

A Study on the Effect of Sanchung-mok in Liver Disease

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Sanchung-mok is a tall defoliate broad leaved tree grows in middle & north regions of our country. The leaves, twig and bark of this tree has apparent treatment action for fatty liver, hepatitis, hepatocirrhosis, liver cancer and etc. I, the writer of this article hereby present the result as we have acquired good result by dosing the sanchung-mok to many sorts of liver disease patients since 1998.

About the Sanchung-mok

Sanchung-mok is a tall defoliate broad leaved tree very rarely grows in deep valley or valley-side where is damp at high zone of 600 meter or more above the sea level. It grows up to 10~15 meters on the ground and the leaves are broad as if a paulownia tree.

Its stem is very soft and easily broken and the bark is thick and the material is white and light. In order to grasp the distribution zone so many mountains in Kangwon-do & Kyongsangbuk-do were searched but discovered a few trees only in Sorak-Mt. & Odae-Mt. since it is extremely rare. It seems to be that this tree was not classified by the systematic botanically yet and at present it is under study of systematic botany.

The writer of this article has been informed of Sanchung-mok since my infant days. While I was picking up medicinal herb in Kaya-Mt. in Seongju-kun, Kyongsangbuk-do where is my hometown, my late father who had profound knowledge of medicinal herb said to me that this is a very rare medicinal tree which may save a person who may die due to abdominal dropsy with liver cancer or hepatocirrhosis as pointing out a tree as thick as one's arm. Thereafter, I discovered the Sanchung-mok about twice only during I spent as taking medicinal herb as my job almost everyday in Kaya-Mt. for a decade.

In 1986 far later than it I found that there was sentence about Sanchung-mok in the medical book of "wonder drug" written by In-san Kim, Il-Hoon who was folk medical scholar. Sanchung-mok was described in that book as beol-tree and is the top medicine for liver cancer, hepatocirrhosis and leucosis however, it is extremely rare and now almost exterminated of a stock. For your information to quote the record of beol-tree out of "wonder drug" it is as follows :

The green energy of Sae-sung (Jupiter) always comes-and-goes in the place where beol-tree stands as it is a transformed substance by applying special energy Saesung which presides live energy and good energy. It has excellent effect for all such liver disease as liver cancer, hepatocirrhosis, liver, liver stomach and leucosis.

In this country it mainly grows in Kyaeryhong-Mt. & its surrounding and to use it for medicine and it was sharply decreased and almost hard to find out now since the national liberation (1945) because of people dig it out at random.

If you pick up a beol-tree in the deep mountain you need for careful observation. If a man who is deeply cultivated observes energy of Jupiter as spending overnight on the mountain at clear night may discover a tree with the green energy (Jupiter's energy) thick only it is just the beol-tree.

To pick the branch and carefully watch it at the daytime the leaves are a little smaller than a catalpa tree leaves and more lustrous and the stem is a little short. The bark of tree is equal to catalpa tree and the timber is very much similar with a paulownia tree and the grain of beol-tree is soft is the characteristic compare with that of a catalpa tree or a wild paulownia tree.

The energy of Saesung (Jupiter) comes-and-goes by a catalpa tree and a wild paulownia tree however, it is dim and the toxicity of Hyung planet that is to say, the dimly red energy is coming and going together and to use it as medicine there is such a case little adverse effect may also accompany subject to the physical constitution. The beol-tree however, is an outstanding drugs having no adverse effect for any type of physical constitution as it has no toxicity at all.

The taste of beol-tree is light and its medicinal nature is warm and blood cleaning material and is water utilization drugs as well. Not only recovers temperature of liver to normal condition but causes the excretion of water content well and therefore, it is used as main intestine medicine in treatment of many incurable liver troubles.

To use all such parts as leaves, stem & branch and fully boil 37.5 grams a day and to drink the juice in the morning and evening.

Since the beol-tree is extremely rare and hard to get it and so, the catalpa tree will be used instead and may obtain almost similar effect. The one whose true blood type is O has to be cautious as an adverse effect accompanies and for other physical constitutions will be safe to increase the volume step by step as using bit by bit at first when using the catalpa tree.

After I read this book I visited Insan Kim, Il-Hoon and asked about beol-tree but I could not hear the answer to be the particular origin.

Perhaps senior Kim, Il-Hoon could not see the beol-tree even once but wrote the book by story he might heard about through other people.

Thereafter, this writer is known as a person who studies for medicinal herb by speech there were many people asked me to find out beol-tree or required me to confirm whether it is correct or not by bringing many tree samples. However, there was not a man who actually find out the beol-tree.

In 1993 this writer visited the valley of Kaya-Mt. where I saw Sanchung-mok when I was an infant boy as groping for my memory. I wondered around almost half a day in the rainy mountain but I couldn't find the sanchung-mok.

While I was obtaining information by inquiry about the sanchung-mok I heard about story in 1994 that an aged who treated various types of liver diseases with sanchung-mok as if demon was lived at Daemok-ri, Sokli-Mt. about 15 years ago from an old man whom I met in Sokli-Mt. That is to say I heard the story that an old man who treated the liver

diseases well was lived alone in the deep mountain of Sokli-Mt. in Kangwon-do and was disappeared about a decade ago whether he was died or not as I physically visited foot of the mountain Sokli-san.

