Synthesis and Biological Evaluation of 11β -F-DHT and 11β -F-19-nor-DHT as PET Imaging Agents for Prostate Cancer

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We have synthesized and evaluated 11β -fluoro- 5α -dihydrotestosterone (11β -F-DHT, 1) and 11β-fluoro-19-nor-5α-dihydrotestosterone (11β-F-19-nor-DHT, 2) as potential androgen receptor (AR)-based imaging agents for prostate cancer. In vitro properties of these new androgens were investigated in terms of their lipophilicity (log $P_{O/W}$) and relative binding affinities (RBA, relative to R1881 = 100). RBA of 11β -F-DHT and 11β -F-19-nor-DHT to AR are 53.1 and 75.3, respectively, the latter being the highest reported among fluorine-substituted androgens. Introduction of a fluorine-18 label into the 11\beta-position of DHT and 19-nor-DHT was adapted from the fluorination reaction employed for the synthesis of androgens 1 and 2. The reaction involved addition of halogen fluoride across the 9(11)-double bond, followed by reductive dehalogenation at the 9α -position. The resulting two fluorine-18 labeled androgens [18 F]-1 and [18F]-2 were evaluated in vivo, in tissue distribution studies using diethylstilbestrol-pretreated mature male rats. The in vivo properties of 11β-F-DHT in rats show high prostate uptake and selective prostate to blood and prostate to muscle uptake ratios. Moreover, this ligand has low uptake in bone, displaying the lowest in vivo defluorination among all fluorine-18 labeled androgens tested. On the other hand, 11β-F-19-nor-DHT shows low prostate uptake with low selectivity and high uptake in liver, kidney, and bladder, indicating that this ligand is rapidly metabolized in vivo. The in vivo data thus suggest that 11β-F-DHT holds promise as an imaging agent for receptor-positive prostate cancer.