

## Regulation of Luteinizing Hormone Release and Subunit mRNA by GnRH and Ovarian Steroids in Cultured Anterior Pituitary Cells

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### ABSTRACT

The effects of gonadotropin-releasing hormone (GnRH) and ovarian steroid hormones on the release of luteinizing hormone (LH) and its subunit mRNA levels were investigated in anterior pituitary cells in culture. LH concentration was measured by a specific radioimmunoassay and mRNA levels of  $\alpha$  and LH $\beta$  subunits by RNA slot blot hybridization assay. GnRH stimulated LH release in a dose-dependent manner from cultured pituitary cells. However, the basal LH release in the absence of GnRH was not changed during the course of 24h culture, strongly suggesting that release of LH is directly controlled by GnRH. The treatment of the pituitary cells with GnRH increased LH $\beta$  subunit mRNA levels in a dose-dependent manner, reaching the maximum with  $2 \times 10^{-10}$  M GnRH while no significant increase in  $\alpha$  subunit mRNA levels was observed after GnRH treatment. Estradiol did not augment GnRH-induced LH release while progesterone augmented GnRH-induced LH release in a dose-dependent manner at the level of pituitary. However, estradiol and progesterone increased basal and GnRH-induced LH $\beta$  subunit mRNA levels in a dose-dependent manner. The treatment of estrogen antagonist, LY117018 blocked the effect of estradiol on GnRH-induced LH $\beta$  subunit mRNA levels in a dose-dependent manner while progesterone antagonist, RU486 tended to block the effect of progesterone on GnRH-induced LH $\beta$  subunit mRNA levels. It is therefore suggested that GnRH plays a major role in LH release and subunit biosynthesis by influencing the steady state LH $\beta$  subunit mRNA levels and ovarian steroid hormones modulate subunit biosynthesis via directly acting on pituitary gonadotropes.

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**Key Words:** LH $\beta$  subunit, GnRH, Estrogen, Progesterone, Pituitary primary cell culture

### INTRODUCTION

Luteinizing hormone (LH) is a pituitary gonadotropin that plays an important role in sex-

ual development and function, mainly through its influence on gonadal steroidogenesis and gametogenesis. LH, like follicle stimulating hormone (FSH) and thyroid stimulating hormone (TSH), is a glycoprotein hormone and composed of  $\alpha$  and  $\beta$  subunits which are translated from distinct mRNAs encoded by different genes on different chromosomes (Chin, 1986). Within a species, structure of  $\alpha$  subunit of glycoprotein hormones is nearly identical and an uniqueness of  $\beta$  subunit

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confers the biological specificity to each hormone (Pierce and Parsons, 1981).

The secretion of LH is known to be regulated by the hypothalamic GnRH and the gonadal steroid hormones. LH secretion follows two distinct and functionally separate modes, the preovulatory and the tonic releases, and these are regulated by positive and negative feedback actions of ovarian steroid hormones respectively. GnRH appears to exert stimulatory effects on cellular responses involved in LH secretion, receptor up-regulation (Papavasiliou *et al.*, 1986b; Naor, 1990), subunit biosynthesis (Starzec *et al.*, 1986), and subunit glycosylation (Krummen and Baldwin, 1988). Gonadal steroid hormones play a crucial role in LH secretion by acting at the hypothalamic level, thereby modulating the pattern of GnRH secretion, and by directly acting at the pituitary level. (Frawley and Neil, 1984; Saade *et al.*, 1989). However, the mechanisms by which GnRH and ovarian steroids regulate LH synthesis as well as release and the interaction between these factors are not clearly demonstrated.

During the past years, the availability of cDNA clones for  $\alpha$  and LH $\beta$  subunits has allowed investigation for the regulation of LH subunit gene expression by determining the steady state mRNA levels.

Our previous studies have shown that in *in vivo* paradigm such as ovariectomy and ovarian steroid hormone replacement, the circulating levels of LH and FSH generally reflect the steady state mRNA levels of subunits and ovarian steroid hormones negatively regulate LH and FSH synthesis at the pretranslational level by influencing the steady state mRNA levels of  $\alpha$ , LH $\beta$  and FSH $\beta$  subunits (Ryu *et al.*, 1989; Lee, 1990; Kim *et al.*, 1993).