As he lived in the deep mountain alone that old man was known as telling to boil and drink the juice by giving a doe of tree branches cut in small pieces when patients visited him. They say that the patient who are filled by abdominal dropsy seriously due to jaundice or hepatocirrhosis was recovered from the disease as if a lie upon drinking the boiled water of the medicinal tree. I thought that there'll be certainly Sanchung-mok in Sokli-Mt. I tried to find out everywhere but I could not. Meantime I obtained the fortune to discover a tree of Sanchung-mok in Sorak-Mt. in 1995.

Liver treating efficacy of Sanchung-mok

The writer of this article tried to confirm whether it has toxicity or not by drinking it myself first as I have not such condition to make objective and scientific research of the tree. I boiled small branches and 100 grams of leaves of Sanchung-mok thickly and drank it but no any toxicity was appeared at all. Provided however, much urination was produced as it has considerably strong urinating action. By the next time boiled 600 grams and drank by a bowl by an hour interval. Tremendous urination was also produced and there was no any problem at all. By the next step I drank for approximately two (2) months the thickly boiled Sanchung-mok as everyday as if drinking tea however, there was no any reaction at all except the feeling that my body became lightier a little and excretion was well evacuated.

Thereafter, I spent a couple of years without particular interest to sanchung-mok and in 1998 I dosed twigs of Sanchung-mok to some hepatic patients who suffer from liver trouble a considerable significant result was produced. Some of the clinical examples are introduced as follows :

① A male of 64 years old. He was taking Chinese origin herb medicine due to idiopathy liver cancer. There was a tumor about 9cm in dia. on his left liver. Had him to drink boiled water of twigs of Sanchung-mok by 30 grams in 3 times a day. The symptoms was began to turn favorably approximately after a month and three (3) months later he has become as if healthy person on appearance. The size of tumor was decreased to 1/3 or less was found by the hospital examination and up to now he lives healthily.

② A male of 36 years old. B type hepatitis. Dosed sanchung-mok boiled water from time to time by 30 grams a day. Found that B type hepatitis virus was completely disappeared out of his body after three (3) months dosage.

③ A male of 54 years old. He returned to Korea from Japan due to his treatment in Japan is impossible for abdominal dropsy is seriously filled by hepatocirrhosis. His condition as respiration is difficult and unable to walk or move due to abdominal dropsy is seriously filled. Caused him to drink the thickly boiled Sanchung-mok water by a bowl every two (2) hours interval putting red beans of a doe with 1 Kg of the tree chopped. After 30 minutes later his urination begun to comes out and his abdominal dropsy was entirely drained out in 24 hours. He was completely recovered his energy within three(3) days and returned to Japan.

④ A male of 41 years old. The hepatocirrhosis. His condition was that the abdominal dropsy was seriously filled and energy was badly dropped down.

Let him to drink the boiled sanchung-mok water by 30 grams a day from time to time as if tea drinking. After dosage of a month his abdominal dropsy was drained out and his liver function was recovered. He is healthy up to now a year has passed.

⑤ A female of 72 years old. Idiopathy liver cancer. Her liver cancer history was for 3 years. Had her to drink boiled Sanchung-mok water out of 1 Kg material at 3~4 times a day as if tea drink. With dosage for a month her condition was prominently turned favorably and recovered as much as normal person in appearance after 4 months dosage. She was found as her liver cancer was disappeared by the hospital examination.

⑥ A male of 46 years old. Fatty liver due to alcoholic poisoning. Caused him to drink boiled sanchung-mok water of 30 grams by 3~4 times a day. His alcoholic poisoning was dissolved and found that his fatty liver was disappeared by the hospital. Sanchung-mok has excellent efficacy in dissolution of alcoholic poisoning. It is considered as far stronger dissolving action of alcoholic poisoning than Heotge-tree known as it has effect to dissolve alcoholic poisoning.

⑦ A male person of 32 years old. B type hepatitis. He was prominently recovered health after dosage of 1 Kg sanchung-mok boiled water for a month. As per existence or not of B type hepatitis virus could not verified.

According to these clinical examples as above sanchung-mok is considered as it has striking treatment action for many types of liver diseases. It is regarded as it has efficacy to dissolve toxin accumulated in the liver and to save the liver cells and also considered as it has remarkable urinating action. And also, it seems to have such action to kill many types of aetiological microorganisms including hepatitis virus. It is considered as it has treatment effect for edema or the nephritis since its urinating action is powerful. The adverse effect or toxicity was not known.

There was such case in seldom as the liver was seriously damaged or have weak diarrhea if takes too much volume at a time and there was one or two persons who have constipation to the contrary. There was such an example red spots were all over the body and disappeared in a couple of days. As per the concrete medical action of Sanchung-mok is under being progressed by research in detail.

In order to find out the breeding method this writer transplanted some young trees, 50 percent was survived and 50 percent was perished. It seems to be separated tree of female and male from the fact that there a tree with seed and a tree without seed at all and now some seeds were taken and sprouting test is under progress.

Conclusion

Sanchung-mok is a tree not known to the world at all yet and regarded as it has excellent treatment action in curing liver and the kidney trouble, alcoholic poisoning & etc. A broad range and concrete research of this plant is earnestly required from now on. In addition thereto, my mind to wish for scientific verification action to those medicinal plants not well-known yet will be broadly proceeded is earnest.