forskolin for 15 min in the presence of 1 mM IBMX. The experiments were performed three times independently and the results were reproducible. Each results are the mean + SEM from triplicate assays.

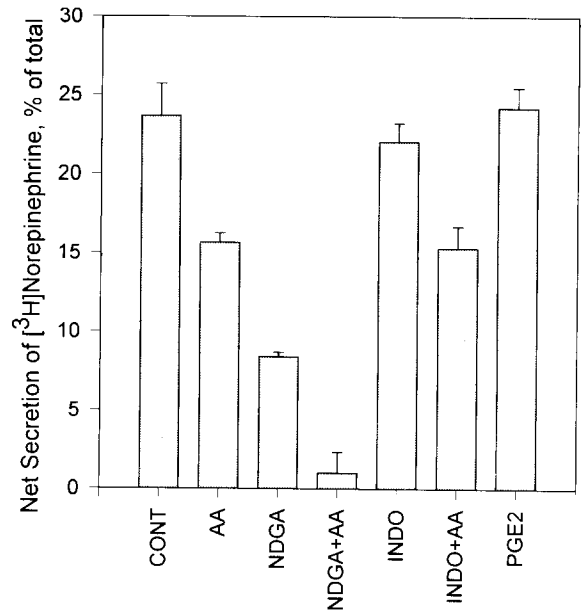


Fig. 5. Effects of NDGA and indomethacin on inhibitory effect of arachidonic acid. [<sup>3</sup>H] norepinephrine-loaded cells were preincubated with 50 μM arachidonic acid (AA) with or without 50 μM NDGA or 50 μM indomethacin (INDO) for 15 min, then challenged with 70 mM K<sup>+</sup>. 10 μM PGE<sub>2</sub> was also tested as arachidonic acid. The amount of secreted [<sup>3</sup>H] norepinephrine is presented as the percentage of total radioactivity of cells. Each point was obtained from triplicate experiments and is shown as mean + SEM. The experiments were performed three times independently.

Clapham, 1989; Wang et al., 1992; Damron et al., 1993; Honore et al., 1994). We tested whether arachidonic acid activates K<sup>+</sup> channels, because the activation of K<sup>+</sup> channel could inhibit VSCC. Pretreatment with the inhibitors for K<sup>+</sup> channel, 4-aminopyridine (1 mM), tetraethylammonium (1 mM) did not block the arachidonic acid-induced VSCC inhibition (Fig. 6). Pretreatment with the inhibitors for K<sub>ATP</sub> channel, glipizide (10 μM) and glibenclamide (1 μM), also did not block the arachidonic acid-induced inhibition of VSCC.

## Discussion

Arachidonic acid is a major component of membrane lipids. Metabolites of arachidonic acid, have a variety of biological effects and can also act as second messengers. Low concentrations of arachidonic acid and other fatty acids are present in the extracellular space conditions, and consequently they could be important regulators of normal cellular functions.

Though Fraser et al. (1993) reported that arachidonic acid inhibits GABA release, the mechanism of arachidonic acid has not been elucidated clearly. We studied the arachidonic acid effect on the norepinephrine secretion in PC12 cells.

Until now, the signaling of arachidonic acid has been classified in two categories. One is the meta-