The present study was therefore attempted to determine whether the release of LH is directly coupled with LH $\beta$  subunit gene expression and whether GnRH and ovarian steroids directly modulate LH $\beta$  subunit gene expression at the pituitary level. The studies described herein focus on the effects of GnRH on the synthesis and release of LH and their modulation by ovarian steroid hormones by determining the steady state levels of LH $\beta$  mRNA in static culture of anterior pituitary cells in rats.

## MATERIALS AND METHODS

### Primary culture of anterior pituitary cells

Adult female Sprague Dawley rats (200~250 g) were decapitated and anterior pituitary glands were immediately removed and sliced. Pituitary fragments were incubated in Spinner's Minimum Essential Medium (S-MEM) with trypsin (0.4%) and DNase (10 ug/ gland) at 4°C for 1 hr and then at 37°C for 30 min. Incubates were centrifuged at 400 xg for 5 min and the pellet was suspended in S-MEM with trypsin inhibitor (25 ug/ml), repeating gentle aspiration and expulsion 40 times with Pasteur pipette. The cell suspension was passed through Swinnex filter (74-, 20-, and 15 um nylon mesh). The density of cell was adjusted to  $2 \times 10^6$  cells/ well in 2 ml Eagle's Minimum Essential Medium (E-MEM) with penicillin (100 u/ml), streptomycin (100 ug/ml), 10 % horse serum and 2.5 % fetal calf serum. All sera were dextran-charcoal stripped for the removal of residual steroids. Cells were incubated in 5 % CO<sub>2</sub> at 37°C for 2 days and fresh medium was replaced for each experiment. After treatment of each reagent, medium was stored at -20°C for LH quantitation and cells were harvested with policemen and stored in liquid nitrogen for mRNA determination. GnRH, estradiol and progesterone were dissolved in absolute ethanol. The final concentration of ethanol was less than 0.1 %.

### Radioimmunoassay (RIA) for rat LH (rLH)

LH concentrations in culture medium and cultured cells were determined by RIA using rLH standard (rLH-RP-3) and antibody (anti-rLH-s-10) provided by NIDDK (National Institute of Diabetes & Digestive & Kidney Disease, U.S.A.). rLH was iodinated with <sup>125</sup>I by chloramine-T method. Antibody was used at a final dilution of 1: 40,000. The sensitivity of rLH assay was 0.1 ng/ml and interassay coefficient of variation was 9%.

### Determination of $\alpha$ and LH $\beta$ subunit mRNA

**Probe preparation:** Rat  $\alpha$  and LH $\beta$  cDNA probes were isolated from recombinant plasmids (pBR322- $\alpha$  and pGEM 3-LH $\beta$ ), kindly provided by

Dr. R. Maurer (University of Iowa, U.S.A.) with pst I digestion.  $\gamma$ -actin cDNA probe was used as an internal standard.  $\gamma$ -actin cDNA was isolated from Okayama-Berg cDNA cloning vector with Bam HI digestion. Each cDNA was labelled by random primer labelling method with  $\alpha$ - $^{32}$ P-dCTP.

**RNA preparation:** Total RNA was isolated from cultured pituitary cells ( $2 \times 10^6$  cells) by Nonidet P-40 method (Papavasiliou *et al.*, 1986a). Briefly, pituitary cells were homogenized by glass homogenizer containing 220  $\mu$ l homogenization buffer (10 mM Tris-HCl, pH 7.5, 1 mM EDTA, and 0.5% Nonidet P-40). The homogenate was transferred to a sterile tube and added proteinase K (0.01%, W/V). After incubation (37°C, 30 min), sample was extracted with phenol/chloroform. RNA was precipitated overnight at -20°C with 0.1 volume of 0.3 M sodium acetate (pH 5.4) and absolute ethanol (2.5~3 vol.). Total RNA was then recovered by centrifugation (13,000  $\times$ g) at 4°C for 30 min and dissolved in D.W.

**Slot blot hybridization:** RNA (2~3  $\mu$ g) in 50  $\mu$ l D.W. was transferred to a sterile tube containing 30  $\mu$ l of 20x SSC and 20  $\mu$ l of 37% formaldehyde. The mixture was then incubated at 65°C for 10 min, and chilled on ice. RNA was blotted to Nytran membrane (0.45  $\mu$ m pore size) using slot blot apparatus (Manifold, Schleicher & Schuell, W. Germany). Wells were rinsed with 15x SSC and then baked in vacuum oven at 80°C for 2 hr.

