

## Phytochemical Constituents from the Fruits of Bitter Melon

Department of Integrative Plant Science, Chung-Ang University, Anseong  
456-756, Korea : So-Youn Mok, Hye Min Kim, Jeong Min Lee, Dong Gu Lee,  
Sanghyun Lee\*

Department of Food Science and Nutrition, Pusan National University, Busan 609-735,  
Korea : Eun Joo Cho

Department of Food Science, Gyeongnam National University of Science and  
Technology, Jinju 660-758, Korea : Hyun Young Kim

## 여주의 식물성분

중앙대학교 : 목소연, 김혜민, 이정민, 이동구, 이상현\*

부산대학교 : 조은주

경남과학기술대학교 : 김현영

## Objective

Isolation of phytochemical constituents from the fruits of bitter melon (*Momordica charantia*) and their structure elucidation.

## Materials and Methods

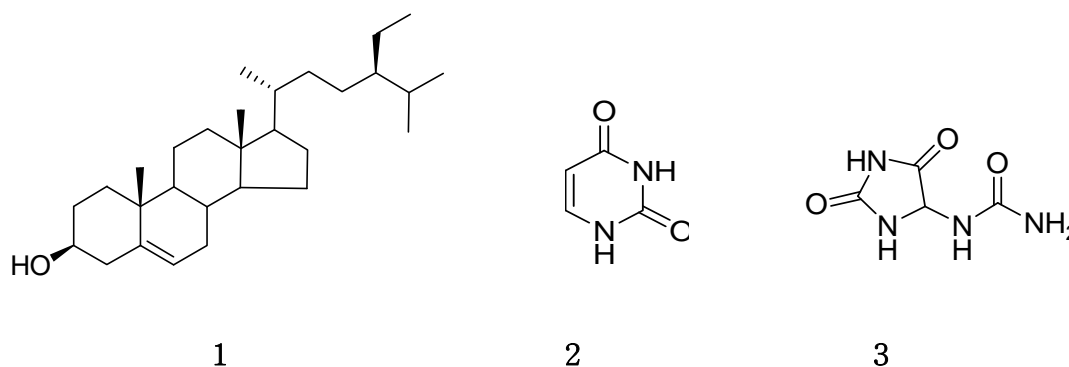
○ Plant materials : The fruits of bitter melon  
○ Methods : The dried and finely powdered fruit part of bitter melon (*Momodica charantia*) which was extracted with MeOH under reflux and solvent was evaporated *in vacuo* to give brown residue. The residue was suspended in H<sub>2</sub>O and partitioned with *n*-hexane, CH<sub>2</sub>Cl<sub>2</sub>, ethyl acetate, and *n*-butanol, successively. A section of the *n*-hexane fraction was chromatographed on a Si gel (6 × 80 cm, No. 7734) column, packed in *n*-hexane, eluting with a step gradient of *n*-hexane/EtOAc followed by EtOAc, all fractions being monitored by TLC. Elution of the Si gel column with *n*-hexane/EtOAc (9:1) afforded compound **1**. A section of the *n*-butanol fraction (9.5 g) was chromatographed on a Si gel (6×80 cm, No. 7734) column, packed in CH<sub>2</sub>Cl<sub>2</sub>, eluting with a step gradient of CH<sub>2</sub>Cl<sub>2</sub>/MeOH followed by MeOH, all fractions being monitored by TLC. Elution of the Si gel column with CH<sub>2</sub>Cl<sub>2</sub>/MeOH (1:9) and CH<sub>2</sub>Cl<sub>2</sub>/MeOH (2:8) afforded compounds **2** and **3**.

## Results

○ Compound **1** showed a molecular ion peak at  $m/z$  414  $[M]^+$  in the EI-MS. The  $^1\text{H-NMR}$  spectrum of **1** showed existence of sterol skeleton. The two angular methyl singlets of 18- and 19-Me at  $\delta$  0.68 and 1.01, and the three doublets of 21-, 26-, and 27-Me at  $\delta$  0.96, 0.83 and 0.80, and the one triplet of 29-Me at  $\delta$  0.91 were observed, respectively. The olefinic proton broad doublet one signal at  $\delta$  5.35 was showed H-6. The  $^{13}\text{C-NMR}$  spectrum of **1** showed 27 resonances, and C-5 and -6 signals were noticed at  $\delta$  141.1 and 122.2, respectively. Accordingly, the structure of **1** was elucidated as  $\beta$ -sitosterol.

○ Compound **2** was showed a molecular ion peak at  $m/z$  112  $[M]^+$  in the EI-MS, which corresponds to a molecular formula of  $\text{C}_4\text{H}_4\text{N}_2\text{O}_2$ . In the  $^1\text{H-NMR}$  spectrum of **2**, doublets at  $\delta$  7.51 ( $J = 7.5$  Hz) and 5.80 ( $J = 7.5$  Hz) assigned H-6 and -5 of pyrimidine, respectively. Accordingly, the structure of **2** was elucidated as uracil.

○ In the EI-MS spectrum of **3**, molecular peak showed at  $m/z$  158  $[M]^+$  corresponding to the molecular formula  $\text{C}_4\text{H}_6\text{N}_4\text{O}_3$ . In the  $^1\text{H-NMR}$  spectrum of **3** showed alkaloid compound. Its curve was obtained relating the peak height of the down-field proton at  $\delta$  10.53. The broad amino signal at  $\delta$  5.77 gradually disappeared and was replaced by a sharp singlet, presumably  $-\text{NHCHNH}-$  further down-field at  $\delta$  5.23. Accordingly, the structure of **3** was elucidated as a alkaloid, named allantoin.



**Fig. 1.** Chemical structures of a sterol (**1**) and two alkaloids (**2** and **3**) isolated from the fruits of bitter melon.