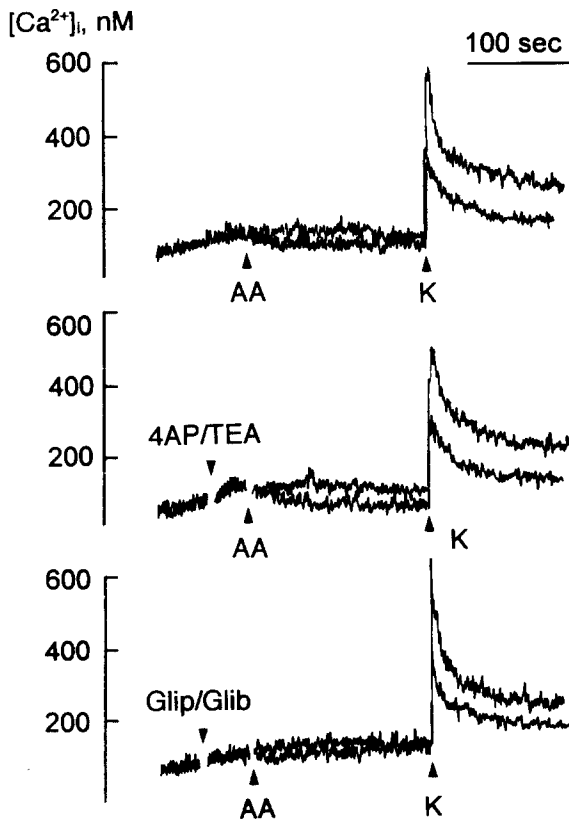


Fig. 6. Involvement of  $K^+$  channels on the action of arachidonic acid. (Up) Fura-2/AM-loaded PC12 cells were pretreated with  $50 \mu\text{M}$  arachidonic acid then challenged with  $70 \text{ mM}$   $K^+$  without inhibitor treatments. Cells were pretreated with (lower trace) or without (upper trace)  $50 \mu\text{M}$  arachidonic acid and both traces are depicted. (Middle)  $1 \text{ mM}$  4-aminopyridine and  $1 \text{ mM}$  tetraethylammonium were pretreated (4AP/TEA) with arachidonic acid (AA) and treated with  $70 \text{ mM}$   $K^+$  (K). (Down)  $10 \mu\text{M}$  glipizide and  $1 \mu\text{M}$  glibenclamide (Glip/Glib) were pretreated with arachidonic acid (AA) and treated with  $70 \text{ mM}$   $K^+$  (K). The experiments were performed in the same batch of the cells to compare the inhibition. Typical  $\text{Ca}^{2+}$  transients from more than four separate experiments are presented.

bolites of arachidonic acid, such as prostaglandin, thromboxane and leukotriene (Needleman et al., 1986). Arachidonic acid differs from other fatty acids in that it is a substrate for cyclooxygenase and lipoxygenase. Arachidonic acid is transformed to prostaglandin, leukotriene, and thromboxane with the help of these enzymes. In this case, the production of arachidonic acid is the rate-determining step of production of prostaglandins or leukotrienes. Since the products are the agonists for prostanoid and leukotriene receptors, they are involved in the activation of PLC or adenylyl cyclase, subsequent activation of PKC or PKA. A lot of the studies which report the action mechanism of arachidonic acid show prostanoid-, or leukotriene-dependent mechanisms.

However, we did not find any positive evidence for the involvement of metabolites of the arachidonic acid cascade in the inhibitory effect of norpeneprine secretion in PC12 cells. Our result using NDGA and

indomethacin could be served as a negative evidence; there is no regulatory effect of indomethacin and NDGA on the action of arachidonic acid. Korn and Horn (1990) reported that NDGA itself inhibits VSCC by a mechanism distinct from other  $\text{Ca}^{2+}$  channel antagonists or arachidonic acid metabolism. Though NDGA inhibited the VSCC-induced secretion, it could not reverse the effect of arachidonic acid.

Furthermore,  $\text{PGE}_2$  did not affect the increase in  $[\text{Ca}^{2+}]_i$  through VSCC and showed no detectable increase in cytosolic cAMP. The results suggest that there is no active prostanoid receptor for the metabolites of arachidonic acid. Because it is reported that an increased cAMP level inhibits VSCC in PC12 cells (Park and Kim, 1996) and  $\text{PGE}_2$  is a good stimulant for adenylyl cyclase in many types of cells (Needleman et al., 1986), the existence of adenylyl cyclase-linked prostanoid receptor might explain the mechanism of arachidonic acid signaling. However, our results indicate that the metabolite of arachidonic acid does not act as a negative regulator for VSCC.

It is possible that arachidonic acid may directly inhibit the channel activity (Ordway et al., 1991). In this case, arachidonic acid does not produce any detectable second messengers such as cAMP or  $\text{Ca}^{2+}$ . The mechanism of direct action of arachidonic acid is not fully understood. Arachidonic acid has been suggested as a modifier of cellular surface receptors or channels, and a regulator of membrane fluidity. In this case, the target of arachidonic acid could vary. Arachidonic acid could regulate VSCC directly, or it could regulate  $K^+$  channels; the decrease of calcium influx could be due to the activation of  $K^+$  channels in the central nervous systems (Trussell and Jackson, 1987).

We tested the possibility of  $K^+$  channel involvement in the arachidonic acid-induced inhibition of  $\text{Ca}^{2+}$  channels in PC12 cells. In the presence of two blockers of  $K^+$  channels (4-aminopyridine and tetraethylammonium), the inhibition of VSCC by arachidonic acid was not affected (Fig. 6), suggesting that the inhibition of  $\text{Ca}^{2+}$  channels may not be due to the activation of  $K^+$  channels. In addition, it has been suggested that  $K_{\text{ATP}}$  channels cause a hyperpolarization which reduces the probability of opening VSCC, leading to the relaxation of smooth muscle (Quast, 1993). Our result, which tested the involvement of  $K_{\text{ATP}}$  channels using glipizide and glibenclamide as blockers of the  $K_{\text{ATP}}$  channels, shows that VSCC was not influenced by the presence of these blockers. The results suggest that  $K_{\text{ATP}}$  channels are not regulated by arachidonic acid in PC12 cells.

It is widely accepted that VSCC is an important component in the propagation of neuronal signals. The involvement of VSCC is clearly shown in the neurotransmitter release. The physiological relevance of our study exists in the elucidation of cellular

mechanisms of arachidonic acid-induced inhibition of neurotransmitter release through blocking of VSCC. It will be tested by the experiments using the patch clamp technique, which serves as a direct evidence supporting our hypothesis. Because many extracellular signaling molecules activate PLA<sub>2</sub> then produce arachidonic acid, it is suggested that the inhibitory activity of arachidonic acid on VSCC could be one of the important regulatory mechanisms of neurotransmission in the neuronal system.

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