**Hybridization and autoradiography:** The hybridization procedure was similar to that previously described by Papavasiliou *et al.* (1986a). Briefly, Nytran membrane was prehybridized in 50% formamide, 5x SSPE, 5x Denhardt's solution, 0.1% SDS and 2 mg heat-denatured salmon sperm DNA at 42°C for 3 hr. After prehybridization, the blots were hybridized with  $^{32}$ P-labelled probe at 42°C for 18hr. The blots were washed three times with 2x SSC and 0.1% SDS at room temperature and once with 0.1x SSC and 0.1% SDS at 50°C. The slot density in autoradiogram was assessed by densitometric analysis. The integrated peak area of each slot was expressed as arbitrary densitometric unit (ADU).

#### Statistical analysis

The differences between experimental groups were analyzed by one-way ANOVA with t-test

and P values less than 0.05 were considered significant.

## RESULTS

### Effect of GnRH on the LH release and LH subunit mRNA levels in anterior pituitary cells

As shown in Fig. 1A and 2, all doses of GnRH (5

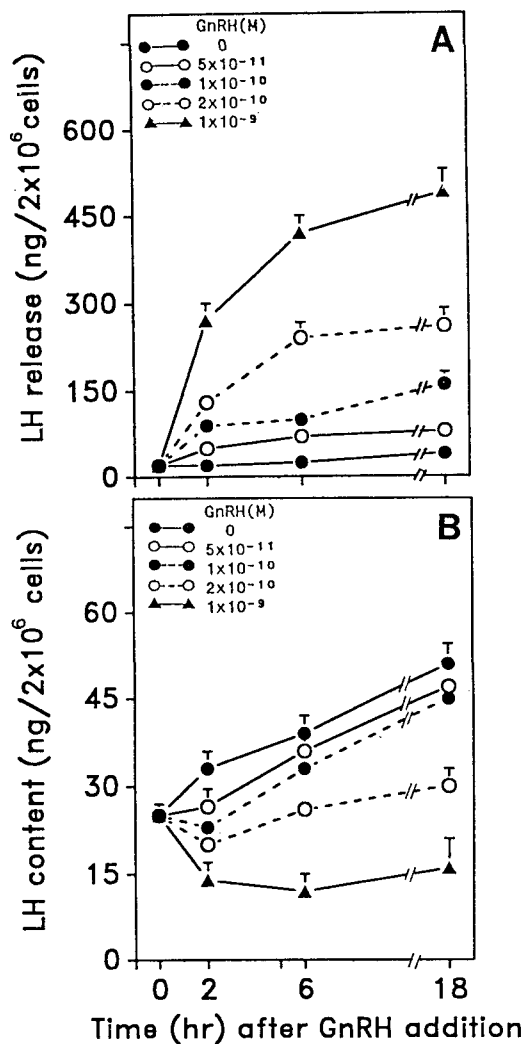


Fig. 1. Effect of GnRH on the LH release (A) and contents (B) in anterior pituitary cells in culture. Each point represents the mean  $\pm$  S.E. of repeated experiments (n=3 to 4).

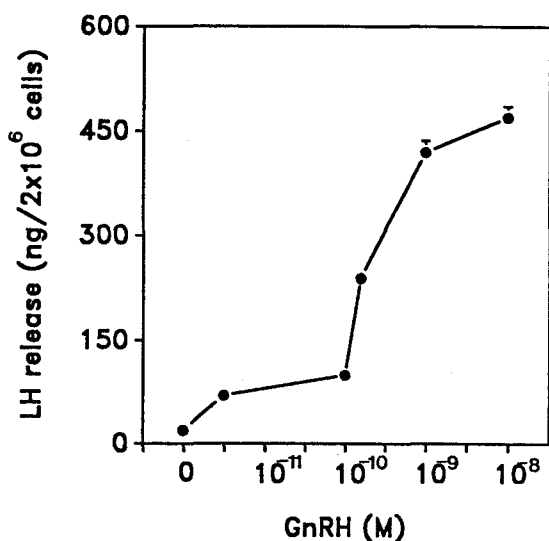


Fig. 2. Dose-response analysis of GnRH stimulation of LH release from anterior pituitary cells in culture. Each point represents the mean  $\pm$  S.E. of repeated experiments ( $n=3$  to 4). \* $P<0.05$ , \*\* $P<0.01$ ; compared with control group.

