심포지움III

약물사용 안전성 확보를 위한 DUR제도 도입방안

유 봉 규 교수 영남대 약대

Implementation of DUR program for assuring medication safety in Korea

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Medication safety

Who has responsibility for this purpose?

US: FDA has the responsibility for assuring the safety and efficacy of all regulated marketed medical products.

MedWatch, The FDA Safety Information and Adverse Event Reporting Program,

Korea: KFDA (한국식품의약품 안전청) what program?

Four levels for medication safety

in US..

- 1. Federal level
- 2. State level
- 3. PBM level
- 4. Patient level

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1. Federal level:

MedWatch (US FDA)

- 1. serves both healthcare professionals and public
- 2. provides information about safety issues of medications including OTC drugs
- 3. disseminates safety alerts, recalls, withdrawals, and important labeling changes via web site
- 4. allows healthcare professionals and public to report serious events to FDA either by phone or on-line
- 5. Form FDA 3500, 3500A available by on-line

Why Medwatch?

- To ensure a safe use of medications
- To provide information about safety issues of medications to healthcare professionals and public

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2. State level:

DUR Board (NY)

(Source-)http://www.health.state.ny.us/nysdoh/mancare/omm/1198med.htm)

Board members:

- 5 physicians
- 5 pharmacists
- 2 persons with expertise in DUR
- 1 person assigned by Commissioner of DOH

Meets quarterly
Performs RetroDUR
Manages formulary control

2. State level:

DUR Board (CA)

(Source→ http://files.medi-cal.ca.gov/pubsdoco/dur/dur_bm.asp)









MDs

















DUR staffs

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Why DUR Board?

- To ensure a safe (proper) use of medications
- To reduce medical costs

Omnibus Budget Reconciliation Act of 1990 (OBRA 90)

- √ enacted by Congress on November 5,1990
- $\sqrt{}$ affected Medicaid pharmacy programs and providers
- √ mandated pharmacists to perform DUR from 1/1/1993

3. PBM level:

DUR in Meadcohealth →

- √ Therapeutic duplication
- √ Drug-drug interaction
- √ Drug-disease interaction/contraindication
- √ Drug-age precaution
- √ Early refill (overuse)
- √ Late refill (underuse)
- √ Pregnancy alert
- √ Drug allergy allert
- √ Low dose/high dose

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4. Patient level:

Labeling includes →

- √ patient name
- $\sqrt{}$ adress an phone nember
- √ prescriber and pharmacist name (phone nember)
- √ drug name and direction
- √ auxiliary labeling where applicable
- √ contraindication
- √ warning
- √ precaution
- √ side effects
- √ drug interaction
- √ overdose
- √ missed dose

What's going on in Korea?

- **√** Anything like Medwatch in KFDA?
- √ Anything like DUR Board in Ministry of Health?
- √ Anything like DUR processing center in National Health Insurance Corp.?

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Now, we got to go for DUR...

- 1. Nationally...
 - **√ DUR processing center**
- 2. Locally...
 - √on-site DUR processing system
 - at tertiary medical centers
 - at local hospitals/clinics
 - at local pharmacies

DUR Board in Korea: suggestion

Affiliation: Ministry of Health Board members:

5 physicians→3 actively practicing, 2 specialized

5 pharmacists→3 actively practicing, 2 specialized

2 non-physician/non-pharmacist→with expertise in DUR

1 person→assigned by Ministry of Health

Meets quarterly
Discusses ProDUR guideline
Performs RetroDUR

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Tools for DUR:

Drug Information Framework-Korea®: for POS and ProDUR (PharmVan, Korea)

First SX[®]: for POS and ProDUR (First Health Services, US)

First IQ®: for RetroDUR in US (First Health Services, US)

Other computer softwares available commercially...

DUR system implementation: in Korea

- 1. Hardware
 - DUR center
 - real-time communication
- 2. Software
 - legislation (DUR bill?)
 - computer program (s/w)
 - √ for ProDUR
 - √ for RetroDUR
 - educational program
 - √ for physicians
 - √ for pharmacists

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Three components of DUR

- 1. ProDUR program
- 2. RetroDUR program
- 3. Educational program
 - prescribers
 - dispensers

ProDUR alerts

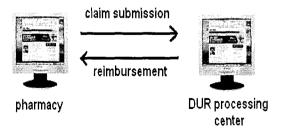
- 1. Therapeutic duplication
- 2. Drug-drug interaction
- 3. Drug-disease interaction/contraindication
- 4. Drug-age precaution
- 5. Early refill (overuse)
- 6. Late refill (underuse)
- 7. Pregnancy alert
- 8. Drug allergy allert
- 9. Low dose/high dose
- 10. Other alerts...

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ProDUR alerts

- 1. Within a scrip?
- 2. Within a patient's whole medication profile?



ProDUR alerts

- 1. TD (therapeutic duplication):
 - alerts when a patient receives two or more drugs from the same therapeutic or pharmacologic class
 - increases the risk of an adverse events
 - incurs medical costs without therapeutic benefit
- 2. DI (drug-drug interaction):
 - alerts only for significant (Severity Level 1) drug interactions between drugs in a new prescription and currently active on the patient's profile.

