### 건강증진사업 기획자

안 양 희, RN, HCNS, PhD 연세 원주의대 간호학과

#### 배경

• 법적 근거 국민 건강증진 법 제 4조 (건강증진계획 등) 국민 건강증진 법 시행령 제 9조 (주민건강의 증진에 관한 세부계획 등) 국민 건강증진 법 시행규칙 제 2조 (주민건강증진에 관한 세부계획 등의 보고)

#### 기획(Planning)이란?

- 조직의 목표를 달성하기 위한 일과 방법을 개 괄적으로 설계하는 것(L. Gulick)
- 최적의 수단으로 목적을 달성하기 위하여 미 래의 행동결정 방안을 준비하는 과정(Y. Dror)
- 예정된 행동방안을 마련하는 단계(P. LeBreton, D. Henning)
- 합리적인 결정에 도달하기 위한 사회적 과정 (R.Dahl)
- => 행동하기 전에 무엇을 어떻게 해야 하는지를 결정하는 것이며, 미래를 예측하는 것

#### 기획의 특성

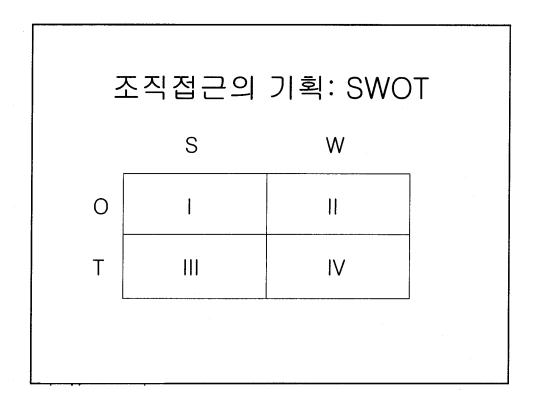
- 미래지향적
- 목표지향적
- 최적의 수단을 탐색하고 선택하는 의사결정과정

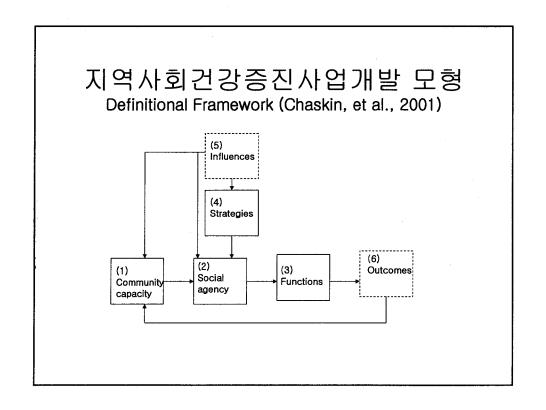
### 기획의 중요성

- 제한된 자원의 적정 배정
- 상호이해대립에 대한 조정 및 결정
- 급변하는 지식, 기술의 수용 및 개발
- 합리적 결정

### 기획과정

- 목적 및 목표설정: SMART
- 자료수집, 분석
- 우선순위 결정: PATCH
- 가설설정
- 대안 비교, 평가
- 최종안 선택





## Characteristics of community capacity

Sense of community:

degree of connectedness among members

Commitment to the community:

responsibility in the community

The ability to solve problems:
 problem-solving mechanism

Access to resources:
 ability to access and leverage

#### Level of social agency

• Individual level:

human capital & leadership

Organizational level:

community-based organization Institutes, groups

· Network level:

relationships among individuals, groups, and organizations

#### **Functions**

- Planning
- · Decision-making and governance
- Delivering services
- Information dissemination
- Organizing
- Mobilizing residents

### Strategies

- Leadership
- Organization development
- · Community organizing
- · Organizational collaboration

#### Conditioning influences

Medicating circumstances:
 Residential stability
 Informal mechanisms of social control
 Unequal distribution of resources
 Power relationships

#### Outcomes

- Two kinds of outcomes
  - 1. sustainable community capacity
  - 2. achievement of other valued outcomes:
    - accessibility of services
    - equitable services
    - quality of services
    - improvements in the experiences of staff and informal careers
    - improvements in the health status

#### Common Problems

- 1. Differing values and interests
- 2. Role confusion and power struggles
- 3. Lack of commitment and resources
- 4. Internal conflicts

## Knowledge needed for health promotion planning

- Human relations
- o Organization
- Leadership
- Partnerships
- o Resource management
- o Capacity building
- Community

## Attitudes needed for health promotion planning

- Respect for the people & community
- Sense of commitment
- Openness to working collaboratively
- Patience and perseverance
- Self-confidence

# Skills needed for health promotion planning

- o Communication and negotiation skills
- Problem solving and conflict resolution
- Managing partnerships
- Time management
- o Financial management
- Stress management

### Implication for nursing

- Community health nursing education
   & practicum:
  - Need for faculty training
  - Need for integrating community capacity building for the health promotion in the curriculum
  - Need for the development of practice manual