FMO Phenotypes Obtained by Ranitidine N-Oxidation is Correlated with FMO3 Genotypes in Korean Population

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A non-invasive method of determining FMO3 activity catalyzing ranitidine (RA) N-oxidation was developed and used to phenotype 210 Korean volunteers (173 males and 37 females, 110 non-smokers and 100 smokers). Amounts of RA and its N-oxide metabolite (RANO) in 8 hr urine were determined using HPLC. Urinary molar ratio of RA/RANO was used as a reciprocal index of FMO activity. Distribution of the ratio showed trimodality; 13 subjects (6%) were slow N-oxidizers (ratio range was 17.5 to 27.2), 105 (50%) were intermediate (9.7 to 15.6) and 92 (44%) were fast (5.6 to 9.6) N-oxidizers. Blood samples were collected and genomic DNAs were analyzed for the 3 previously found FMO3 mutant alleles (C442T, G472A and A923G producing respectively FMO3/Stop¹⁸, Lys¹⁵ and Gly³⁰⁸) in our Korean population. Heterozygotic Stop¹⁵ codon was detected in one intermediate N-oxidizers. Volunteers (n=69) who were homozygous or heterozygous for either one or both of the FMO3/Lys¹⁸ and FMO3/Gly[™] mutations had significantly lower in vivo FMO activities (higher RA/RANO ratio) than those with homozygous wild type alleles (n=141) (p<0.001). Among 13 putative slow N-oxidizers, 9 subjects were either homozygous or heterozygous for both Lys¹⁵⁸ and Gly³⁰⁸ mutations. However, the remaining 4 subjects carried homozygous wild type alleles in both sites, indicating that there are still unidentified mutants in FMO3 gene which affect RA N-oxidation (FMO3) activity in Korean population. Combined, these results suggest that the 2 point mutations found commonly in FMO3 gene in Korean population are highly correlated with FMO polymorphism determined with RA N-oxidation. Thus, the Koreans with these FMO3 mutations may have altered pharmacokinetics for drugs metabolized primarily by hepatic FMO3.