

Tobacco Use Prevention and Control Among Adolescent in Yunnan

Xiaoliang LI, Haopeng ZHANG, Ying HUANG, Xia XIAO

School of Public Health, Kunming Medical College. Yunnan. P. R. China

Abstract

In order to prevent the adolescent to begin smoking or make them stop smoking. We programmed a 3 years intervention among 5 schools in Yunnan. The program includes 3 phases. Phase 1, we did the baseline survey in 10 schools - 5 schools as control - with both qualitative and quantitative methods. Phase 2, we trained class teachers from 5 schools to do the intervention integrated in their works, which include 3 aspects; they are knowledge, attitude, and environment. Based on the results from the research, we planned to take strategies of teaching students of life skill, refusing cigarette, brush content, cleaning school environment etc. Phase 3, we will use the same methods have been used before, so we can make a contrast to find the difference before and after our intervention. Through this study we can know what we have done is useful to prevent the adolescent smoking, so that we can develop the useful methods, such as manual or curriculums to use in the other 5 schools we have surveyed. At last we hope the useful methods we have get can generalize to as much as adolescent.