

G7. Inhibition of Enzymatic Browning in Foods by Plant Seed Extracts

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The inhibition of enzymatic browning (melanosis) in foods by 50% methanol extracts of fifty plant seeds was determined spectrophotometrically using commercially available mushroom tyrosinase and L-DOPA. Among methanol extracts tested, grape (*Vitis vinifera* L.) and cumin (*Cuminum cyminum* L.) seed extracts showed potent tyrosinase inhibitory activities with IC₅₀ values of 1.3 and 1.8mg/ml, respectively. Furthermore, several spots inhibiting the initial step of melanin synthesis were tentatively identified by using TLC systems on both silica gel 60F₂₅₄ and reversed phase KC₁₈ plates. Additionally, the selective inhibitions of their extracts against the isozymes of commercial and partially purified mushroom tyrosinases could be detected using a native polyacrylamide gel electrophoresis. Several inhibitors of mushroom tyrosinase were isolated from the above two seed extracts by column chromatography and HPLC, and identified as phenolic compounds by ¹H- and ¹³C-NMR spectroscopy. The inhibitors are water-soluble, stable, effective at low concentration, and have potential as functional alternatives to sulfites for the inhibition of melanosis.