적장: 김성제·이광원

Calcific Tendinitis of Rotator Cuff

원주의대 정형외과

윤 여 승

Etiology: still controversy Pathogenesis: two processes

- 1) Degenerative calcification
- 2) Reactive calcification

Reactive calcification

- · precalcific stage
- · calcific stage: formative phase

resting phase

resorptive phase

postcalcific stage

Pathoanatomy

- · precalcific stage
- · calcific stage

: formative phase resting phase resorptive phase

· postcalcific stage

Radiologic evaluation

essential for diagnostic and F/U assesment of changes in density, extent plain film: neutral, I/R, E/R 2 type (Depalma & krupen): type I. II Sonography C - T

MRI

Management

Distinguishing between the formative and resorptive phase is important for proper management.

Management

Distinguishing between the formative and resorptive phase is important for proper management.

Extracorporeal shock - wave therapy

- 1) Mechanism
- 2) Results
- · Surgical indications
 - : very rare
- · Gschwent et al
 - 1. progression of sx
 - 2. constant pain inter fering with daily living activity
 - 3. no im provement after conservative therapy
- · Surgical indications
 - : very rare
- · Gschwent et al
 - 1. progression of sx
 - 2. constant pain inter fering with daily living activity
 - 3. no im provement after conservative therapy

REFERENCES

- 1. Archer R.S, Bayley JI, Archer CW, et al: cell and matrix changes associated with pathological calcification of the human rotator cuff tendons. J A 182: 1-11, 1993.
- 2. Ark JW. Flock TJ. Flatow EL, et al: Arthroscopic treatment of calcific tendinitis of the shoulder. Arthroscopy 8: 183-188, 1992.
- 3. Loew M, Jurgowski W, Mau HC, et al: Treatment of calcifying tendinitis of rotator cuff by extracorporeal shock waves: A preliminary report. J Shoulder Elbow Surg 4: 101-106, 1995.
- 4. Ludwig J, Lauber S, Lauber HJ, et al: High-energy shock wave treatment of femoral head necrosis in adults. Clin Orthop 387: 119-126, 2001.
- 5. Ogden JA, Alvarez RG, Levitt R, et al: shock wave therapy (Orthotripsy) in musculoskeletal disorders. Clin Orthop 387: 22-40, 2001.
- Wang CJ. Yang KD. Wang FS, Chen HH, Wang JW.: Shock wave therapy for calcific tendinitis of the shoulder: a prospective clinical study with two-year follow-up AM J Sports Med. 2003 May-Jun; 31(3): 425-30.