DIRECT EVIDENCE FOR THE IMPARED LYMPHATIC ABSORPTION OF a -TOCOPHEROL (atp) in marginally zinc deficient (zd) rats

Eul-Sang Kim^{*}, S.K. Noh and S.I. Koo.

*Dept. of Food Science and Nutrition, Dankook University,
Seoul, Korea.

Dept. of Foods and Nutrition, Kansas State University, Manhattan, Kansas, USA

Previously (J. Nutr. Biochem. 6:604-612, 1995), we have shown that the lymphatic absorption of fatty acid and vitamin A is drastically reduced in marginally zinc deficient adult male rats. The present study investigated whether the intestinal absorption of aTP also is influenced by zinc deficiency. To equalize food intake and feeding behavior, both ZD and pair-fed(PF) rats were trained for meal feeding. ZD rats fed a diet containing 3 µg Zn/g and PF rats fed the same diet but containing 30 µg Zn/g for 5 wk. Under the conditions, the body weight (339 \pm 2g) of ZD rats reached 98% of that (345 ± 5g) of PF rats and the serum zinc concentrations were 10.9 µM in ZD and 22.0 µM in PF rats at 5 wk. Rats with lymph cannula were infused via duodenal catheter with 3 ml/h of a lipid emulsion consisting of 568 µmol triolein, 3.56 µmol a TP, and 396 µmol Na-taurocholate in PBS(pH, 6.3). Lymph was collected hourly for 8 h, and the hourly and total amounts of aTP released into the lymph were determined by a HPLC method. The rate of aTP absorption was markedly lower starting at 1 h(1.8 nmol/h in ZD vs. 8.5 nmol/h in PF). The peak rates of absorption were observed at 5 h (67.1 \pm 16.7 nmol/h) in ZD rats and at 3 h (102.9 \pm 32.2 nmol/h) in PF rats. The total amounts of aTP absorbed for 8-h in ZD and PF rats were 391.1 ± 54.4 nmol (11.2 ± 1.4 % dose) and 613.9 ± 105.8 nmol (17.3 ± 3.1 % dose), respectively. The findings provide further evidence for a critical role of zinc in the intestinal absorption of lipids and lipids-soluble vitamins, and in the formation and secretion of chylomicrons. Supported by KAES.