$\times 10^{-11} \sim 1 \times 10^{-9}$  M) stimulated LH release from the pituitary cells. The LH response to GnRH was time- and dose-dependent, the release being sharply increased during the first 2 hrs after GnRH treatment. In the absence of GnRH, LH release was not changed with time. In the presence of GnRH, LH contents in cultured anterior pituitary cell were negatively correlated with LH release (Fig. 1B). However, LH contents in the pituitary cells tended to increase with time after GnRH addition except the highest dose of GnRH, which induced maximum LH release, suggesting a time-dependent accumulation of newly produced LH after rapid release.

To investigate whether GnRH increased LH subunit mRNA levels in static culture of anterior pituitary cells,  $2 \times 10^{-10}$  M of GnRH was treated. As shown in Fig. 3, the treatment of pituitary cells with GnRH increased LH $\beta$  subunit mRNA levels in a time-dependent manner while  $\alpha$  subunit mRNA levels were not changed. GnRH also increased LH $\beta$  subunit mRNA levels in a dose-dependent manner, reaching the maximum with  $2 \times$

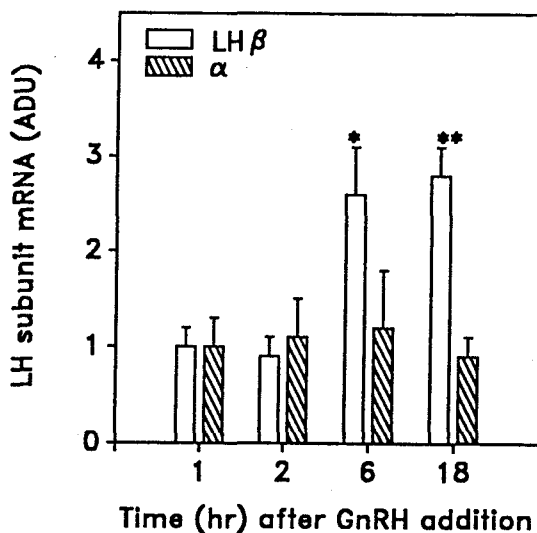


Fig. 3. Time course of changes in  $\alpha$  and LH $\beta$  subunit mRNA levels after GnRH treatment in anterior pituitary cells in culture. Each point represents the mean  $\pm$  S.E. of repeated experiments ( $n=3$  to 4). \* $P<0.05$ , \*\* $P<0.01$ ; compared with control group.

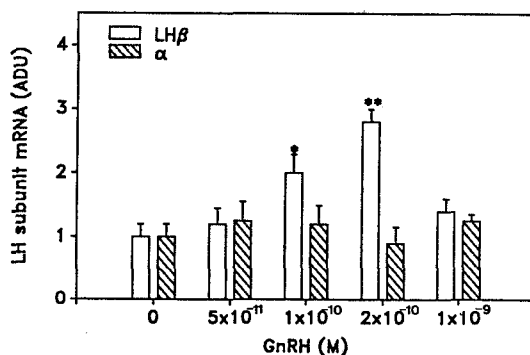


Fig. 4. Effect of GnRH on  $\alpha$  and LH $\beta$  subunit mRNA levels in anterior pituitary cells in culture. Each point represents the mean  $\pm$  S.E. of repeated experiments ( $n=3$  to 4). \* $P<0.05$ , \*\* $P<0.01$ ; compared with control group.

$10^{-10}$  M GnRH while no significant increase in  $\alpha$  subunit mRNA levels was observed (Fig. 4).

