

Clinical Assessment and Investigations in shoulder instability

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. Anatomy

- macroscopic anatomy
- anatomy from arthroscopist's view

. Instability

- traumatic (TUBS)
- atraumatic (AMBRI)

. X-rays

- standard
- special (Hill-sachs lesion / bankart defect)

. Physical examination

- history of trauma
- kind of dislocation / subluxation
- first dislocation / recurrency rate
- physical test

apprehension
drawer
relocation

. CT scan

- double contrast
- planning of surgical treatment (open or closed)