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ProDUR alerts

- 3. DD (Drug-Disease interaction):
 - alerts when certain target drugs are prescribed for patients with existing medical conditions. ICD-9 diagnosis codes from medical and hospital claims data are used to detect diseases that may be aggravated or altered by the prescribed target drug.
 - diseases are classified as either short term (remain active in patient history for 3 months) or long term (remain active indefinitely).
 - disease durations are to be determined by consensus of the DUR Board.

ProDUR alerts

- 4. PG (Drug-age precaution, pediatric/geriatric):
 - alerts select target drugs for specific age ranges.
 - pediatric conflicts pertain to patients age <18
 - geriatric conflicts pertain to patients age ≥65
- 5. ER (Early Refill, overuse):
 - alerts early refills and/or potential abuse situations
 - alerts when a subsequent prescription submitted for the same target drug with greater than 25 % of the previously dispensed prescription remains.

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ProDUR alerts

- 6. LR (Late Refill, Underuse):
 - alerts when patients fail to refill timely
 - alerts when subtherapeutic doses are detected
- 7. PG (pregnancy):
 - alerts when categories D or X are prescribed for a pregnant women
 - pregnancy is detected by ICD-9 codes from the patient medical claim history and claim history for prenatal vitamins.

ProDUR alerts

- 8. DA (Drug-Allergy):
 - alerts when a drug previously documented as allergic to the patient is prescribed
- 9. LD/HD (low dose/high dose):
 - alerts when doses for a drug falls outside the normal adult or pediatric dosage range
 - adult recipients are ≥ 18 years
 - pediatric recipients are < 18 years

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Typical schedule for ProDUR: 6 months...

- 1. Software purchase (2 months)
 - RPh should contact program vendors
- 2. Initial testing phase (2 months)
 - RPh should learn how to use DUR program
- 3. Educational phase (2 months)
 - RPh will see Alerts but without rejection
- 4. Full implementation
 - RPh will see Alerts
 - RPh should contact prescriber for processing the scrip

RetroDUR: what's good for?

- 1. Identify unsafe drug use
- 2. Educate prescribers and pharmacists for safe drug use
- 1. Prevents future drug-related problems

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RetroDUR: what duty?

- 1. Guidelines
 - $\sqrt{}$ Creates guidelines for safe drug use
- 2. Statistics
 - √ Creates statistics of drug use pattern by prescriber
 - $\sqrt{}$ Creates statistics of drug use pattern by pharmacists
 - $\sqrt{}$ Creates statistics of drug use pattern by recipients
- 3. Audits
 - √ Performs yearly audits for select prescribers, pharmacist, and recipients
- 4. Educational program
 - √ Creates educational programs for prescribers, pharmacists, and recipients

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RetroDUR

by who?

performed by DUR Board and staff nationally and/or locally

what to do?

guidelines, statistics, audits, educational program random audits → 10 pharmacies yearly

10 hospitals yearly

10 local clinics yearly

for what period?

a one-year period

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RetroDUR: specifically what kind of audit?

- $\sqrt{}$ Required information in prescription ordered
- $\sqrt{}$ Required information in labeling of dispensed drug
- $\sqrt{}$ License numbers on claim versus on script
- $\sqrt{}$ Verification of drug ordered, dispensed, and billed
- √ Review prescribing practice of physicians
- √ Review dispensing practice of pharmacists
- √ Review drug utilization of individual recipients
- √ Dispensing log maintenance

RetroDUR: example in CT Medicaid DUR Board

Case #440: Therapeutic Duplication (TD)

DOS	pt name	Drug	Qty	DS	pharm ID
3/29/03		Skelaxin 400mg	180	30	411
3/29/03		cyclobenzaprine 10mg	90	30	411
3/29/03		Amerge 2.5mg	6	5	411
3/29/03		Maxalt MLT 10mg	6	3	411
3/31/03		oxycodone/APAP 5/325	15	5	411
3/31/03		butalbital/APAP/caffeine	15	5	411
4/7/03		Amerge 2.5mg	6	3	411
4/7/03		Maxalt MLT	6	3	411

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RetroDUR: example in CT Medicaid DUR Board

Case #450: Early Refill (ER)

DOS	pt name	Drug	Qty	DS	pharm ID	prescriber ID
1/20/03	Mary Doe	protonix 40mg	30	30	403	7010
2/4/03	Mary Doe	protonix 40mg	60	15	403	7010
2/20/03	Mary Doe	protonix 40mg	30	30	403	7010
3/5/03	Mary Doe	protonix 40mg	60	15	403	7010
3/17/03	Mary Doe	protonix 40mg	30	30	403	7010
4/17/03	Mary Doe	protonix 40mg	90	30	403	7010
4/24/03	Mary Doe	protonix 40mg	90	30	403	7010

Educational program

DUR Board should work on it

Based on the results of...

- √ ProDUR and RetroDUR
- **√** RetroDUR
- √ statistics
- √ audits

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Patient level:

Labeling for patient should include...

- √ drug name and direction
- $\sqrt{}$ auxiliary labeling where applicable
- √ contraindication
- √ warning
- √ precaution
- √ side effects
- √ drug interaction
- √ overdose
- √ missed dose

Crucial component for medication safety Also a part of patient's right

Conclusion

- Real time communication: btw Rx and DUR center
- We have a strong internet system nationwide
- We are one of the most highly wired countries
- Concerns over medication safety can never be overemphasized!
- It is time to go forward DUR!

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Question?