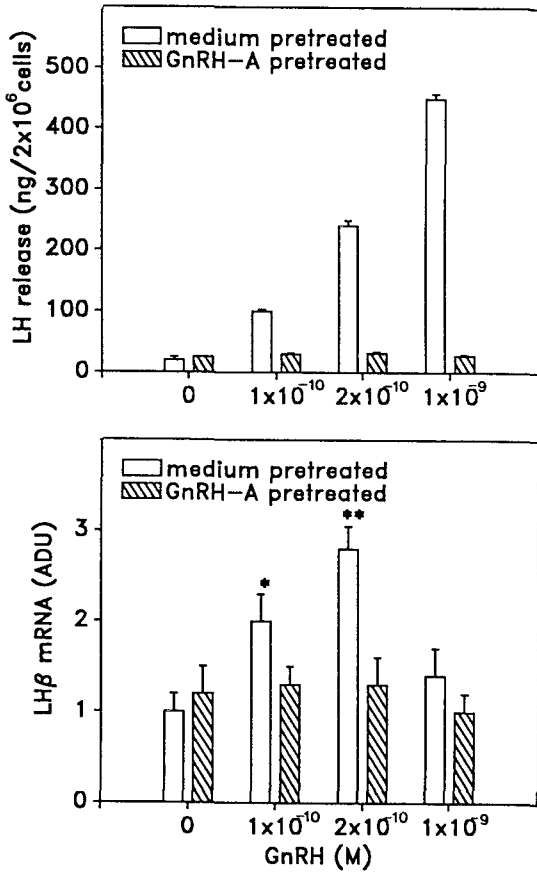


Fig. 5. Effect of GnRH agonist ([d-Ser(But)6-Pro9]-GnRH: Buserelin) on GnRH-induced LH release and LH $\beta$  subunit mRNA levels in rat anterior pituitary cells. Anterior pituitary cells pretreated for 24 hrs with/without  $10^{-7}$  M Buserelin were further incubated with  $2 \times 10^{-10}$  M GnRH. Each bar represents the mean  $\pm$  S.E. of repeated experiments ( $n=3$  to 4). GnRH-A; GnRH agonist. \* $P < 0.05$ , \*\* $P < 0.01$ ; compared with control group.

#### Effect of GnRH agonist on the LH release and LH $\beta$ subunit mRNA levels in anterior pituitary cells

To confirm the effect of GnRH on the LH release and LH $\beta$  subunit mRNA levels, pituitary cells were pretreated for 24 hrs with/without  $10^{-7}$  M GnRH agonist, D-[Ser(But)<sup>6</sup>-Pro<sup>9</sup>]-GnRH (Buserelin) and further incubated with GnRH ( $2$

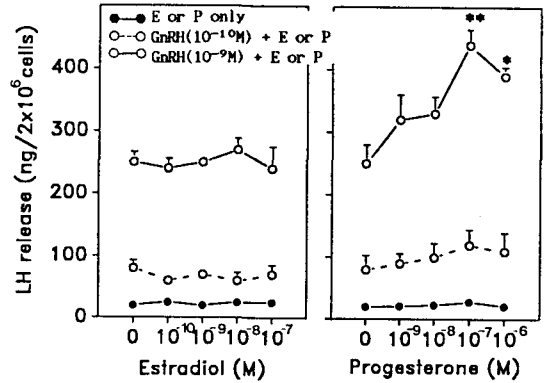


Fig. 6. Effects of estradiol and progesterone on GnRH-stimulated LH release from rat anterior pituitary cells in culture. Each point represents the mean  $\pm$  S.E. of repeated experiments ( $n=3$  to 4). E, estradiol; P, progesterone \* $P < 0.05$ , \*\* $P < 0.01$ ; compared with GnRH-only group.

$\times 10^{-10}$  M) for 18 hrs. The dose of Buserelin treated was supposed to induce down-regulation of GnRH receptors in gonadotropes. The pretreatment of Buserelin completely suppressed the stimulatory effect of GnRH on LH release and LH $\beta$  subunit mRNA levels (Fig. 5).

#### Effects of ovarian steroids on LH release in cultured anterior pituitary cells

To investigate the effects of ovarian steroids on the LH release, anterior pituitary cells were treated with estradiol or progesterone for 18 hrs. As shown in Fig. 6, the treatment of estradiol- or progesterone-only did not stimulate LH release from pituitary cells.

Moreover, GnRH-induced LH release from pituitary cells was not modulated by the treatment of various doses of estradiol. However, the treatment of progesterone augmented GnRH-induced LH release in a dose-dependent manner (Fig. 6). To confirm the effect of progesterone on GnRH-stimulated LH release, pituitary cells were treated with progesterone and progesterone antagonist, RU486. RU486 blocked the stimulatory effect of progesterone on GnRH-induced LH release in a dose-dependent manner (Fig. 7).

