

# A Study on the Women's Hair-style of Weijin-nanbei chao(魏晉南北朝) period

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## I . Instruction

Weijin-nanbei chao(魏晉南北朝) period for 300 years was the most confused in the chinese history that couldn't enjoy the stabilized living caused by endless war political corruption and the chaos of social system. Confucianism led by chinese history had lost persuasive power as its current thoughts But Taoism as new thoughts and religion was popular among people at that time.

Women as well as Men couldn't enjoy the settled living in these disordered period. Above all, we can see through women's life at that time in this study The predominance of men over women was contradictively stronger than any other period in this chaotic times, While the Confucian standard for women was stern. And lots of instructive books and lots of books for virtuous woman was edited at that time. Bangjungsul(房中術) and clothing-style originated in immortality of Taoism allowed men in those days to live their dissolute living and keeping a concubine was much in fashion in chaotic period. The image of womanhood followed confucian standard, double and contradictive image of women as practical and pleasurable means for immortality and coarse life for women was well expressed in verse on the subject of women in disordered times.

Especially We can see that garnish-style and costume-style was expressed as big and gay ornament as any other period did. We can commonly see the expression streaming with long skirts(skirt or two thread of hair) when we can examine the characteristic from Jabgososobok, Hair-style, binbal(Hair braid on the cheek). Judging from social phenomenon that fashion trend is closely related with the social image in those days.

We can not think that the gaudy style of expression like streaming long skirt commonly showing in costume style and hair style in weijin-nanbei chao period had relation with women's life in those days. we can find out the women's hair style in weijin-nanbei chao period and its back-ground in this study. The purpose of this study is as follows.

First, We examine the social circumstances for women and social requirement for women's image in those days to see the factors that inevitably showed the gaudy and diverse women's hair style in weijin-nanbei chao period.

Second, We consider the kind of women's hair-style and characteristic in weijin-nanbei chao period.

Third, We examine the women's life in chinese medieval history through the women's hair-style in weijin-nanbei chao period. The study method is to examine the reference to historical material related with weijin-nanbei chao period and to examine the analysis about hair-style expressed in mural painting of ancient tombs, pictures on the stone, paintings, verse in excavated relic in weijin-nanbei chao period, We can know women's hair-style and its characteristic through them.

## II. Contents of Study and Conclusion

We can examine the poetry described women's life weijin-nanbei chao period and examine religion ideology and social system affected culture for women's life directly or indirectly. This is as follow,

First, Gyuwon(閨怨) poetry of Yutaixinyong in representative anthology on the subject of women in weijin-nanbei chao period among lots of poetry had expressed mostly tragic women's image and life of jiqie(妓妾) and concubines who were weak and sacrificed under patriarchal confucian ideology. We can think that the behavior style to make women themselves beautifully as counterplan to live on men brought women's hair-style and garnish into development at that times.

Second, Confucianism and Taoism had much influence on making the image of women in weijin-nanbei chao period. Above all, Although confucianism was challenged by new ideology and religion like Taoism Buddhism and so on that confucian ideology became the standard of absolute value in chinese society until Han(漢) dynasty of china. It was just on the decline in comparison with former ages, And It was still based on keeping national and social orders. It was continuously applied to confucian image of women and It prove to be published more admonitory book fou women than any other period. Also, it we examine Taoism, zhuyin(主陰) ideology pursued by Taoism became a theoretical ground for immortality in those days, women's body was abused by means of Bangjungsul(房中術) though Taoism has new religion, While women became an idea on tool for perpetual youth and longevity, It was a point of view came from confucianism that looked down on women we think that this made women's life much more inferior.

Third, If we examine the life of nobles who had a good lineage, we can find out that They still enjoyed unchangeable status of disorder and disintegration. They were devoted to costumes, medicines and Bangjungsul(房中術) to seek after immortality in their living. The system of keeping a concubine accepted by society was more popular than any other period we think that women's life was much coarser owing to reckless living of nobles who had a good family.

Women couldn't help drawing men's attention to keep their status and existence for women who had lived their living under these circumstance we think that. They had to do their best to keep their youth and beauty to get guarantee them we can guess that hair-

style and garnish-style had developed much more brilliantly than any other period did because of these many factors.

Next, women's hair-style and characteristic in weijin-nanbei chao period is as follows. Hair-style was divided with faji, binbal(Hair braide on the cheek), wig. faji means to do up women's hair highly up to the crown of the head, Most of this style was gaofa-style, And This made up of style that dress women's hair with wig made by fabrics like silk. This was decorated with zhenchai (箴釵) · huachai(花釵) or buyao(步搖) and so on to high gaofa, We can know that lots of ornaments as well as various kinds of hair-style was used. The name of hair-style are linsheji · feitianji · lianghujji · yunji · feiji and the like. There are lots of style like flying bird, the shape of wing, clouds expressed much in them. Because the style was expressed effect streaming the tip of several hairs in pianshaoji and fenshaoji, we can see that it was style orginated in Taoist idea.

Binbal means to make its hair hang loosely down on the cheek with long hair distinguished from any other period. There are many names called shape yunbin · chanbin and so on like clouds, the wing of bird, the wing of cicada we can see that It is names originated in Taoist idea.

Wig expressed status and wealth of people who wear a wig Because it was used with other material according to status and class. There was the trend of rental wig(借頭) to wear a wig borrowed among people who couldn't buy any wig. It is said that social ills caused by this was aggravated.

We can think that women's desire to show to men beautifully, Which had lived under these coarse circumstance had much, It is said that longing for Utopia originated in Taoist ideology had an influence on hair-styles and names.

Judging from the above, Fashion trend is closely related with social phenomenon in those days. And, We can see that the gaudy style of expression streaming a long skirt in hair-style is the style in fashion made by women's life directly or indirectly in those days. That is, Hair style did not simply begin with formal fashion.

We think that women made huge and gaudy hair-style as counterplan to be alive themselves in negative social recognition for women in weijin-nanbei chao period. We can recognize the chinese women in history through hair-styles.

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