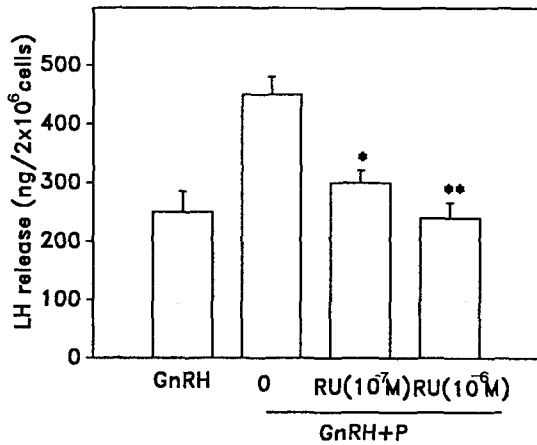


Fig. 7. Effects of progesterone and progesterone antagonist (RU486) on GnRH-stimulated LH release from anterior pituitary cells in culture. Each point represents the mean  $\pm$  S.E. of repeated experiments (n=4 to 5). GnRH+P, GnRH+progesterone; RU, RU486 \*P<0.05, \*\*P<0.01; compared with GnRH+P group.

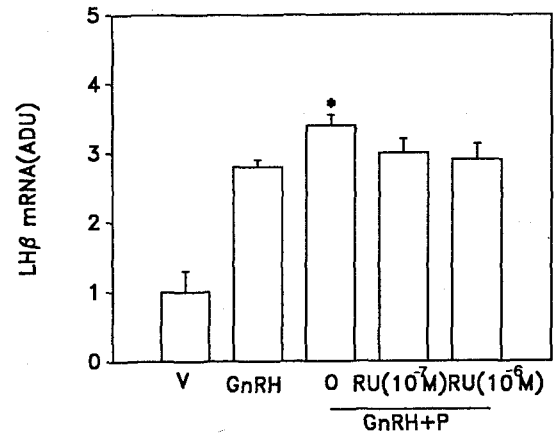
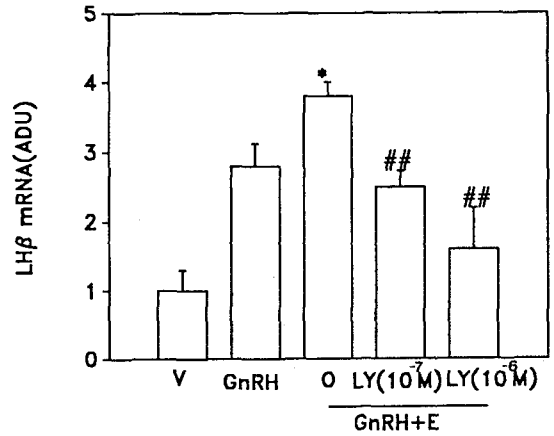


Fig. 9. Effects of ovarian steroids and their antagonists on GnRH-stimulated LHβ subunit mRNA levels in anterior pituitary cells in culture. Each bar represents the mean  $\pm$  S.E. of repeated experiments (n=4 to 5); LY, LY117018. RU, RU486 \*P<0.05; compared with GnRH+P group. ##P<0.01; compared with GnRH+E group.

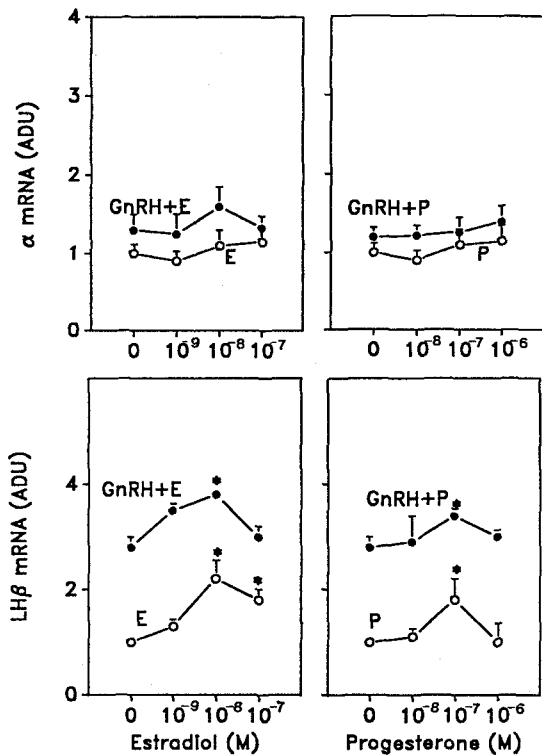


Fig. 8. Effects of estradiol and progesterone on α and LHβ subunit mRNA levels in anterior pituitary cells in culture. Each point represents the mean  $\pm$  S.E. of repeated experiments (n=5). E, estradiol; P, progesterone \*P<0.05; compared with control group.

### Effects of ovarian steroids on LH subunit mRNA levels in cultured anterior pituitary cells

As shown in Fig. 8, the treatment of estradiol or progesterone with/ or without GnRH did not stimulate  $\alpha$  subunit mRNA levels in anterior pituitary cells. But the treatment of estradiol- or progesterone-only stimulated basal LH $\beta$  subunit mRNA levels and enhanced GnRH-induced LH $\beta$  subunit mRNA levels in a dose-dependent manner. To confirm the effect of estradiol or progesterone on GnRH-stimulated LH $\beta$  subunit mRNA levels, pituitary cells were incubated with estradiol and estrogen antagonist, LY117018, or progesterone and progesterone antagonist, RU486. The treatment of LY117018 blocked the effect of estradiol on GnRH-induced LH $\beta$  subunit mRNA levels in a dose-dependent manner while effect of RU486 was not statistically significant (Fig. 9).

## DISCUSSION

The present study indicates that GnRH plays a major role in LH $\beta$  subunit biosynthesis as well as LH release, by influencing the steady state levels of LH $\beta$  subunit mRNA levels in static culture of anterior pituitary cells.

Although *in vivo* studies showed that GnRH regulates gonadotropin subunit gene expression, *in vivo* studies indicated divergence in gonadotropin subunit mRNA response to GnRH, with some disagreements among investigators (Andrews *et al.*, 1988; Salton *et al.*, 1988). Since evidence suggests that not only the presence of GnRH but also the dose and frequency of administration plays a critical role in determining its effect on gonadotropin subunit gene expression *in vivo* (Haisenleder *et al.*, 1988; Dalkin *et al.*, 1989), pituitary perfusion system has the advantage of permitting exogenous signals to be applied in a pulsatile fashion (Shupnik, 1990; Weiss and Jameson, 1993). However, static culture system of pituitary cells used in our study has been useful as an *in vitro* system, since nonpulsatile treatment of low concentrations of GnRH appeared to stimulate LH synthesis as well as release in static culture (Andrews *et al.*, 1988). It has been reported that low

doses of GnRH ( $10^{-10}$  M) increased LH $\beta$  subunit mRNA levels in cultured anterior pituitary cells of immature rats (Andrews *et al.*, 1988). In the present study using adult rats, the treatment of pituitary cells with GnRH also increased LH $\beta$  subunit mRNA levels in a dose-dependent manner, reaching the maximum with  $2 \times 10^{-10}$  M. The ability of GnRH to stimulate LH $\beta$  subunit mRNA levels in static cultures provides a simplified system for further studies of GnRH action on LH subunit gene expression.

Several lines of evidence indicate that synthesis of LH $\beta$  subunit is the rate-limiting step in the biosynthesis of LH (Papavasiliou *et al.*, 1986b; Leung *et al.*, 1988; Kim *et al.*, 1993).

One of points of the present *in vitro* study is that ovarian steroids positively regulate gene expression of LH $\beta$  subunit at the pituitary level. On the other hand, our previous *in vivo* studies have shown that ovarian steroids negatively regulate LH and FSH synthesis at the pretranslational level by influencing the steady state mRNA levels of  $\alpha$ , LH $\beta$  and FSH $\beta$  subunits (Ryu *et al.*, 1989; Lee, 1990; Kim *et al.*, 1993). In mammals, ovarian steroids exert both negative and positive feedback effects on gonadotropin secretion and synthesis. Negative feedback action of estrogen seemed to be operated only at the level of hypothalamus. However, the positive feedback effect of estrogen include actions at the hypothalamus to increase the synthesis (Radovick *et al.*, 1991) as well as secretion of GnRH (Karsch, 1987) and at the pituitary to enhance its responsiveness to GnRH (Wun, 1987; Kaiser *et al.*, 1993). In our results, estrogen significantly increased GnRH receptors in gonadotropes (data not shown). Several authors demonstrated that estrogen augmented GnRH-induced LH release from rat pituitary (Frawley and Neil, 1984; Emons *et al.*, 1989; Kotsuji *et al.*, 1988; Baldwin *et al.*, 1991) or rhesus monkeys (Frawley and Neil, 1984). Therefore it is assumed that ovarian steroids might modulate pituitary responsiveness to GnRH or might directly stimulate LH $\beta$  subunit gene expression, thereby increasing the steady state levels of LH $\beta$  subunit mRNA.

The change in the steady state level of mRNA might reflect regulation at the level of either gene transcription or mRNA stability. Shupnik *et al.* (1989) reported that estradiol stimulated LH $\beta$

transcription rate 2- to 3- folds, but not  $\alpha$  subunit, in short term cultures of pituitary fragments. Indeed, a finding indicates that an estrogen responsive element (ERE) domain is present in the 5'-flanking region of LH $\beta$  subunit gene in rats (Shupnik *et al.*, 1988). Hence, it might be possible that estrogen directly regulates LH $\beta$  subunit biosynthesis at the transcriptional level. Moreover, steroid hormones have been known to control the degradation of specific mRNA (Nielson and Shapiro, 1990). Estrogen regulated the stability of apoVLDL mRNA (Cochrane and Deely, 1988) and vitellogenin mRNA (Gordon *et al.*, 1988). Recently, our laboratory found that estradiol and progesterone modulated LH $\beta$  subunit mRNA levels, in part by increasing mRNA stability (unpublished data). Therefore, the changes in the steady state LH $\beta$  subunit mRNA levels by GnRH and ovarian steroids in the present study might be due to the changes in transcription of LH $\beta$  subunit and/or LH $\beta$  subunit mRNA stability.

From the present study, we conclude that GnRH plays a major role in LH release and synthesis by influencing the steady state LH $\beta$  mRNA levels and ovarian steroid hormones regulate LH synthesis as well as release partly by acting at the pituitary level.

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=국문초록=

## 흰쥐 뇌하수체전엽 배양세포에서 GnRH 및 난소호르몬에 의한 LH $\beta$ subunit 유전자 발현 조절에 관한 연구

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흰쥐의 뇌하수체 전엽배양세포에 gonadotropin-releasing hormone (GnRH)을 처리하였을 때 시간이 경과함에 따라 GnRH농도에 비례하여 luteinizing hormone (LH)의 분비가 증가하였으며, 2시간까지 급격하게 증가하였다. 또한 GnRH를 처리하였을 때  $\alpha$  subunit mRNA의 농도는 증가하지 않았으나 LH $\beta$  subunit mRNA의 농도는 GnRH 농도에 비례하여 증가하였으며, GnRH 처리후 6시간 이후부터 유의하게 증가하였다. 특히 최종농도가  $2 \times 10^{-10}$  M이 되도록 GnRH를 처리하였을 때 LH $\beta$  subunit mRNA 농도가 2.7배 정도 최대로 증가하였다. 또한 estradiol을 단독으로 또는 GnRH와 동시에 처리하였을 때 LH분비가 증가하지 않았으나 progesterone을 GnRH와 동시에 처리하였을 때 LH분비가 유의하게 증가하였다. 또한 LH $\beta$  subunit mRNA의 농도는 estradiol 및 progesterone을 단독으로 또는 GnRH와 동시에 처리하였을 때 난소호르몬 농도에 의존적으로 LH $\beta$  subunit mRNA의 농도가 증가하였다. Estradiol에 의한 LH $\beta$  subunit mRNA의 증가양상은 estrogen 길항제인 LY117018에 의하여 유의하게 감소하였다.

이러한 결과로 보아 GnRH는 steady state LH $\beta$  subunit mRNA 농도에 영향을 미치므로써 LH 분비 및 LH subunit 생합성을 조절하며 난소호르몬은 뇌하수체에 직접 작용하여 LH분비 및 LH subunit 생합성에 영향을 주는 것으로 보인다.